

What Do We Need in Adolescence?

Yang I Pachankis

Independent Researcher, Universal Life Church, 28-4 BLDG2, Dexinyuan, 1001 Biqing N Rd, Chongqing, 402762, China

*Corresponding Author

Yang I Pachankis, Independent Researcher, Universal Life Church, 28-4 BLDG2, Dexinyuan, 1001 Biqing N Rd, Chongqing, 402762, China.

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Dear Editor,

It may not be that every generation has their own problems, but that the same problems have been there for too long across generations. Children are not born to be deceived and they seek for truth. However, not all of them can handle and bear the burdens of truths. It is nothing but human nature.

I am no stranger of being abused in kindergarten, and witnessed my primary school peers' collective admittance of sleeping pills, possibly contributed by some teachers' accumulated violence and learning about 1989 Tiananmen Square Massacre through their favorite music band Beyond.

The contributing social and economic environments vary, but the key elements for adolescent troubles have not changed much: lack of affection and the feeling of being loved, fears towards the society and the world, being punished for things that are not but labeled as their fault, and etc.

Retrospectively on my own growth, children learn about society and preliminarily experience what society is through schools. The lack of social justice in schools largely lead to behavioral changes. In the extreme cases in mainland China, the schools only reflected so small portions of the evils of its actual social structure.

How are we to better serve the young adults when we can't even make the actualities better? Addiction to substances mainly comes from psychological addictions to a false sense of happiness in the stead of contented life experience. In my observations, escapism is most often the result of being fed and fed up with falsehood, where the "supreme leaders' absolute righteousness" have been indoctrinated in primary school textbooks – luckily I learned the written Chinese language before entering primary school, I learned to selectively give out the truths that coincide with the facts designed in exams in order to get them off my back, and I make more friends with the bottom rank students than those high rank ones that I was categorized in by the teachers. The bottom rank students have been more down to earth and empirical than I could have ever been.

In such systematic torture environment for adolescents, the per-

petrators' addiction to power is more of the problem than the adolescent's escapisms to drugs [1,2]. And with the current vaccine mandates and systematic suppressions, I believe America is faced with the same problem for the young adults. They don't need intervention, but only human beings that can guide them to the truths of the issues that have been weighing them down, yet too young to know how to express, or even what to express. Instead of discriminating and criminalizing adolescents in trouble, which benefit the perpetrators' purposes in manipulating societies, it is more important to teach them how to defend themselves and defend themselves in society.

It is only that we know we're imperfect we have democracy for society and social arrangements. It is also for the vaccine mandates that are current and toxic for healthy individuals, with so many young lives lost by the poison admissions, I give a pass for unharmed recreational drug use but intervene on the myocarditis first aid for post-"vaccine" treatments [3]. Angiotensin converting enzyme inhibitors (ACEIs) can be used along with Proton-Pump Inhibitors (PPIs) in preventing neuronal infections and excrete the protein fusions with the blood cells. If the Systolic Blood Pressure gets too high, beta blockers can be used in the combinations. However, ACEIs can be fatal to persons with diabetes, and it can be replaced with HIV-1 PrEPs. Antibiotics can be used but not the macrolide ones such as azithromycin, erythromycin etc., and instead of aspirin for symptoms of infection, acetaminophen is recommended. TMPRSS2 inhibitor may be more suitable for mRNA "vaccinated" in the stead of ACEI [4]. The medicine-induced hemodialysis may not be as effective as actual ones, but is cost-effective and can be done with self-monitoring at home, especially during an emergency. The path-blockings only reduce the risks and prolong the viral infection from immune responses, but do not guarantee being free from the virus. It is also with this regard, the unvaccinated have a better advantage with natural immunity against the SARS-CoV series of viruses [5].

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