

Ruqya and Negative Ions Treatment

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Abstract

"The Quran is the most complete cure from all physical and psychological illnesses - the illnesses of this World and the illnesses of the Hereafter. How can a disease overcome the speech of the Lord of the Heavens and the Earth, the speech which if it was sent upon a mountain, would render that mountain to dust? The speech that if it was sent upon the Earth, would break the Earth into pieces? There is no illness of the heart and the body except that the Quran contains the means to guide how to cure it, why it happens, and how to protect from it, for those whom Allah gives the understanding of his book. As for the diseases of the heart, Allah mentions them in detail along with their causes and the method of curing them." "Whoever abandons the Quran would abandon treating sickness and seeking healing through it-i.e., the Quran." (Al-Fawaa'id Ibn Qayyim, p.156). Allah the Almighty created the nature with amazing healing power due to the high concentration of the Negative Ions; He "...sent down upon you from the sky, rain by which to purify you and remove from you the evil (suggestions) of Satan and to make steadfast your hearts and plant firmly thereby your feet." (Quran, Al Anfal, 8:11).

Keywords: Quran, Negative Ions, Complete Cure

INTRODUCTION

Prophet Muhammad (peace and blessing be upon him) said: "Allah has not sent down a disease except that He has also sent down the cure; whoever knows it (the cure) knows it, and whoever is unaware of it, he is unaware of it, it does not know it." (Al- Nasaii, Ibn Majah, Al Hakim and Ibn Hibban).

All diseases and Infertility have only two groups of causes:

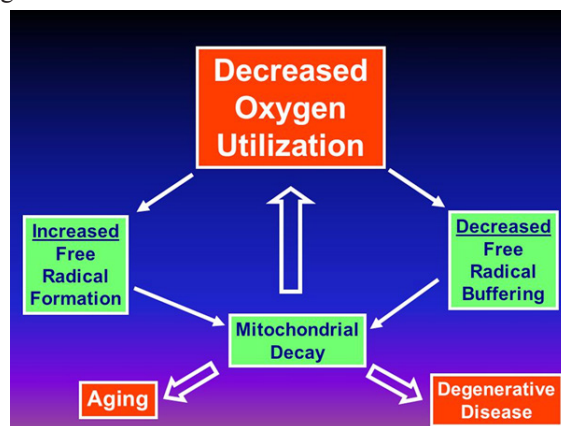
- A. Diseases and Infertility caused by Decreased Oxygen Utilization
- B. Diseases and Infertility caused by Jinn Possession, Black Magic and Evil Eye

A. DISEASES AND INFERTILITY CAUSED BY DECREASED OXYGEN UTILIZATION

Oxygen is the most important nutrient that we take in. Inspired oxygen from the environment moves across the alveolar-capillary membrane into the blood. Most of the oxygen binds to hemoglobin in red blood cells, although a small amount dissolves into the plasma. The oxygen is then transported from the lungs to the peripheral tissues, where it is removed from the blood and used to fuel aerobic cellular metabolism. This process can be conceptualized as three steps: oxygenation, oxygen delivery, and oxygen consumption.

Decreased Oxygen Utilization exerts its negative effects by decreasing the NAD/NADH ratio. Mitochondrial dysfunction is a

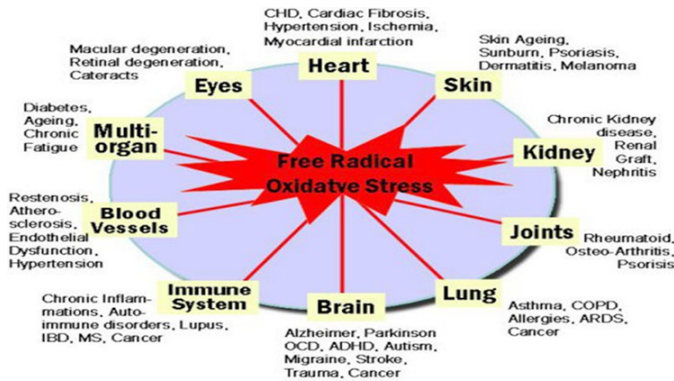
principal cause of the degenerative diseases, aging and infertility. Mitochondria provide energy for basic metabolic processes, and their decay impairs cellular metabolism and leads to cellular decline, damage.



Decreased Oxygen Utilization is caused by Positive Ions, which increase Acidity and Inflammation, the main cause of almost all diseases.

Positive Ions are the atoms or molecules which are created by electron loss. The entire man-made environment contributes to the excessive Positive Ions count: air conditioning, building and furniture materials, electromagnetic fields, fluorescent lights, carpet, metal, plastics, air pollution, chemicals etc. Positive Ions can turn in to free radicals in the body which can damage healthy cells and increase the acidity of the blood.

This is because they oxidize the cells, raising the levels of lactic acid which can cause many illnesses, infertility and aging. Decreased Oxygen Utilization leads to the excessive free radicals that result in fatigue, low energy, low immunity, mental confusion, loss of judgment, loss of coordination, headache, weakness, nausea, fainting, loss of consciousness, multiples diseases, infections, allergy, infertility and aging.



THE BEST TREATMENT FOR DECREASED OXYGEN UTILIZATION ARE NEGATIVE IONS

The key to health is to maximize oxygen utilization by eliminating or decreasing the effect of the Positive Ions. The best treatment for Decreased Oxygen Utilization is the use of the Negative Ions [1].

The massive discharge of Negative Ions secreted during thunderstorm/ rain and around waterfalls. Negative Ions are the atoms or molecules which are created by an electron gain. Amazing force of nature that can provide you with a feeling of well-being, offer a quick rush of energy, allow you to sleep better, relieve asthma, allergies and other respiratory disorders, lower blood pressure [2, 3]. Negative Ions increase the flow of oxygen to the brain resulting in higher alertness, decreased drowsiness and more mental energy [4].

They are able to neutralize free radicals and prevent oxidation, this helps improve all the body’s natural biological functions such as improving cell metabolism, enhancing immune function, purifying body, balancing the nervous system, improving digestion and more.

THE NEGATIVE AND POSITIVE IONS AND THEIR EFFECTS ON HUMAN BODY:

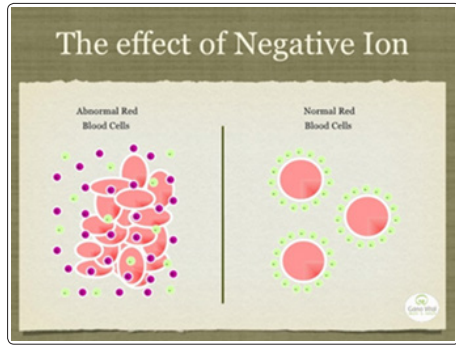
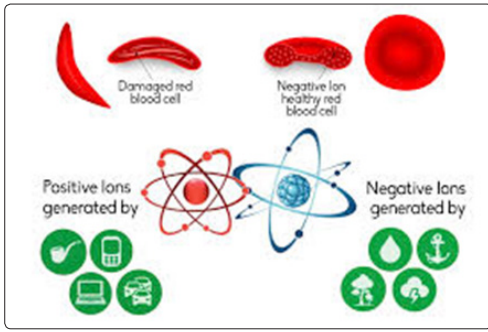


NEGATIVE IONS	POSITIVE IONS
Thunderstorm, rain	Air Conditioning
Waterfalls	Airport, Aircraft
Sea	Air pollution
River	Mall, Commercial Centers
Mountains	Metro
Forest	Building Materials (chemical, toxic, painting etc)
Park	Furniture Materials
Negative Ions Generator / Ionizer	Electrical Devices: TV, radio, fridge, light, signboard, microwave, washing machine etc
Air purifier with Negative Ions	
Negative Ions Bed and Mattress	Electronic devices: mobile, Wifi, laptop, video camera, radar
Negative Ions Clothes	Smoking
Negative Ions (Anion) Sanitary Napkins	Alcohol
Energy Stone with Negative Ions	Unhealthy food (fast food, fried food, canned food, carbohydrates, sweet)
Shower with Negative Ions	Lack of sleep, sleeping in closed spaces
Himalayan Rock Salt Lamp	Underground, cave
Himalayan Rock Salt	Construction site
Alkaline water with Negative Ions	Confined spaces
Negative Ions USB Key and Charger	Office
Negative Ions bracelet	Night clubs, Bars
Negative Ions Waist Belt	Medications and Treatment (some)

THE DISTRIBUTION OF NEGATIVE IONS AND THEIR EFFECTS ON OUR HEALTH

Environment	Anion (/cm ³)	Relation
Forests & waterfalls	>10000	Cure disease
Alpines & Sea sides	2000-10000	Against disease
Park of cities	500-1000	Keep healthy needs
House of cities	40-100	Cause some diseases
Air conditioning	0-25	Disease can flourish

Negative Ions have the effect to restore the shape of the red cells allowing them to flow through the tiny holes, vessels. Negative Ions separate red cells from each other and prevent the formation of blood clots, increasing their oxygen carrying capacity. The thick blood (damaged and agglutinated red cells due to Positive Ions) can’t flow through the tiny vessels.



Negative Ions have miraculous curative effects on the diseases and infertility while Medicine is powerless [5-9].

Allah, The Most Glorified, The Most High, said in Quran about Negative Ions as a cure of all diseases including the diseases caused by the Jinn:

“(Remember) when He overwhelmed you with drowsiness [giving] security from Him and sent down upon you from the sky, rain by which to purify you and remove from you the evil (suggestions) of Satan and to make steadfast your hearts and plant firmly thereby your feet.” (Quran, Al-Anfal 8:11).

The doctors can only treat symptoms, but the cure is only from Allah. Allah the Almighty said in Quran: *“And when I am ill, it is He who cures me.” (Quran, Ash-Shuara 26:80).*

Allah the Almighty created us and He is the only One who cares, cures, gives eternal peace and happiness and the only One who guides and brings us to the eternal Paradise.

“And if you should count the favors of Allah, you could not enumerate them. Indeed, Allah is Forgiving and Merciful.” (Quran, An-Nahl 16: 18)

Table: 2

JINN and MANKIND DIFFERENCIES		
	JINN	MANKIND
EAT and DRINK	LEFT HAND BONES and DUNG	RIGHT HAND “When one of you eats, let him eat with his right hand, and when he drinks, let him drink with his right hand. Verily, the devil eats and drinks with his left hand.”(Sahih Muslim 2020)
REPRODUCTION	Shaytan by laying the EGGS	
SEXUALITY	HOMOSEXUALITY is HIGHER	
NUMBER	MUCH MORE	
DEATH	LIVE LONGER IBLEES until the JUDGMENT DAY	

B. DISEASES AND INFERTILITY CAUSED BY JINN POSSESSION, BLACK MAGIC AND EVIL EYE

The Unseen World of Jinn was created by Allah before Human World. The Jinn interfere in all aspects of human life. Disbelieving Jinn, Shaytan, is a cause of all troubles in this life.

After refusing to bow down in front of Adam, disobedient, arrogant Shaytan said:

“Then, I will come to them from before them and from behind them and on their right and on their left and you will not find most of them grateful [to you].” (Quran Al-Araf 7:17).

“And if there comes to you from Satan an evil suggestion, then seek refuge in Allah. Indeed, He is the Hearing, the Knowing.” (Quran, Fussilat, 41:36).

“It is not for a believer, man or woman, when Allah and His Messenger have decreed a matter that they should have any option in their decision. And whoever disobeys Allah and His Messenger, he has indeed strayed into a plain error.” (Quran, Al-Ahzab 33:36).

“Indeed in the Messenger of Allah (Muhammad) you have a good example to follow for him who hopes for (the Meeting with) Allah and the Last Day and (who) remembers Allah often.” (Quran, Al-Ahzab 33:21)

If you are not with Allah, you are with Shaytan. The only purpose of Shaytan is to bring you to the Hellfire. Here are the characteristics on the Unseen World, (Tables 1-10).

The characteristics of Jinn compared to Humans are illustrated in the Tables 1-9

Table:1

JINN are like HUMANS		
	JINN	MANKIND
FEMALE and MALE	Female and Male	Female and Male
REPRODUCTION	Children	Children
SEXUALITY	JINN-JINN, JINN-HUMAN HOMOSEXUALITY	
EAT and DRINK	Eat and Drink	Eat and Drink
RELIGION	BELIVERS and DISBELIVERS	Same
FREE WILL	GOOD and BAD, RIGHT and WRONG	Same
DEATH (except Iblees)		
ACCOUNTABLE JUDGMENT DAY	SUBJECT to ALLAH’S COMMANDS and PROHIBITIONS	Same

Table: 3

JINN and MANKIND DIFFERENCIES		
	JINN	MANKIND
CREATION	BEFORE MANKIND SMOKELESS FIRE “And the jinn We created before from scorching fire.” (Surah Hijr 15: 26-27)	CLAY “And We did certainly create man out of clay from an altered black mud”
UNSEEN APPEARANCE	INVISIBLE in their NATURAL State “Indeed, he sees you, he and his tribe, from where you do not see them.”(Quran, Al Araf 7:27)	
PHYSICAL APPEARANCE	ANY PHYSICAL FORMS SHAPE-SHIFTER Human, Human-Animal, Black Dog, Black Cat, Snake, Scorpion, Camel, Donkey, Tree, Plaint...	

Table: 4

JINN and MANKIND DIFFERENCIES		
	JINN	MANKIND
PHYSICAL LOOKING	Ugly, Unpleasant, Repulsive-looking, The branches of Zaggoom (a tree in Hell) is compared in the Quran to the heads of devil: “Verily, it is a tree that springs out of the bottom of Hell-Fire. The shoots of its fruit-stalks are like the heads of devil” (Quran 37: 64-65).	
DISBELIEVING JINN CHARACTERISTICS	Arrogance, rebellious, pride, harsh, malevolent, disobedient, malicious, stubborn, liar, pledger, jealous, hypocrite, deceiving, mischief-maker, vengeful, harmful, disturbing, aggressive, spoiling our thoughts and hearts with the evil inclinations	

Table: 5

JINN AND MANKIND DIFFERENCIES		
	JINN	MANKIND
PLACE of LIVING	QAREEN “Every one of you has been a companion from the Jinn.” ----- “Verily, Satan flows through the human being like blood.” Muslim 2174 “There are Shayateen among the Jinn and Shayateen among mankind, who inspire each other,” (Quran 6: 112) EVERYWHERE Dirty Places: toilet, garbage, animal yard, graveyard, cave, old ruins, market, money transaction places, desert, under the tree, mountain, between shadow/sun.	QAREEN

Table: 6

JINN and MANKIND DIFFERENCIES		
	JINN	MANKIND
SUPERNATURAL POWER	-Fly with light speed (travel around the World in a blink of eye) -“Shape-shift” (invisible-visible) -Illusion Creation (halal-haram, right-wrong, trust-mistrust, certainty-suspicion, fixed-movable, far-close, one thing is replaced by another etc) -Stronger (can move heavy things in a second) -Possess and trouble humans with no or weak faith: Jinn possession, Black Magic, Evil Eye	

Table : 7

JINN and MANKIND DIFFERENCIES		
	JINN	MANKIND
ACTIVE	<p>NIGHT</p> <p>“If people knew what I know about being alone, no rider would travel at night by himself.”(Sahih Bukhari, 2998)</p> <p>“Satan puts three knots at the back of the head of any of you if he is asleep. On every knot he reads and exhales the following words, ‘The night is long, so stay asleep. ‘When one wakes up and remembers Allah, one knot is undone; and when one performs ablution, the second knot is undone, and when one prays the third knot is undone and one gets up energetic with a good heart in the morning; otherwise one gets up lazy and with a mischievous heart. “(Sahih Bukhari, Book 21, Hadith 243).</p> <p>“When night falls, then keep your children close to you, for the devil spread out then.” (Sahih Bukhari, Book 54, Hadith 500)</p>	<p>DAY</p>

Table: 8

JINN and MANKIND DIFFERENCIES		
	JINN	MANKIND
ATTRACTION	Beautiful female and male Attractive dress, colors, hair, make up Attractive seductive behavior Sexual desire Perfume strong Naked, undressed, uncovered (mostly female) Menstrual blood (GHUSL) Reproductive fluids (semen, vaginal humidity) (GHUSL) Impurity Acts of Disbelief	
JINN DO NOT LIKE	<p>QURAN</p> <p>“The jinn are a creation that fears the Believers most” NEGATIVE IONS (Quran Al Anfal 8:11)</p>	

Table: 9

JINN and MANKIND DIFFERENCIES		
	JINN	MANKIND
SHAYTAN PURPOSE	To bring maximum people to the Hellfire “Iblees said; ‘Because you have sent me astray, surely I will sit in wait against them (human beings) on Your Straight Path. Then I will come to them from before them and behind them, from their right and from their left, and you will not find most of them grateful to You” (Quran, Al-A’ raf 7: 16-17)	SHAYTAN is a TEST “O you who have believed, enter into Islam completely (and perfectly) and do not allow the footsteps of Satan. Indeed, he is to you a clear enemy.” (Quran, Al Baqarah 2:208”)
NO POWER	“Indeed, over My (believing) servants there is for you no authority. And sufficient is you Lord as Disposer of affairs.” (Quran, Al Isra 17: 65) “Indeed, there is for him no authority over those who have believed and rely upon their Lord.” (Quran An Nahl, 16:99)	

DISEASES BY JINN POSSESSION

Ibn Taymiyyah (may Allah have mercy on him) said: “The possession of man by Jinn can be out of sexual desire, evil notions, or even love just as it is with humans which is Fahsha’a, i.e. immorality and bad conduct which is forbidden. There is time that a person who has been possessed out of love, this type is less difficult as others, such as revenge by possession, or by pouring hot water or killing them without knowing, and this is the most difficult type of possession. What this means, Allahu Alim, is that the possession of a Jinn who is taking a revenge is different to the one who possesses for love, they are not trying to kill them, they just want to be with them, even though they can cause them a lot

of harm by making them ill, or not appear nice. These are tricks the Jinn do so that the person is just theirs, but when it is revenge they are trying to kill the individual” [5].

Allah the Almighty has given to Jinn the ability to dwell inside human beings but this can only happen by His permission, Glory is to Him.

Everybody should learn how to diagnose, recognize the Jinn causes of the diseases as the medical treatment will not help; the cure is only by Quran, Ruqya and when Ruqya is associated with Negative Ions the cure is quicker.

Table: 10

JINN POSSESSION REASONS		
1	DESIRE	DESIRE OF POWER DESIRE OF CONTROL (CONTROL OF LIFE) ATTRACTION/LOVE
2	REVENGE	WHEN THE PERSON COULD UNINTENTIONALLY HARM JINN (THROWING HOT WATER, STONE, URINATING, JUMPING OR EVEN KILLING)
3	JINN IS EVIL AND SIMPLY WANT TO HARM	MISCHIEF, CREATE CONFUSION, DISCOMFORT, HARM
4	MISGUIDANCE	IDOLATRY, ACTS OF DISBELIEF
5	RIBA	“Those who consume interest cannot stand [on the day of Resurrection] except as one stands who is being beaten by Satan into insanity.” (Quran, Al Baqarah 2:275)
6	TURNING AWAY FROM THE REMEMBRANCE OF ALLAH	“And whoever is blinded from remembrance of the Most Merciful – We appoint for him a devil, and he is to him a companion.” (Quran, Al Zukhruf 43:36)
7	BLACK MAGIC	JINN SENT BY BLACK MAGIC

JINN POSSESSION SIGNS AND SYMPTOMS

The doctors should learn the sign and symptoms of the Jinn Possession to diagnose the Jinn cause of the disease to manage properly as the medications will not work on the Jinn:

1. Reaction to Quran (turning away and reacting strongly when hearing Quran or Azhan (call for the prayer); fainting, seizure, headache, screaming, the Jinn may speak when Quran is recited).
2. Reaction to the Negative Ions Treatment (sudden change of the behavior, aggression, refusal or removal of the Negative Ions products).

These two symptoms are the most important to diagnose the presence of the Shaytan and they are associated to many other symptoms.

3. The diseases with unknown causes and with no medical cure
4. Idiopathic Infertility
5. Headache with all normal investigations and resistant to the medical treatment
6. Erratic behavior in one's words, deeds and movements
7. Nightmares
8. And many other symptoms, please refer to [10, 11].

DISEASES BY BLACK MAGIC-WITCHCRAFT-SIHR

Definition of Black Magic-Witchcraft-Sihr

Ibn Quddama Al-Maqdisi in Al-Mughni stating: “Sihr is a set of uqad (knots), ruqa (incantations), and words uttered or written, or carried out in such a way as to affect the body of the subject (al-mashur), his heart and mind, without even coming into contact with him/her. The reality of Sihr is that there are some types that can kill, cause one to fall ill, or act as an obstacle against a man having sexual intercourse with his wife. Other types can separate spouses, and can make them hate or love each other” [12].

According **Imam Abdul-Aziz Ibn Baz**: Sihr or Sorcery as defined by Islamic law consists of charms or incantations that are composed to cause illness, loss of mental stability, death, to separate spouses from each other, or to prevent a man from acts of intimacy with his wife [13].

Shumar said: Ibn ‘A’ishah said: Sihr is so called in Arabic because it changes health to sickness.

Al-Qurtubi said: Witchcraft is a profession based on trickery. The Jinn’s supernatural powers: flying with light speed, ability to “shape-shift” (passing from invisible to physical forms), moving heavy things in a second, creating the illusions and possessing the mind and body of other creatures; have been used by Fortune-tellers even before Islam. Voodoo, Tarot, Poltergeists, Witchcraft, Astrology, Horoscope, Palm-Coffee-Tea Leaves reading, Clairvoyant, Spaewife, Soothsayer, Medium, Zar Zar dance: all these involve the Jinn.

The effects of the Jinn are not just limited to Fortune-tellers. The activities such as ouija boards and séances, used to contact the dead, are manipulated by the Jinn. Other biggest manipulations of the Jinn are through visions and voices.

Fortune telling by “reading” or “spiritual consultation”, give the client advice and predictions which are said to have come from spirits or in visions.

- Alectromancy: by observation of a rooster pecking at grain
- Astrology: by the movements of celestial bodies
- Astromancy: by the stars
- Augury: by the flight of birds
- Bazi or four pillars: by hour, day, month, and year of birth
- Bibliomancy: by books; frequently, but not always, religious texts
- Cartomancy: by playing cards, tarot cards, or oracle cards
- Ceromancy: by patterns in melting or dripping wax
- Chiromancy: by the shape of the hands and lines in the palms
- Chronomancy: by determination of lucky and unlucky days
- Clairvoyance: by spiritual vision or inner sight
- Cleromancy: by casting of lots, or casting bones or stones
- Cold reading: by using visual and aural clues
- Crystallomancy: by crystal ball
- Extispicy: by the entrails of animals
- Face reading: by means of variations in face and head shape
- Feng shui: by earthen harmony
- Gastromancy: by stomach-based ventriloquism (historically)
- Geomancy: by markings in the ground, sand, earth, or soil
- Haruspicy: by the livers of sacrificed animals

- Horary astrology: the astrology of the time the question was asked
- Hydromancy: by water
- I Ching divination: by yarrow stalks or coins and the I Ching
- Kau cim by means of numbered bamboo sticks shaken from a tube
- Lithomancy: by stones or gems
- Necromancy: by the dead, or by spirits or souls of the dead
- Nephelomancy: by shapes of clouds
- Numerology: by numbers
- Oneiromancy: by dreams
- Onomancy: by names
- Palmistry: by lines and mounds on the hand
- Parrot astrology: by parakeets picking up fortune cards
- Paper fortune teller: origami used in fortune-telling games
- Pendulum reading: by the movements of a suspended object
- Pyromancy: by gazing into fire
- Rhabdomancy: divination by rods
- Runecasting or Runic divination: by runes
- Scrying: by looking at or into reflective objects
- Spirit board: by planchette or talking board
- Taromancy: by a form of cartomancy using tarot cards
- Tasseography or tasseomancy: by tea leaves or coffee grounds
- Ureamancy: by gazing upon the foamy froth of urine created within water

The people without knowledge go to Fortune teller asking to pray for their children, parents, brothers and sisters with good intention but they do not know the catastrophic consequences for themselves and their families as the Evil activity of the Fortune tellers involve the army of Shayateen. These people think that they did well but, in the reality, they create problems after problems for entire family. And there are others who want witchcraft performed.

The contract is signed between the Fortune teller and Shaytan to target the person or family or materialistic object etc. The servant Jinn operate with the Qareen, the Jinn attached to every human being since his birth. It is this Qareen which whispers to our base desires and constantly tries to divert us from righteousness. The Prophet (peace and blessing be upon him) said: "Every one of you has been assigned a companion from the Jinn." (Muslim - Eng. Trans. Vol.4, p.1472, No.6757) Qareen communicates with the servant Jinn, informs about everything in the past of the person. To steal the information about the future matters became difficult for the Jinn since the arrival of the last Messenger of Allah.

"Indeed, we have adorned the nearest heaven with an adornment of stars, And as protection against every rebellious devil. (So) they may not listen to the exalted assembly (of angels) and are pelted from every side, Repelled; and for them is a constant punishment, except one who snatches (some words) by theft, but they are pursued by a burning flame, piercing (in brightness)." (Quran, As-Saffat 37:6-10).

The Fortune tellers do the acts of disbelief at the request of the Shaytan and in the return the Evil Jinn will perform their request to harm the targeted person/people or object. So both, the Fortune tellers and the Jinn commit the shirk.

The Fortune tellers use taweez, amulet, string, thread, talisman, papers with letters using Quranic verses or the name of Allah, the numbers, squares and lines. It is the army of Shayateen will be sent to cause any disease, infertility, miscarriage, sexual disorders, to

prevent husband to have intimacy with his wife and to destroy wealth, health, job, property and even to kill.

Here is one example of the Black Magic

The unknowledgeable mother went to the Fortune teller asking to protect her children, husband, brothers and sisters. Fortune teller after collecting money several times delivered this paper telling that there is a name of Allah, "Hafiz", which means "Protector"



In the reality, each letter written inside of the square separately corresponds to the first letter of the name of the Shaytan, here 64 Shayateen were sent against her and against each person of her big family. Everyone has been facing different problems including business bankrupt, false Court case with the prison, health issues including the Jinn possession.

"Is He (not best) who responds to the desperate one when he calls upon Him and removes evil and makes you inheritors of the earth? Is there a deity with Allah? Little do you remember!" (Quran, An-Naml 27:62).

"And it was already revealed to you and to those before you that if you should associate (anything) with Allah, your work would surely become worthless, and you would surely be among the losers." (Quran, Az-Zumar 39:65)

Uqbah ibn 'Amir narrated that the Messenger of Allah (peace and blessing be upon him) said:

"Whoever wears an amulet, may Allah not fulfill his need, and whoever wears a sea-shell, may Allah not give him peace." (Narrated by Ahmad, 16951).

"Whoever wears an amulet has committed shirk." (Narrated by Ahmad, 16969)

It was narrated that Abu Hurairah said: "The Messenger of Allah (peace and blessing be upon him) said: "Whoever ties a knot and blows on it, he has practiced magic; and whoever practices magic, he has committed Shirk; and whoever hangs up something (as an amulet) will be entrusted to it." (Sunan an-Nasa'i 4079).

"But the Children of Israel certainly knew that whoever purchased the magic would not have in the Hereafter any share. And wretched is that for which they sold themselves, if they only knew." (Quran, Al Baqarah 2:102)

Abu Hurairah (may Allah be pleased with him) narrated that the Prophet (peace and blessing upon him) said:

Whosoever approaches a Fortune-teller and believes in what he says, has disbelieved in what was revealed to Muhammad".

The Prophet (peace and blessing upon him) said: “The prescribed punishment for the magician is that he be executed by the sword” (Tirmidhi).

DISEASES BY EVIL EYE

Evil Eye is like an arrow which comes from the soul of the one who envies towards the one who is envied and on whom the Evil Eye is put; sometimes it hits him and sometimes it misses. If the target is exposed and unprotected it will affect him but if the target is cautious and armed the arrow will have no effect and may even come back on the one who launched it [10-14].

The Evil Eye is an illness which some people (not everyone) carry. It entails looking at a blessing which someone has within them or from that which they possess from worldly possessions with amazement or liking it. This then leads to dwelling on the matter, continually looking at the person who has the thing which he feels jealous towards and subsequently leading to an attack described as rays emitting from a person’s eyes (and their soul) and subsequently affecting him physically/ mentally causing him to become ill and even die.

One doesn’t need to physically look at someone to give him the Evil Eye; even a blind person can give the Evil Eye. One can even give the Evil Eye merely by listening to the description of a person’s blessings.

Everyone who gives the Evil Eye is jealous but not every jealous person gives the Evil Eye.

The evidence for this is that Ayn (Evil Eye in Arabic) can even be given to yourself, your own children and even when joking. The Hadith tells: “Whoever among you sees something in himself or in his possessions or in his brother that he likes, let him pray for blessings for it because the Evil Eye is real.”

This Hadith explains that a person may harm himself, his wealth, his children, his wife etc by the Evil Eye. “The Evil Eye is real and can bring down a person from a high mountain.” “The Evil Eye can take a person into grave and takes the camel into the cooking pot.”

Hasad (destructive jealousy) causes a great deal of harm. Narrated from Az-Zubayr ibn al-A’waam (may Allah be pleased with him), the Prophet (peace and blessing be upon him) said: “There has come to you a disease of the nations before you, jealousy and hatred. This is the ‘shaver’ (destroyer); I do not say that it shaves hair but that it shaves (destroys) faith. By the One in Whose Hand is my soul, you will not enter Paradise until you believe and you will not believe until you love one another. Shall I not tell you of that which will strengthen love between you? Spread the greetings of peace amongst yourselves.”

Narrated from Abdullah ibn Abbas (may Allah be pleased with him), the Messenger of Allah (peace and blessing be upon him) said: “The influence of the Evil Eye is a fact. If anything were to precede the divine decree it would have been the influence of an Evil Eye. Therefore when you are asked to take a bath (as a cure) from the influence of the Evil Eye, you should take a bath.”

Narrated by Abu Hurairah (may Allah be pleased with him) said: “The Messenger of Allah (peace and blessing be upon him) said: “My nation will be stricken with the disease of the other nations.” They said: “What is the disease of the other nations?” He said: “Insolence, arrogance, accumulation of wealth, competition in worldly gains, mutual hatred and envy until there will be wrongdoing and then killing.”

Therefore, it is suggested that whenever you see someone has been blessed with something (a good job, a good spouse, a beautiful child, knowledge, wealth, health, etc) ask Allah to bless them in it. Simply say: Barakallahu Feehi (May Allah blesses you with it.) This will keep your envy at bay and protect you from harming others, unintentionally, with the Evil Eye.

And if you are being praised or lauded about something good that you have been blessed with, then you should also protect yourself by saying: Mashallah (What Allah has willed) and Allah the Almighty will neutralize the effect of the Evil Eye. For the Evil Eye signs and symptoms to refer to [10-13].

RUQYA TREATMENT

Ibn al-Qayyim al-Jawziyya (may Allah have mercy on him) said: “The Quran is the most complete cure from all physical and psychological illnesses - the illnesses of this World and the illnesses of the Hereafter. Not everyone is capable, nor is everyone given the success from Allah to seek a cure from it. If the sick person uses the proper method of using the Quran as a medicine, with belief complete faith and acceptance, and firm belief in it as a cure, and he fulfills all of the conditions (of doing so), no disease will ever overcome him. How can a disease overcome the speech of the Lord of the Heavens and the Earth, the speech which if it was sent upon a mountain, would render that mountain to dust? The speech that if it was sent upon the Earth, would break the Earth into pieces? There is no illness of the heart and the body except that the Quran contains the means to guide how to cure it, why it happens, and how to protect from it, for those whom Allah gives the understanding of his book. As for the diseases of the heart, Allah mentions them in detail along with their causes and the method of curing them. So, the one who is not cured by the Quran, may Allah not cure him, and the one who the Quran is not sufficient for him, May Allah not suffice him in anything! It is known that certain things that we say have particular special qualities and proven benefits, then what do you think of the speech of the Lord of the Worlds, the one who the virtue of his speech over the speech of others, is like the virtue of Him over his creation. The Quran is the perfect cure, and it is a beneficial means of protection, and a guiding light and a general mercy. If it was sent upon a mountain it would render it asunder from its greatness and its glory” [14].

“And if We had made it a non-Arabic Quran, they would have said, “Why are its verses not explained in detail (in our language)? Is it a foreign (recitation) and an Arab (Messenger)?” Say, “It is, for those who believe guidance and cure.” And those who do not believe - in their ears is deafness, and it is upon them blindness. Those are being called from a distant place.” (Quran, Fussilat 41:44)

Pre-Conditions for Ruqya Treatment

Ruqya Shar'iyah is free from any forms of shirk (associating partners with Allah) and it is the recitation of the specific verses of the Quran, the use of authentic supplications and the seeking of assistance and refuge in Allah the Almighty alone [15-17].

- It must be with the words of Allah (Quran), his names and his attributes.
- It must be in the Arabic language or a language that is clearly understood by the people.
- To believe that the Ruqya being done has no benefit by itself, but the benefits and cure are from Allah alone.

The person reciting the specific verses of the Noble Quran should understand its meanings; have a strong belief, follow the Allah's commands and prohibitions, doing righteous deeds, doing Ruqya for the sake of Allah alone.

The patient

- That the patient directs all of their worship to Allah alone (no partner) and recognizing that there is no cure except from Allah.
- That the patient is strict in following the Sunnah
- That the patient is not in the possession of a taweez.
- That the patient's house is - to the best of their ability - free of pictures and photographs of animate objects, as well as other things that attract the shaytan.
- That the patient is praying five obligatory prayers, wearing hijab, long large dress

Allah the Almighty may cure the non-Muslim person as He knows his heart, his good deeds and his future (he may become Muslim later by the will of Allah)

Awf Ibn Malik al-Ashja'i (May Allah have mercy on him) narrated that he said to the Prophet (peace and blessing be upon him): "O Allah's Messenger! We used to do Ruqya during the days of Jahiliyyah (pre-islamic era). What do you think of that?" He (pbuh) replied: "Present your Ruqya to me; there is nothing wrong with it as long as it does not involve Shirk." (Muslim).

Ruqya is an Action with Right Intention

Audio, mobile, laptop, TV should not be used for the purpose of healing. It is narrated on the authority of Amir ul-Mu'mineen, Abu Hafs, Umar ibn al-Khattab (may Allah be pleased with him), that he said: "I heard the Messenger of Allah (peace and blessing be upon him) say: "Actions are according to their intentions, and everyone will get that which he intended." (Bukhari, Muslim).

"There is no true God except Allah. He is One and He has no partner with Him; His is the sovereignty and His is the praise, and He is Omnipotent"- "La ilaha illallahu, wahdahu la sharika lahu, lahul-mulku wa lahul-hamdu, wa Huwa 'ala kulli sha'in Qadir. (Bukhari, Muslim, Engl ref: Book 16, Hadith 1410).

"And We send down of the Quran that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss." (Quran, Al Isra 17:82)

"O you who have believed, do not put (yourselves) before Allah and His Messenger but fear Allah. Indeed, Allah is Hearing and

Knowing." (Quran, Al-Hujuraat 49:1)

"O mankind, there has to come to you instruction from your Lord and healing for what is in the breasts and guidance and mercy for the believers." (Quran, Yunus, 10:57)

The cure is from Allah and not from Raqi or person reciting Quran. Making Ruqya by the sick person for himself, if capable, or by family, if the Ruqya conditions present, is far more effective and Allah the Almighty will strengthen his/their faith and give multiples rewards.

Quranic Verses for Ruqya

Surah Al Fatiha: "The chapter commencing with "All praises and thanks are due to Allah the Lord of the Worlds" is the Mother of the Quran, the Mother of the Book".

"In the name of Allah, the Entirely Merciful, the Especially Merciful. [All] praise is [due] to Allah, Lord of the Worlds. The Entirely Merciful, the Especially Merciful, Sovereign of the Day of Recompense. It is you we worship and you we ask for help. Guide us to the straight path .The path of those upon whom you have bestowed favor, not of those who have evoked [Your] anger or of those who are astray." (Quran, Al Fatiha 1). To recite seven times.

"And we have certainly given you, (O Muhammad), seven of the often repeated (verses) and the great Quran." (Quran, Al Hijr 15: 87).

Ibn al-Qayyim in his al-Tibb al-Nabawi said: "If one's faith, soul, and spirit are strong, and if he adapts himself to the essence of the Opening Chapter (Al-Fatiha), and by Allah's leave, by reciting its holy words and blowing them on the affected person followed by his spittle upon the victim, Allah willing, such reading will incur the reaction of the evil spirits and cause the elimination of their evil act--Allah knows best." (Ibn al-Qayyim, al-Tibb al-Nabawi, ed. Shu'aib al-Arna'ut and 'Abd al-Qadir al-Arna'ut. (Beirut: Mu'assasah al-Risalah, 1985), pp. 178 & 180; M. W. Dols, Majnun: the Madman in Medieval Islamic Society (Oxford: Clarendon Press, 1992, 257).

There are multiples authentic Ahadith about Surah Al Fatiha alone and other Surahs for Ruqya. <https://www.sunnah.com>

Surah Al-Ikhlās (Quran 112), Al-Falaq (Quran 113) and An-Nas (Quran 114):

Each three times or odd number,

It was narrated that Abu Sa'eed said: "The Messenger of Allah (peace and blessing be upon him) used to seek refuge from the evil eye of the Jinn and the evil eye of humans. When Al-Mu'awwadhatan (Al Falaq and An-Nas) were revealed, he started to recite them and stopped reciting anything else." (Sunan an-Nasa'i 5494)

Aisha (May Allah be pleased with her) narrated: "Whenever Allah's Apostle (peace and blessing be upon him) became sick, he would recite Surah Al-Falaq and Surah An-Nas and then blow his breath over his body. When he became seriously ill, I used to

recite (these two Surahs) and rub his hands over his body for its blessings.”(Bukhari 5016).

Ibn Al-Qayyim (may Allah have mercy on him) said: “The effectiveness of these Surahs is great to repeal Magic, Evil Eye and the rest of the evils.” (Al-Fawwaid 2:426)

Surah Ayatul Kursi (Quran, Al Baqarah 2:255). “Whenever you go to bed recite Ayatul-Kursi from the beginning to end. If you do so, a guardian from Allah will always be with you and Satan will not come near you until the morning.” (Abu Hurayrah, Hadith 3505).

Last 2 verses of Surah Al Baqarah (Quran 2:285-286). Narrated Abu Mas’ud: The Prophet (peace and blessing be upon him) said, “If somebody recited the last two Verses of Surat Al-Baqarah at night that will be sufficient for him.” (Bukhari 5009).

Full or part of the Surah Al Baqarah, then any verses.

Whole Quran is Shifa (cure)

Abu Hurairah (May Allah be pleased with him) reported: “I heard the Messenger of Allah (peace and blessing be upon him) saying: “Do not turn your houses into graveyards. Satan runs away from the house in which Surat Al Baqarah is recited.” (Muslim, book 9, Hadith 28).

Allah the Almighty will cure someone with only one Surah or one Ruqya and someone else will need days, weeks or months to be cured. Ruqya should be done until complete cure.

Rewards for Ruqya

Anas (may Allah have mercy on him) narrated that: “The Messenger of Allah (peace and blessing be upon him) said “Help your brother whether he is a wrongdoer or has been wronged.” I said: “O Messenger of Allah, we know how to help him if he has been wronged, but how can we help him if he is wrongdoer?” He said: “Stop him from doing wrong. That is how you help him.” Expelling the jinn is also relieving the distress of the one who has been wronged.

Abu Hurairah (may Allah have mercy on him) narrated that the Prophet (peace and blessing be upon him) said: “Whoever relieves a believer of some worldly distress, Allah will relieve him of some of the distress of the Day of Resurrection, and whoever conceals (the faults of) a Muslim, Allah will conceal him (his faults) in this World and the Day of Resurrection. And whoever relieves the burden from a destitute person, Allah will relieve him in this World and the next. Allah will help His slave so long as His slave helps his brother. Whoever follows a path in pursuit of knowledge, Allah will make easy for him a path to Paradise. No people gather in one of the houses of Allah, reciting the Book of Allah and teaching it to one another, but the angels will surround them, tranquility will descend upon them, mercy will envelop them and Allah will mention them to those who are with Him. And whoever is hindered because of his bad deeds, his lineage will be of no avail to him.” (Engl Ref, Vol. 1, Book 1, Hadith 225, <https://sunnah.com/urn/1252240>).

When conversing with Evil Jinni during Ruqya, the exorcist should remind the Allah’s commands and prohibitions, the Judgment Day to Jinni, ask him to do good deeds, invite to Islam. And if the Jinni accepts Islam, there are more Allah’s rewards.

Non-Islamic Exorcism

Manipulations with “successful” exorcism cases are done in the West and in the East calling upon Jesus (human) or idols or other religions rather than Allah the Almighty. In the reality, these non-Islamic exorcists are committing the shirk (associating partner with Allah), consolidate people’s kufr (disbelief) and shirk and make them firm in their path towards Hellfire, which is Shaytan’s goal for humanity. Unknowledgeable possessed person thinks and believes that the Satan has left in the name of Jesus. The Satan has achieved the goal of misguiding people and has left as the job was done.

Another sort of the shirk, when the fortune teller or non-Islamic “exorcist” call the another stronger Jinni/Jinn to kick out the present Jinni/Jinn causing disease, so the present symptoms may disappear but later there will be other problems. And Allah knows the best.

Abu Bakr as-Siddiq visited A’isha while she had a (health) complaint and a Jewish woman was making incantation (ruqya) for her. Abu Bakr said, “Do it (incantation) with the Book of Allah.” (Engl. Ref: Book 50, Hadith 11).

“And your Lord says, “Call upon me; I will respond to you.” Indeed, those who disdain my worship will enter Hell (rendered) contemptible.” (Quran, Ghafir 40:60).

Dua with the healing effect in Ruqya

The Messenger of Allah (peace and blessing be upon him) reported:”Must I not inform you of the thing which will protect you from your enemy and increase your sustenance? Make Supplication to Allah day and night because Supplication is a weapon of a Mu’min.”(Narrated by Abu Ya’la from Sayyiduna Jabir bin ‘Abdullah, Hadith 6164).

Due related to the sickness and protection from the Jinn (duas. com):

1. Due of the Prophet Ayyub (may Allah have mercy upon him): ”Indeed, adversity has seized me, and you are the Most Merciful of all those who show mercy”
2. Due of the Prophet Yunus (Jonah) (may Allah have mercy upon him) when he was in the belly of the whale: “There is no deity worthy of worship but you, glory to be to You, Indeed, I have been of the wrongdoers.”
3. Dua-Shifa: “Adhhib il-ba’s, Rabbi l-naas washfi anta al-shaafi laashifaa ailla shifaa uka shifaa an laa yughaadir saqaman.” “O Allah, Lord of mankind, the One Who relieves hardship, grant healing, for there is no healer but You, a healing that leaves no trace no disease behind.” (Bukhari 5750 and Muslim 2191)
4. Dua: “I seek refuge in the perfect words of Allah, from every devil and every poisonous reptile, and from every bad eye.” (Bukhari 3371)
5. Dua of Jibreel (peace be upon him) performed the following Ruqyah for the Prophet (peace and blessing be upon him): “Bismillaah urqik, min kulli shay’in yu’dhik, wa min sharri

kulli nafsin aw `aynin hasidin Allah yushfik, bismillaah urqik.” “In the Name of Allah, I perform Ruqyah for you, from everything that is harming you; from the evil of every soul or envious eye. May Allah heal you? In the Name of Allah I perform Ruqyah for you.” (Sunan Ibn Majah)

6. The Messenger of Allah (peace and blessing be upon him) said: “Put your hand on the part of your body where you feel pain and say ‘Bismillah (in the name of Allah) three times, then say seven times ‘A`udhu bi `izzat-illah wa qudratihi min sharri ma ajid wa uhadhir (I seek refuge in the glory and power of Allah from the evil of what I feel and worry about.’” (Muslim 2202)

PROTECTION & PRECAUTIONS AGAINST SHAYTAN

In these times of trials and tribulations we should turn to Allah, who is the only ONE who protects us, guides us to the straight path to the Paradise.

Because the Jinn can see us while we cannot see them, the Messenger of Allah (peace and blessing be upon him) taught us many ways to protect ourselves from their harm.

1. Perform five obligatory prayers daily (the best Medicine) and night prayers

“... and the most excellent prayer after what is prescribed is prayer during the night.” (Muslim 6: 2661). Said Ibn Mansur (may Allah have mercy on him) reported: “Ibn Umar (may Allah have mercy on him) said: “Not a man wakes up in the morning without having observed salatul Witr, but that a rope measuring approximately seventy cubits will be put over his head in the morning (According to Al-Hafiz, a very good chain of transmission. (According to Al-Hafiz, a very good chain of transmission (Fath: 3/25).

2. Dua for the protection from the Jinn (duas.com)

Dua (supplication) is the enemy of calamity; it wards it off and remedies it, prevents it befalling, and relieves it if it has happened. Al-Haakim narrated in his Sahih that A’ishah said that the Messenger of Allah (peace and blessing be upon him) said: “Caution is to no avail against the Divine decree and Dua is useful with regard to what has befallen and what has not yet befallen. Calamity may descend and be met by Dua, and they wrestle until the Day of Resurrection”.

“And if an evil whisper comes to you from shaytan, then seek refuge with Allah. Verily, He is All-Hearer, All-Knower” (Quran, Al-A`raf 7:200)

Morning and Evening Dua

- **Surah Ayatul Kursi:** “Whoever says this when he rises in the morning will be protected from jinn until he retires in the evening, and whoever says it when retiring in the evening will be protected from them until he rises in the morning. (Al-Hakim 1/562, Al-Albani graded it as authentic in Sahih Targhib wat-Tarhib 1/273, and traces it to An-Nasa’i and At-Tabarani)
- **Recite three times every morning and evening:** Surahs Al-Ikhlās, Al-Falaq, An-Nas: “Whoever recites these three times in the morning and in the evening, they will suffice him (as a protection) against everything. (Abu Dawud 4/322, Tirmidhi 5/567)

- **The Messenger of Allah (peace and blessing be upon him) said:** “*Bismillah illadhi la yadurru ma’a ismihi shay’un fi’l-ard wa la fi’l-sama’ wa huwa al-samee’ul-‘aleem.*” “He who says in the morning and the evening of each day: “In the name of Allah, by whose name nothing can cause harm neither on Earth nor in the Heaven and He is The All-Hearing, The All-Knowing, three times, nothing shall harm him.” (Abu Dawud 5088, Tirmidhi 3388)

Morning Dua

- After Fajr prayer to recite 100 times
“Whoever recites “La ilaha illallahu wahdahu la sharika lahu lahul mulku wa lahul hamdu wa huwa ‘ala kulli shay in qadir” one hundred times in the day will receive the reward of freeing 10 slaves, one hundred rewards will be written for him and one hundred sins wiped away, and he will be protected from Shaytan for the remainder of the day.” (Bukhari 3293, Muslim 2691).
- “Asbahnaa wa ‘asbahal-mulku lillaahi walhamdu lillaahi, laa ‘ilaaha ‘illallaahu wahdahu laa shareeka lahu, lahul-mulku wa lahul-hamdu wa Huwa ‘alaa kulli shay’in Qadeer. Rabbi ‘as’aluka khayra maa fee haathal-yawmi wa khayra maa ba’dahu wa ‘a’oothu bika min sharri maa fee haathal-yawmi wa sharri maa ba’dahu, Rabbi ‘a’oothu bika minal-kasali, wa soo’il-kibari, Rabbi ‘a’oothu bika min ‘athaabin fin-naari wa ‘athaabin fil-qabri.” “The morning has come to me and the whole universe belongs to Allah, the Lord of the Worlds. Praise is to Allah. None has the right to be worshipped but Allah alone, who has no partner. To Allah belongs the dominion, and to Him is the praise and He is Able to do all things. My Lord, I ask you for the goodness of this day and of the days that come after it, and I seek refuge in you from the evil of this day and of the days that come after it. My Lord, I seek refuge in you from laziness and helpless old age. My Lord, I seek refuge in you from the punishment of Hellfire, and from the punishment of the grave.” (Hisn Abu Dawud).

Evening Dua

“Whoever says three times in the evening: “*A’oodhu bi kalimaat Allaah al-taammah min sharri ma khalaq* (I seek refuge in the perfect words of Allah from the evil He has created” (Tirmidhi 3604)

Dua in different occasions (www.duas.com)

- Dua for entering and leaving the toilet
- Dua for entering and leaving the house
- Dua for setting foot in a new place
- Dua for entering and leaving Masjid
- Dua for new clothes, for dressing and undressing
- Dua before eating and after eating
- Dua before sexual intercourse

Saying Bismillaah (in the Name of Allah) before entering home, before eating or drinking, and before having intercourse will keep the Shaytan from entering the house or partaking with a person in his food, drink and sexual activity. Similarly, mentioning the name of Allah before entering the toilet or taking off one’s clothes will prevent the Jinn from seeing a person’s ‘awrah (private part) or harming him, as the Prophet (pbuh) said, “To put a barrier that will prevent the Jinn from seeing the ‘awrah of the sons of Adam, let any one of you say “Bismillah” when entering the toilet.”

(Tirmidhi 551, Al-Jaami' 611).

The Hadith telling, the Shayateen will stand by the door, when the person comes they listen, if he says "Bismillah, Assalaamu 'Alaikum" – if he remembers Allah the head Shaytan will say "go back, go back you have no place and no food here." But when you come into the house silent or saying any words other than the remembrance of Allah, He says "Ok come here you have a place to sleep you have food come, come" and they come into your house

"And say, 'My Lord, I seek refuge in you from the incitements of the devils. And I seek refuge in You, my Lord, lest they be present with me.'" (Quran Al Mu'minun 23:97-98).

3. Protection from the Satan before and after the intercourse

It is narrated from Imam as-Sadiq (may Allah be pleased with him): "Whenever a person makes love to his wife, Satan is present. Then, if the name of Allah is remembered, Satan goes far from there, but if the act occurs and the name of Allah is not taken, Satan takes part in that he is one with the sperm".

After the intercourse the total body purification, Ghusl, is obligatory as Jinn is attracted by the semen and vaginal humidity.

4. Make wudhu (purification) before going to bed, recite Ayatul Kursi

Sihr doesn't affect a person in a state of wudhu; for he is protected by an Angel sent by the Merciful Allah. Ibn Abbas (may Allah have mercy on him) reported: "The Prophet (peace and blessing be upon him) said, "Wash these bodies and Allah (May He be glorified and exalted) will wash you. There is not a servant, who sleeps in a state of wudhu, but an Angel accompanies him in his clothes; and there is not a moment that he moves in bed, but that the Angel says: O Allah! Forgive your servant, for he has slept in a clean state." (Transmitted by At-Tabarani in Al-Awsat. According to Al-Mundiri, the chain of transmission is very good. (At-Targhib: 2/13)

More wudhu, more prayers, fasting will give more protection and more rewards from Allah.

5. Ignore Satanic whispers (waswasah)

The unwanted obsessive thoughts are called waswasah, whispered by Shaytan into the minds and hearts of people. "Say: 'I seek refuge with Allah, the Lord of mankind, the King of mankind, the God of mankind, from the evil of the whispers of the Devil, who whispers in the hearts of men'". (Quran, An Nas 114).

And the Prophet Muhammad (peace and blessing be upon him) said: "Shaytan comes to one of you and says, 'who created so-and-so and so-and-so?' till he says, 'Who has created your Lord?' So, when he inspires such a question, one should seek refuge with Allah and give up such thoughts" (Bukhari and Muslim).

6. Constant remembrance of Allah through Dhikr

We should use Allah's remembrance (Dhikr) to ward off waswasah. Al-Nawawi (may Allah have mercy on him) said that "...when the

Shaytan hears Dhikr (remembrance of Allah) he slinks away, and Laa ilaaha ill-Allah is the best of Dhikr, and the most effective remedy for warding off waswasah is to remember Allah a great deal."

"Verily, in the remembrance of Allah do hearts find rest." (Quran, Ar-Ra'd 13:28).

"And whoever is blinded from remembrance of the Most Merciful - We appoint for him a devil, and he is to him a companion. And indeed, the devils avert them from the way (of guidance) while they think that they are (rightly) guided." (Quran, Az-Zukhruf 43:36-38).

"And whoever turns away from my remembrance - indeed, he will have a depressed life, and we will gather him on the Day of Resurrection blind." (Quran, Taha 20:124).

7. Faith and Trust in Allah alone

"And whoever fears Allah and keeps his duty to Him, He will make a way for him to get out (of every difficulty). And he will provide him from (sources) he never could imagine." (Quran, At-Talaq: 2-3).

"So when you intend to recite the Quran, seek refuge with Allah from Shaytan, the outcast. Verily! He has no power over those who believe and put their trust only in their Lord (Allah). His power is over those who obey and follow him (Shaytan) and those who join partners with Allah". (Quran An Nahl 16:99-100).

"Indeed, over my (believing) servants there is for you no authority. And sufficient is your Lord as Disposer of affairs." (Quran, Al Isra 17:65)

"Say (O Muhammad): 'Verily, my Salah (prayer), my sacrifice, my living, and my dying are for Allah, the Lord of the Alamin (mankind, jinn and all that exists). (Quran, Al-An'aam 6:162). 'Truly, Allah defends those who believe.'" (Quran, Al-Hajj 22:38).

8. Fearing Allah and not His Creation

"Satan threatens you with poverty and orders you to immorality, while Allah promises you forgiveness from Him and bounty. And Allah is all-Encompassing and knowing." (Quran, Al Baqarah 2:268).

"That is only Satan who frightens (you) of his supporters. So fear them not, but fear Me, if you are (indeed) believers." (Quran, Al-Imran 3:175).

The Prophet (peace and blessing be upon him) said to 'Umar ibn al-Khattaab: "So the Shayateen – the Jinn, they are scared of the Believers, but they have a sense, they can feel the fear and fright of mankind. So if you become scared of Jinn, they become brave and they start scaring you."

9. Obtaining Islamic knowledge (from the Right Sources)

Imam Shafai said: "All humans are dead except those who have knowledge; and all those who have knowledge are asleep except

those who do good deeds; and those who do good deeds are deceived except those who are sincere; and those who are sincere are always in a state of worry.”

10. Taking refuge and shelter in Allah

This is what the Prophet (peace and blessing be upon him) did with the devil that put a flame of fire in his face, he said:” I seek refuge in Allah from you, and I curse you with the curse of Allah.” He said that three times.

11. When night comes as the Shayateen are active during the night

It was narrated from Jaabir ibn ‘Abd-Allaah (may Allah be pleased with him) that the Prophet (peace and blessing be upon him) said: “When the wings of the night spread or when evening comes – keep your children in, for the devils come out at that time. Then when part of the night has passed, let them go. And close the doors and mention the name of Allah (Bismillah), for the Shaytan does not open a closed door. And tie up your waterskins and mention Bismillah, and cover your vessels and mention Bismillah, even if you only put something over them, and extinguish your lamps.”

“Cover vessels, tie up waterskins, close doors and extinguish lamps, for the Shaytan does not loosen waterskins or open doors or uncover vessels.” (Bukhari, 3280 and Muslim, 2012).

12. Islamic etiquettes and manners as a protection

“And tell the believing women to reduce (some) of their vision and guard their private parts and not expose their adornment except that which (necessarily) appears thereof and to wrap (a portion of) their headcovers over their chests and not expose their adornment except to their husbands, their fathers, their husbands’ fathers, their sons, their husbands’ sons, their brothers, their brothers’ sons, their sisters’ sons, their women, that which their right hands possess, or those male attendants having no physical desire, or children who are not yet aware of the private aspects of women. And let them not stamp their feet to make known what they conceal of their adornment. And turn to Allah in repentance, all of you, O believers, that you might succeed.”.”(Quran, An Noor 24:31).

NEGATIVE IONS TREATMENT

Allah, The Most Merciful, The Most High, “...sent down upon you from the sky, rain by which to purify you and remove from you the evil [suggestions] of Satan and to make steadfast your hearts and plant firmly thereby your feet.” (Quran Al Anfal 8:11).

Rain contains high concentration of Negative Ions. From this great Quranic verse, we understand that Jinn are composed of more Positive Ions.

The Negative Ions products (Ionbox 20 million Negative Ions, Negative Ions (Anion) napkins, Negative Ions bed, clothes, other products) should be used to diagnose and treat the diseases as the Negative Ions act in two ways: putting the body in alkaline and removing Satan [18].

CONCLUSION

Ibn Al-Qayyim Al-Jawziyya (may Allah has mercy on him) said: “Whoever abandons the Quran would abandon treating sickness and seeking healing through it-i.e., the Quran.” (Al-Fawaa’id Ibn Qayyim, p.156)

Ibn Taymiyyah (may Allah have mercy on him) said that "Jinn Possession has been well-documented since Hippocrates period. But the term Jinn Possession is seldom mentioned in Medicine. Instead, the doctors speak about the diseases with unknown causes and their symptoms are treated with drugs which take effect by turning the patients into virtual vegetables."

The knowledge about Jinn diseases and exorcism by Quranic verses should be in all Medical Institutions in order to help mankind achieve bliss in this life and to have the Allah’s rewards.

Ibn Taymiyyah (may Allah have mercy upon him) said in his book, *Al-Fatawaa*, “Applying this knowledge of Quranic medicine is compulsory upon whoever learns it. Because it is equivalent to relieving the troubled, helping the oppressed, liberating the distressed and supporting the weak."

There are many diseases with unknown causes and no medical cure (autoimmune, neurodegenerative, psychiatric, psoriasis, cancer etc.) which may be due to the Jinn involvement directly or indirectly. The doctors treat only symptoms and with the medications sometimes having heavy side effects. When it can be cured by Allah’s words with almost no cost and no traces of the disease left and when Ruqya is associated to the Negative Ions which are mentioned in the Noble Quran, the cure is quicker [9, 18, 19].

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