

# Signal Transduction of Nerve Growth Factor Induced Histamine Secretion from Mast Cells

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## Abstract

Mast cells play a central role in allergic reactions. In response to immunologic or non-immunologic stimuli they release many inflammatory mediators. Biogenic amine, histamine is one of the essential mediator, which is released from mast cells during inflammation reactions. Nerve growth factor (NGF) is essential for the survival of various neurones and has significant role in inflammation and allergic reactions. Histamine release from mast cells induced by NGF is strongly dependent on the concentration of extracellular  $\text{Na}^+$  and  $\text{Ca}^{2+}$  ions. The studies of the role of different enzymes in NGF induced histamine release have shown that tyrosine kinase, phosphatidylinositol-3-kinase, protein kinase C and phospholipase C are involved in the signal transduction responsible for NGF induced histamine secretion from mast cells. The right ionic composition of the extracellular fluid and the exact signaling pathway involved in NGF induced histamin secretion indicate the importance of NGF in various inflammatory and allergic diseases.

**Keywords:** Nerve Growth Factor, Mast Cells, Histamine Release, Mechanism of Action

## Abbreviations

**NGF:** Nerve Growth Factor

**TrKA Receptor:** Tyrosine Kinase A Receptor

## 1. Introduction

Mast cells play a central role in allergic reactions. In response to immunologic or non-immunologic stimuli they release many inflammatory mediators [1]. Biogenic amine, histamine is one of the essential inflammatory mediator, which is released from mast cells during inflammation and allergic reactions. The stimulation of histamine release from mast cells can be induced by an immunologic or non-immunologic stimuli. The mechanism of non-immunological induced histamine release is different from that induced by the immunologic stimuli [2]. Nerve growth factor (NGF) is essential for the survival of several neurones and has a wide range of other effects [2,3]. Among these effects, NGF can induce degranulation of mast cells by interacting with its high-affinity receptor of a TrkA-type [2]. Since elevated levels of NGF in fluids of patients with allergic diseases have been reported, it can play an important role in allergic reactions [4]. Therefore,

it is of interest to study the mechanism of the secretory process induced by NGF. Basic secretagogue, compound 48/80 is used as a standard for non-immunological trigger of secretion process from mast cells. The signal transduction pathway involved in histamine release from mast cells provoked by NGF can be compared with the secretion induced by basic secretagogue compound 48/80.

## 2. The Effect of Ionic Composition of the Medium in Histamine Release Process Induced by Different Stimuli.

The secretion of mediators from mast cells induced by immunologic or by non-immunologic stimuli is strongly dependent on the presence of  $\text{Ca}^{2+}$  ions. Stimulation of mast cells by an immunologic stimuli and by NGF require the presence of extracellular calcium to induce histamine release [5]. However, the release induced by compound 48/80 is not strongly dependent on the presence of extracellular calcium [5]. These findings show that some different steps are involved in the secretion process induced either by NGF or by compound 48/80. Beside the importance of extracellular  $\text{Ca}^{2+}$  in the secretion process, extracellular  $\text{Na}^+$  ions play also an important role in the secretion of the inflammatory mediators [6].

Sodium-free medium potentiates NGF induced histamine release [7]. Similar potentiation of histamine release in sodium free medium occurs also by stimulation of mast cells either by compound 48/80 or by the immunologic stimuli [7,8]. Since, amiloride, an inhibitor of Na<sup>+</sup>Ca<sup>2+</sup> exchanger abolish this effect, Na<sup>+</sup>Ca<sup>2+</sup> exchanger might have a role in changing the concentration of Na<sup>+</sup> and Ca<sup>2+</sup> ions [5]. In the medium containing low concentrations of Na<sup>+</sup> ions, Na<sup>+</sup>Ca<sup>2+</sup> exchanger of mast cells exchanges extracellular Ca<sup>2+</sup> ions for intracellular Na<sup>+</sup> ions [7]. Therefore the influx of Ca<sup>2+</sup> ions in the cell occurs [9]. Consequently, the increased intracellular free calcium concentration leads to the potentiation of histamine release induced by various stimuli [10].

### 3. The Regulation of Histamine Release by Various Enzymes

Various enzymes are required in the signal transduction of histamine secretion induced by NGF and compound 48/80. Tyrosine kinase, phospholipase C and protein kinase C are involved in the signal transduction pathway induced by both secretagogues [10]. However, phosphatidylinositol-3-kinase is activated only in NGF mediated degranulation process [10]. This indicates that NGF triggers histamine secretion by a specific mechanism, which differs from that induced by compound 48/80. However, the same enzymes are needed in the secretory process induced either by NGF or by IgE stimulation [11]. These findings suggest that similar pathways may be involved in the secretion induced either by NGF or by IgE stimulation. The right ionic composition of the extracellular fluid and the exact signaling pathway involved in NGF induced histamine secretion indicate the importance of NGF in various inflammatory and allergic diseases.

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