

Topic: Mouth, Teeth and Dentition**Manfred Doepp***Head of HolisticCenter, 13 Haupt St., Abtwil 9030, Switzerland****Corresponding author**

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Dentistry should not be seen as local and limited, but as part of the whole. Teeth are like fuses, they react to deeper causes and to problems of the associated organs. Caries is not very important, the same is true for other superficial problems, and also for pain. Painless teeth can have the worst findings, since dead teeth do not cause pain.

The real problems concern the gums, nerves, roots, their canals and jaw bones. What questions should you ask a patient?

The first question to patients is: what metals do you have in your mouth?

The second question is: do you have root canals?

The third question is: are there foreign substances in your mouth?

The fourth question is: which teeth have been removed?

The fifth question would be: what about the 8-teeth (wisdom teeth)?

The sixth question would be: is there a digital x-ray (OPG) of the teeth and jaws?

On the Subject of Metals

All heavy metals are poisons, this concerns amalgam (mercury, tin, etc.), gold (and here the hardening additives (palladium, platinum, iridium, etc.). Unfortunately, light metals also act as loads in the long run, this concerns especially titanium as a common material for implants.

Two or more metals act as a battery and generate electrical currents that can produce up to 3 V of voltage, which is especially stressful to the brain. In principle, there should be only one metal in the mouth, better none.

The steel of dentures is not essential per se, unless it is an inferior alloy containing nickel and other additives.

On the Subject of Root Canal Treatments

On the one hand, it is seldom possible to clean out all root canals correctly, which means that remaining, i.e. dead, parts of the root act as cadaveric toxins. Secondly, the filling materials are to a large extent toxic and burden the lymphatic and immune systems.

Root-treated teeth are dead/devital, they represent foci. This means that root canal treatments should be rejected as a matter of principle. Insofar as they exist, removal of these teeth is usually the correct solution.

On the Subject of Foreign Substances in the Mouth

A good dentistry works free of metal and foreign substances. There is one material that is well tolerated in the vast majority of cases, it is the ceramic zirconium oxide. Plastics, cements, adhesives and other foreign substances have an inconsistent effect. In individual cases, they can also be rejected and be the cause of allergies. Therefore, testing before insertion is advisable.

On the Subject of Removed Teeth

As a layman, one assumes that after a tooth has been extracted, there can be no problem at that site. This is a mistake. Foci can remain or even develop in the gums and in the adjacent jawbone. The latter is especially the case with broken roots, a piece of which remains in the gums. This dead protein goes into decomposition, a foci develops that contains cadaveric toxin. Any dead tissue, however, must be removed from the body.

On the Subject of the 8-Teeth

The wisdom teeth produce the biggest problem of all teeth:

- they may not develop, so they remain in the gums
- they may grow out crookedly and hit the neighboring 7-teeth
- they grow out asymmetrically
- an 8 tooth is extracted, which again causes asymmetry
- one of the roots breaks off during extraction, which results in a focal finding.

However, the organ relations of the 8-er teeth are the most important of all teeth. Several systems "hang" on them: Cardiovascular, immune, digestive and endocrine systems. Thus, problems of the wisdom teeth have the most far-reaching effects, not to mention their proximity to the temporomandibular joints. The effects of anomalies and asymmetries can go as far as leg length discrepancies and spinal problems.

On the Subject of X-Rays of the Teeth and Jaw Bones

The unfortunately still common analog X-ray with the result of an image that cannot be processed further is outdated and insufficient. It represents a senseless radiation exposure. Modern methods are computer-processed digital X-rays, computed tomography (CT) or magnetic resonance imaging (MRI). It is possible to work with these results and, above all, to post-process them.

The frequent statement of a dentist after looking at the image for a few seconds: "everything is fine" is not true in 95% of cases. Each tooth must be evaluated for a few seconds. Then a priority list of problems should be made. Of great importance are the non-infectious chronic ostioides (NICO), because they can cause serious diseases. For this, the laboratory values Rantes and CRP must be determined in the serum. If the Rantes is elevated, a Computertomography should be performed.

Summary Up to Now

No normal doctor can harm a patient via drug side/interactions as much as a dentist. Because what he puts into the mouth remains permanently and has a chronic effect. And there are few substances that cannot cause problems.

It must be remembered that the meridian and organ relationships of the teeth mean that a dental focus and an organ stress can add up or multiply, a vicious circle can develop. In these cases, both sides of the relationship must be treated, the organ and the associated tooth root.

It is not the beauty of the tooth surfaces that is important, but the depths and their freedom from toxins and foci.

Further Topics

- Fluorides
- Periodontal treatment

About Fluorides

Fluorine belongs to the halogens: Fluorine, Chlorine, Bromine, Iodine. These are all highly reactive, they snatch electrons from other substances and turn them into free radicals or destroy them. That is why they are used as disinfectants.

For this reason, chlorine is no longer used in many swimming pools, bromine is no longer dripped into the eyes of newborns, and for iodine the organism has a binding and buffering carrier protein in the blood and thyroid gland for protection. Only fluorides are expected of people in almost all toothpastes and even in drinking water in some places. This is unacceptable.

On Periodontal Treatment

It is insufficient to address this issue locally, because the tooth mucosa and gums are directly related to the intestinal mucosa. The intestinal environment should be treated in parallel in any case. This concerns both pathogens, which should have no place there, and deficiencies in the flora of the necessary intestinal bacteria.

Oil extraction is recommended as an additional naturopathic treatment. To do this, take a tablespoon of a good oil in the mouth and move it back and forth until it tastes bad. Then spit it out and rinse with good water. 1x/day.

Conclusion and Abstract

Dentistry in our time has many problems and produces many problems. There is hardly a patient who does not need a revision and improvement of his dental status. As a goal should exist a toxic-free mouth. It is better if non-stressful dentures are applied than if hidden foci exist under the beautiful surface.

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