

Treatment of Macular Degeneration and Other Incurable Eye Ailments with the Help of Assimilated Technique

Ved Prakash Banga

Acupuncture practitioner, India

*Corresponding author

Ved Prakash Banga, MBBS, Acupuncture practitioner, India, Tel: 91 9818160663; E-mail: vedacupuncture@hotmail.com

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I am trying to pen an article on technique developed over the years here, Acupuncture India Centre for treatment of Macular Degeneration, Retinitis Pigmentosa, Retinal Degeneration and Optic Nerve atrophy. This technique is named as Assimilated Technique and has been given an ISO certification, AN ISO9001:2008 Certification.

Before proceeding further, I must explain that how differently human body and the eyes are understood in the Oriental systems like Chinese and Indian systems of Medicine from Modern Medicine system of treatment.

Being graduate of Modern Medicine and qualified Acupuncture practitioner, before proceeding further, let me explain this.

Modern Medicine is an analytical science which studies each system of body in minute details be it structure or functions, but mostly this remains confined to that particular organ or system. As in Ophthalmology all knowledge about the eyes is confined to the eyes only, there is tremendous and vast work of our senior practitioners in this field. Due to this knowledge eye care has reached at this stage, it is preventing and curing blindness due to various causes and saving the sight of millions.

But in spite of all this knowledge and equipments at our disposal still there seems to be some lacuna in the care of this vital sense organ. As still treatment of Genetic eye disorder and Macular degeneration or Optic nerve atrophy is at very nascent stage as compared to treatment of ailments like cataract. Modern Medicine has taken stride in the treatment of Liver or Heart or Kidney. They are routinely transplanting these organs but when we compare it with macular or retinal diseases, usually patient is told about the prognosis of these ailments and very little promise for treatment or at least patient is not promised that there will not be further deterioration.

Difference in Understanding

While Modern Medicine is a very analytical science, the Traditional system sees eyes as continuously interacting organ with other organs of human body like urinary bladder, liver, kidneys or heart and also with the universal energies in the environment. Eyes are not separate from this micro and macro atmosphere. This is seeing the eyes and human body in the holistic approach.

Both these approaches are must and can very well complement

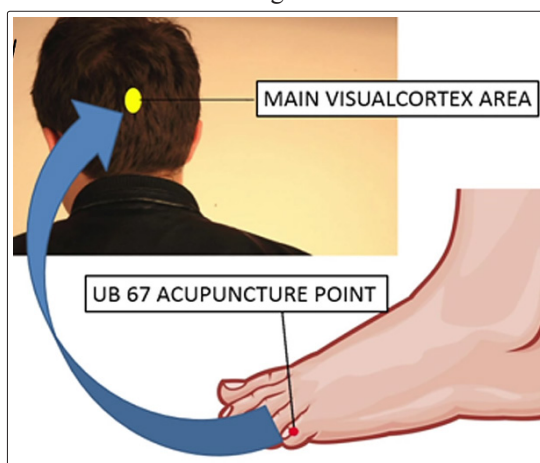
each other. Knowledge derived from both the sources can be well assimilated for the betterment of patient.

So far this all seems to be very theoretical but, would like to give an example.

There is an Acupuncture point at the corner of nail of fifth toe of foot, four thousand years ago in the Chinese acupuncture literature it is mentioned that stimulation at this point brightens the sight. This point or area in the Chinese literature is known as UB 67 or urinary bladder 67.

Nobody in the Modern Medicine could have believe that it can happen, because Modern Medicine or Evidence based medicine whatever you call does not find any correlation between the eyes and this distant part of human body.

But recently evidence came from The Modern Medicine itself, they found with the help of fMRI that whenever this point was stimulated there was detected an increase in the activity in visual cortex in the brain! This is a confirmed finding at various centers.



Crux of this description is that this point or area can be used to treat eye disease like optic nerve atrophy, seems unbelievable but true - This is just an example, there are many correlations.

Same is in Ayurveda, it has very vast description about eye care let me submit that in India our ancient healers were surgically

treating cataract successfully. Shushurta an Authority in Ayurveda was surgically treating Cataract 2000 years ago!

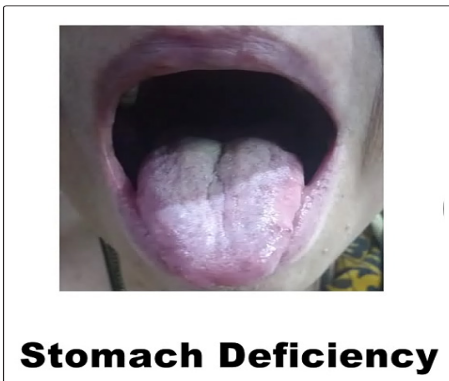
Mechanism of seeing as explored by the Modern Medicine today can be well compared according to basic principles of Ayurveda and can be well assimilated with the Modern Medicine.

We ourselves have made tight compartments according to the different Pathies but when we are struck to find any solution further as for Macular degeneration and find a solution elsewhere, why not assimilate all the available knowledge. Patient wants a therapy to be cured not fight between the practitioners of different Pathies.

About Treatment Steps in the Assimilated Technique

1. When patient contact us for the first time we send him a list of questions to ascertain his present visual status based on how much his vision is affected. This includes information about near vision, distant vision, color vision, difficulty in seeing in the low light, any glare in the sun light, depth perception, difficulty in the side vision and fogginess of vision.

We also ask him to send a simple photograph of tongue, it can be taken simply by cell phone camera. This is for the traditional diagnosis, a simple picture of tongue reveals so many things about the constitution of patient, there is about 200 pages book in the Chinese system on tongue diagnosis.



These two pictures of tongue can be simply showing the deficiency of functions of stomach or spleen, but in the treatment planning this simple tongue snaps have a very crucial importance.

2. After this we advise investigations usually these are

- A. A routine eye examination
- B. Fundus photo plain covering every possible area of mid periphery and macular area as well. Fluorescein angiography instead of Fundus photo plain if patient is diabetic one

- C. O.C.T. Test
- D. E.R.G. if profound night blindness

After examining these reports we can ascertain probable results of treatment and finally patient is given an appointment for treatment. Patient’s pulse is examined before treatment when he visits this Center, like tongue diagnosis there is Pulse diagnosis in the Chinese Medicine and it is very analytic and elaborate one.

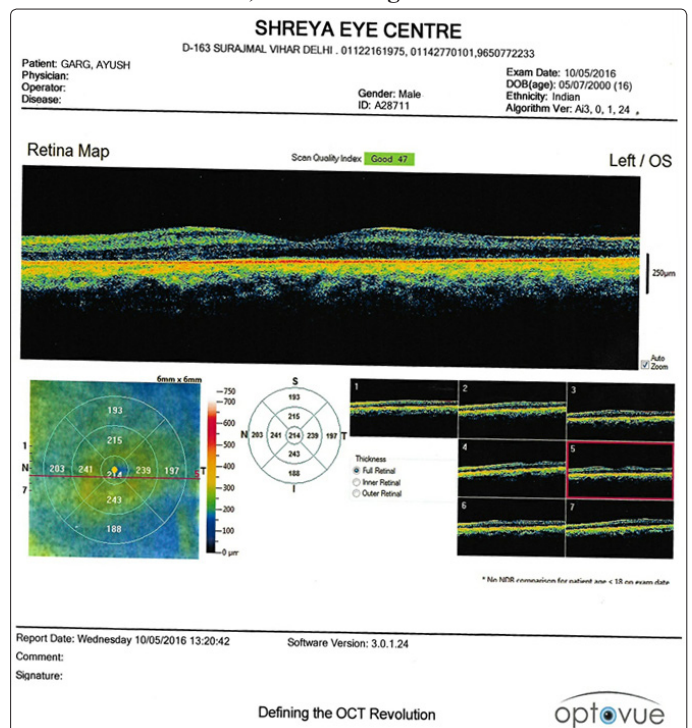
Planning for the Treatment

All these inputs are taken together and carefully we plan the treatment, based on the constitution of patient. Constitution of patient means that inputs we have received from the Tongue diagnosis, Pulse diagnosis and from certain questions that reveal body nature and the constitution.

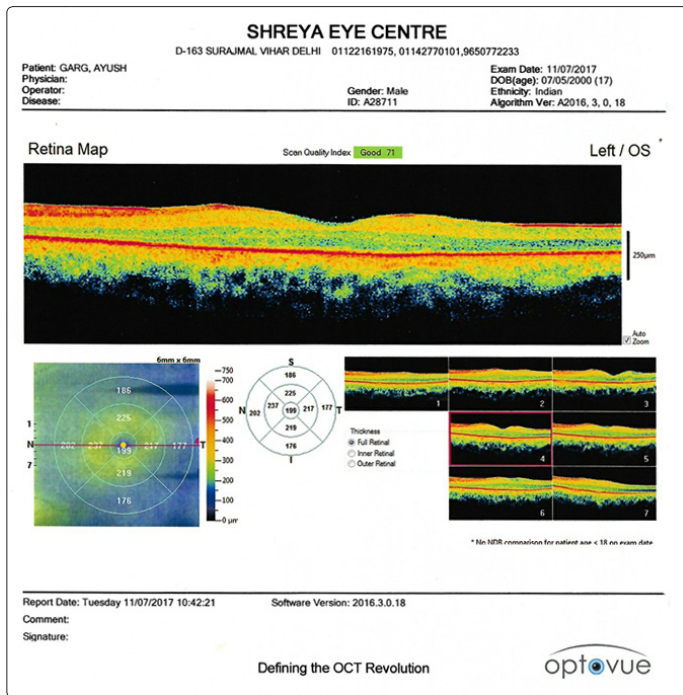
Next we try to find a co-relation between constitution of patient according to the traditional diagnosis and his eye involvement. Treatment is different from person to person. It is not only based is on the diagnosis by the Modern Medicine but it is based on diagnosis and the constitution of patient, both. This is more crucial part. Besides Chinese acupuncture we also use regenerative techniques of Ayurveda.

As we promise to the patient before coming here that patient should respond very first day of treatment satisfactory only then treatment is continued, three hours treatment is administered, we do a video recording before and just after the treatment, to compare results. Usually patient responds well and if we feel that at the end of 12 days course we can provide a useful vision to the patient so that we can change his life and make him independent for visual problems only then treatment is continued for full course. We also do repeat investigations. Not only patient’s visual status improves but this is revealed in other tests.

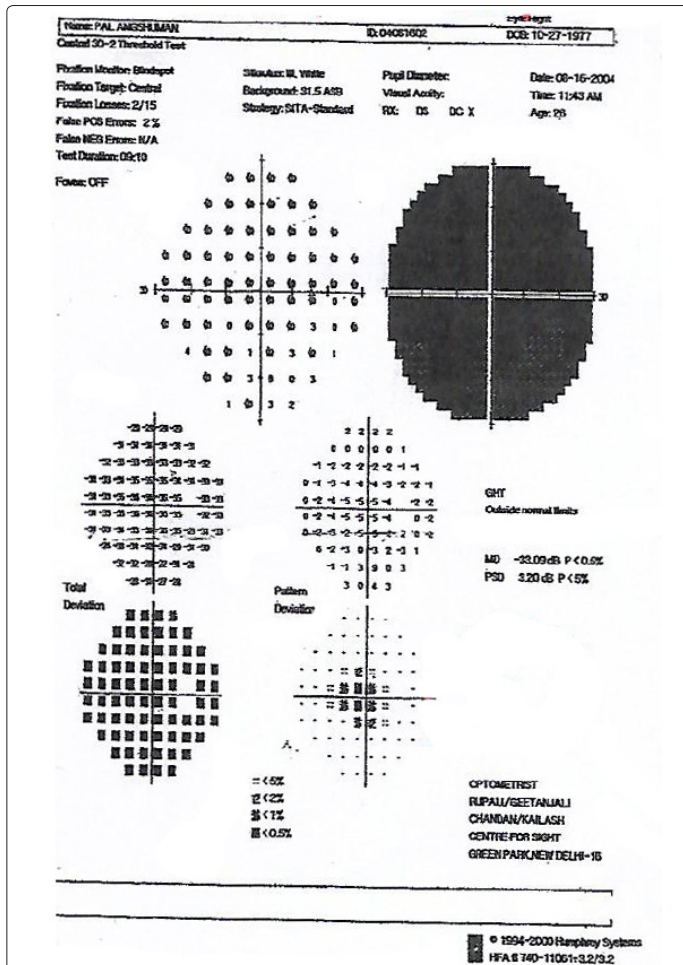
1. O.C.T. Test of Patient, Macular Degeneration Before Treatment



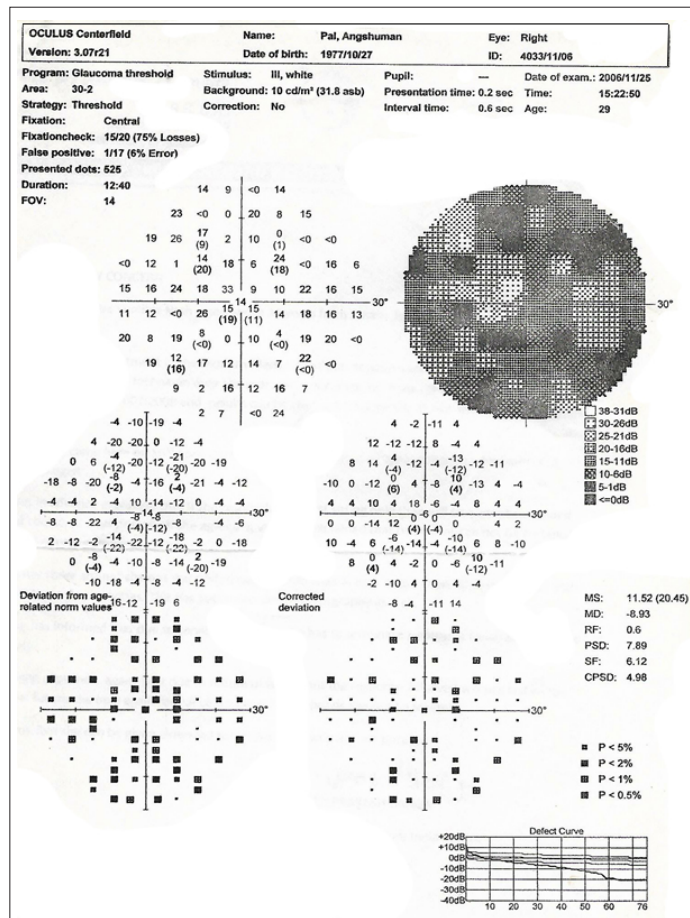
2. O.C.T. Test of Same Patient After 12 Days of Treatment



3. Optic Nerve Atrophy Visual Field, Before Treatment



4. Visual Field After Treatment. Optic Nerve Atrophy



These two pictures is of a patient, suffers from OPTIC NERVE ATROPHY visual field improvement before and after treatment.

At the end of course according to the constitution of patient we advise him dietary plan and precautions and the self-help. We follow up the patient and find that 90% of patients are usually stable over the years. This is not a small achievement, not all the patient's results have been uploaded in the webpages of Centre-www.retinitis-pigmentosa.in and hope many more will see this wonderful world again with the help of this technique.

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