## Research Article

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# Ribbonness of Kervaire's Sphere-Link in Homotopy 4-Sphere and its Consequences to 2-Complexes 

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#### Abstract

M. A. Kervaire showed that every group of deficiency $d$ and weight $d$ is the fundamental group of a smooth sphere-link of d components in a smooth homotopy 4-sphere. In the use of the smooth unknotting conjecture and the smooth 4D Poincar'e conjecture, any such sphere-link is shown to be a sublink of a free ribbon sphere-link in the 4-sphere. Since every ribbon sphere-link in the 4-sphere is also shown to be a sublink of a free ribbon sphere-link in the 4-sphere, Kervaire's sphere-link and the ribbon sphere-link are equivalent con- cepts. By applying this result to a ribbon disklink in the 4-disk, it is shown that the compact complement of every ribbon disk-link in the 4-disk is aspherical. By this property, a ribbon disk-link presentation for every contractible finite 2-complex is introduced. By using this presentation, it is shown that every connected subcomplex of a contractible finite 2-complex is aspherical (meaning partially yes for Whitehead aspherical conjecture).


Keywords: Kervaire's Sphere-Link, Ribbon Sphere-Link, 2-Complex, Whitehead Aspherical Conjecture.

## 1. Introduction

A group with finite presentation $<x_{1}, x_{2}, \ldots, x_{n} \mid r_{1}, r_{2}, \ldots, r_{n-d}>$ is called a group of deficiency d . A group $G$ has weight $d$ if there are $d$ elements $w_{1}, w_{2}, \ldots, w_{d}$ in $G$ whose normal closure is equal to $G$, where the system of elements $w_{1}, w_{2}, \ldots, w_{d}$ is called a weight system of $G$. Let $X$ be a closed connected oriented smooth 4-manifold. A sphere-link or an $S^{2}$-link in $X$ is a disjoint sphere system smoothly embedded in $X$. A surgery of $X$ along a loop system $k_{i}(i=1,2, \ldots$ $., n)$ is the operation replacing a normal $\mathrm{D}^{3}$-bundle system $k_{i} \times D^{3}$ $(i=1,2, \ldots, n)$ of $k_{i}(i=1,2, \ldots, n)$ in $X$ by a normal $\mathrm{D}^{2}$-bundle system $D_{i}^{2} \times S^{2}(i=1,2, \ldots, n)$ of the 2 -sphere system $K_{i}=0_{i} \times$ $S^{2}(i=1,2, \ldots, n)$ under the identifications that $\partial D_{i}^{2}=k_{i}(i=1$, $2, \ldots, n)$ and $\partial D^{3}=S^{2}$. Let $X^{\prime}$ be the smooth 4-manifold resulting from $X$ by this surgery. The spheres $K_{i}(i=1,2, \ldots, n)$ form an $S^{2}$-link $K$ in $X^{\prime}$. The 4-manifold $X^{\prime}$ is said to be obtained from the 4-manifold $X$ by surgery along a loop system $k_{i}(i=1,2, \ldots, n)$ in $X$, and conversely the 4-manifold $X$ is said to be obtained from the 4-manifold $X^{\prime}$ by surgery along a sphere system $K$ in $X^{\prime}$. Note that there are canonical fundamental group isomorphisms

$$
\pi_{1}(X, v) \cong \pi_{1}(X \backslash k, v) \cong \pi_{1}\left(X^{\prime} \backslash K, v\right)
$$

by general position. The closed $4 D$ handlebody of genus $n$ is the 4-manifold

$$
Y^{S}=S^{4} \#_{i=1}^{n} S^{1} \times S_{i}^{3}
$$

which is the connected sum of $S^{4}$ and $n$ copies $S^{1} \times S_{i}^{3}(i=1,2, \ldots$ ,$n$ ) of the closed 4D handle $S^{1} \times S^{3}$. A legged loop system with base
point $v$ in $X$ is a graph $\omega k$ of legged loops $\omega_{i} k_{i}(i=1,2, \ldots, d)$ embedded in $X$ consisting of a disjoint simple loop system $k_{i}(i=1$, $2, \ldots, d)$ and a leg system (=embedded path system) $\omega_{i}(i=1,2$, . $\ldots, d)$ such that $\omega_{i}$ connects the base point v and a point $p_{i} \in k_{i}$ for every $i$ and the legs $\omega_{i}$ for all $i$ are made disjoint except for the base point $v$. The fundamental group $\pi_{1}\left(Y^{S}, v^{S}\right)$ is identified with the free group $<x_{1}, x_{2}, \ldots, x_{n}>$ with basis $x_{1}, x_{2}, \ldots, x_{n}$ represented by the standard legged loop system $\omega^{S} x$ of legged loops $\omega_{i} k_{i}(i=1,2, \ldots$ .,$n$ ) with base point $v^{S}$ in $Y^{S}$ using the standard loop $k_{i}=S^{1} \times 1_{i}$ of $S^{1} \times S_{i}^{3}$ and a leg $\omega_{i}$ joining point $v^{S}$ in $Y^{S}$ using the standard loop $k_{i}=S^{1} \times 1_{i}$ of $S^{1} \times S_{i}^{3}$ and a leg $\omega_{i}$ joining $\nu^{S}$ and the point $\left(1,1_{i}\right) \in$ $1 \times S_{i}^{3}$ not meeting $1 \times\left(S_{i}^{3} \backslash\{1\}\right)$, for every $i$. A smooth homotopy 4-sphere is a smooth 4-manifold $M$ homotopy equivalent to the 4 -sphere $S^{4}$. A meridian system of an $S^{2}$-link $K$ with $k$ components in $M$ is a legged loop system $\omega m$ with base point $v$ in $M \backslash K$ whose loop system $m$ consists of a meridian loop of every component of $K$. Kervaire showed the following theorem in [1].
(The condition that $H_{1}(G)=G /[G, G]$ is a free abelian group of rank $d$ is omitted since every group $G$ of deficiency $d$ and weight $d$ has this condition.)

## Kervaire's Theorem

For every group $G$ of deficiency $d$ and weight $d$, there is an $S^{2}$ link $K$ with $d$ components in a smooth homotopy 4 -sphere $M$ such that there is an isomorphism $G \cong \pi_{1}(M \backslash K, v)$ sending the weight system to a meridian system of $K$.

The construction of an $S^{2}$-link in this theorem is explained as follows.

Construction of Kervaire's $S^{2}$-link. Let $<x_{1}, x_{2}, \ldots, x_{n} \mid r_{1}, r_{2}, \ldots, r_{n-d}$ $>$ be a finite presentation of $G$ of deficiency $d$, and $w_{1}, w_{2}, \ldots, w_{d}$ a weight system of $G$. Let $G(n ; n-d, d)$ be the triple system of the free group $<x_{1}, x_{2}, \ldots, x_{n}>$, the relator system $r_{1}, r_{2}, \ldots, r_{n-d}$ written as words in $x_{1}, x_{2}, \ldots, x_{n}$ and a weight system $w_{1}, w_{2}, \ldots, w_{d}$ written as words in $x_{1}, x_{2}, \ldots, x_{n}$. Identify the free group $<x_{1}, x_{2}, \ldots, x_{n}>$ with the fundamental group $\pi_{1}\left(Y^{S}, v^{S}\right)$ of the 4D closed handlebody $Y^{s}$. Let $X$ be a 4-manifold obtained from $Y^{\mathrm{S}}$ by surgery along a loop system $k\left(r_{1}\right), k\left(r_{2}\right), \ldots, k\left(r_{n-d}\right)$ in $Y^{S}$ representing the words $r_{1}, r_{2}, \ldots, r_{n-d}$ in $\pi_{1}\left(Y^{s}, v^{s}\right)$. The fundamental group $\pi_{1}\left(X, v^{s}\right)$ has the presentation $<x_{1}, x_{2}, \ldots, x_{n} \mid r_{1}, r_{2}, \ldots, r_{n-d}>$ by Seifert-van Kampen theorem. Let M be the 4 -manifold obtained by surgery along a loop system $k\left(w_{1}\right), k\left(w_{2}\right), \ldots, k\left(w_{d}\right)$ in $X$ representing the weight system $w_{1}, w_{2}, \ldots, w_{d}$ of $\pi_{1}\left(X, v^{S}\right)$. The manifold $M$ is a smooth homotopy 4 -sphere by Seifert-van Kampen theorem. The $\mathrm{S}^{2}$-link K of d components in $M$ is given by the core spheres $K_{i}=0_{i} \times \partial D^{3}(i=1,2, \ldots, d)$ of $D_{i}{ }_{i} \times \partial D^{3}$ replacing $k\left(w_{i}\right) \times D^{3}(i$ $=1,2, \ldots, d)$. The fundamental group $\pi_{1}(M \backslash K, v)$ is isomorphic to $\pi_{1}(X, v) \cong G$ by an isomorphism sending a meridian system of $K$ in $M$ to the weight system $w_{1}, w_{2}, \ldots, w_{d}$. This completes the construction of Kervaire's $S^{2}$-link.

Kervaire's $S^{2}$-link $K$ in this construction is uniquely determined by the triple system $G(n ; n-d, d)$ of the free group $<x_{1}, x_{2}, \ldots, x_{n}$ $>$, the relator system $r_{1}, r_{2}, \ldots, r_{n-d}$ and the weight system $w_{1}, w_{2}$, $\ldots, w_{d}$, which is called Kervaire's $S^{2}$-link of type $G(n ; n-d, d)$ or simply an $S^{2}$-link of type $G(n ; n-d, d)$. For a smooth surface-link L in $S^{4}$, the fundamental group $\pi_{1}\left(S^{4} \backslash L, v\right)$ is a meridian-based free group if $\pi_{1}\left(S^{4} \backslash L, v\right)$ is a free group with a basis represented by a meridian system of $L$ with base point $v$. A smooth surfacelink $L$ in $S^{4}$ is a trivial surface-link if the components of $L$ bound disjoint handlebodies smoothly embedded in $S^{4}$. In this paper, Kervaire's $S^{2}$-link is studied by using Smooth 4D Poincaré Conjecture and Smooth Unknotting Conjecture for a surfacelink stated as follows:

Smooth 4D Poincaré Conjecture. Every 4D smooth homotopy 4-sphere $M$ is diffeomorphic to $S^{4}$.

Smooth Unknotting Conjecture. Every smooth surface-link $F$ in $S^{4}$ with a meridian-based free fundamental group $\pi_{1}\left(S^{4} \backslash F, v\right)$ is a trivial surface-link.

The positive proofs of these conjectures are in [2] and [3-5], respectively. From now on, every smooth homotopy 4-sphere $M$ is identified with the 4-sphere $S^{4}$. An $S^{2}-\operatorname{link} L$ in $S^{4}$ is a ribbon $S^{2}$-link if $L$ is an $S^{2}$-link obtained from a trivial $S^{2}$-link $O$ in $S^{4}$ by surgery along embedded 1 -handles on $O$. See [8, II], [6] for earlier concept of a ribbon surface-link. An $S^{2}$-link L in $S^{4}$ is a free $S^{2}$-link of rank $n$ if the fundamental group $\pi_{1}\left(S^{4} \backslash L, v\right)$ is a (not necessarily meridian based) free group of rank $n$. The following theorem is the first result of this paper.

Theorem 1.1. The following three statements on an $S^{2}$-link $K$ with d components in the 4 -sphere $S^{4}$ are mutually equivalent:
(1) The $S^{2}$-link $K$ is an $S^{2}$-link of type $G(n ; n-d, d)$ for some $n$.
(2) The $S^{2}$-link $K$ is a sublink with $d$ components of a free ribbon $S^{2}$-link of some rank $n$.
(3) The $S^{2}$-link $K$ is a ribbon $S^{2}$-link with $d$ components.

By combining Kervaire's Theorem with Theorem 1.1, the following characterization of the fundamental group $\pi_{1}\left(S^{4} \backslash K, v\right)$ of a ribbon $S^{2}$-link $K$ in $S^{4}$ is obtained.

Corollary 1.2. A group $G$ is a group of deficiency $d$ and weight d if and only if $G$ is isomorphic to the group $\pi_{1}\left(S^{4} \backslash K, v\right)$ of a ribbon $S^{2}$-link $K$ of $d$ components in $S^{4}$ by an isomorphism sending the weight system of $G$ to a meridian system of $K$.

In the proof of Theorem 1.1, the claim that every free $S^{2}$-link is a free ribbon $S^{2}$-link is needed whose proof was done in [11]. For completeness of the present argument, this claim is moved to Appendix of this paper as Free Ribbon Lemma together with the proof. The proof of Theorem 1.1 is done in Section 2 by assuming Free Ribbon Lemma. A trivial proper disk system in the 4 -disk $D^{4}$ is a disjoint proper disk system $D_{i}(i=1,2, \ldots$, $n$ ) in $D^{4}$ obtained by an interior push of a disjoint disk system $D_{i}^{0}(i=1,2, \ldots, n)$ in the 3 -sphere $S^{3}=\partial D^{4}$. A ribbon disk-link of d components is a disjoint proper disk system $L^{D}$ in $D^{4}$ which is obtained by an interior push of a disjoint disk system that is the union of a trivial proper disk system $D_{i}(i=1,2, \ldots, n)$ in $D^{4}$ for some n and a disjoint band system $b^{0}{ }_{j}(j=1,2, \ldots, n-d)$ in $S^{3}$ spanning the trivial link $\partial D_{i}(i=1,2, \ldots, n)$ in $S^{3}$. The link $\partial L^{D}$ in $S^{3}$ is called a classical ribbon link. By construction, the double of a ribbon disk-link $L^{D}$ of $k$ components in $D^{4}$ is a ribbon $S^{2}$-link $L$ of $k$ components in $S^{4}$. It is a standard fact that every ribbon $S^{2}$-link ( $S^{4}, L$ ) is considered as the double ( $D^{4} \cup-$ $\left.D^{4}, L^{D} \cup-L^{D}\right)$ of a ribbon disk-link $\left(D^{4}, L^{D}\right)$ and its copy $\left(-D^{4},-L^{D}\right)$, namely $\left(S^{4}, L\right)=\left(\partial\left(D^{4} \times I\right), \partial\left(L^{D \times I}\right)\right), I=[-1,1]$. To construct a ribbon disk-link $\left(D^{4}, L^{D}\right)$ from a ribbon $S^{2}$-link $\left(S^{4}, L\right)$, it is noted that a trivial $S^{2}$-link O and embedded 1 -handles to construct L are always isotopically deformed into a symmetric position with respect to the equatorial 3-sphere $S^{3}=\partial D^{4}=\partial\left(-D^{4}\right)$ in $S^{4}=D^{4}$ $\mathrm{U}-D^{4}$ (see [8, II]). A free ribbon disk-link of rank $n$ is a ribbon disk-link $L^{D}$ in $D^{4}$ such that the fundamental group $\pi_{1}\left(D^{4} \backslash L^{D}\right.$, $v$ ) is a free group of rank $n$. In Lemma 3.1, it is shown that the inclusion $\left(D^{4}, L^{D}\right) \rightarrow\left(S^{4}, L\right)$ induces an isomorphism

$$
\pi_{1}\left(D^{4} \backslash L^{D}, v\right) \rightarrow \pi_{1}\left(S^{4} \backslash L, v\right)
$$

Thus, the $S^{2}$-link $L$ is a free ribbon $S^{2}$-link in $S^{4}$ if and only if the ribbon disk-link $L^{D}$ is a free ribbon disk-link in $D^{4}$. The compact complement of a ribbon disk-link $L^{D}$ in the 4 -disk $D^{4}$ is the compact 4-manifold $E\left(L^{D}\right)=\operatorname{cl}\left(D^{4} \backslash N\left(L^{D}\right)\right)$ for a normal disk-bundle $N\left(L^{D}\right)=L^{D} \times D^{2}$ of $L^{D}$ in $D^{4}$. By Theorem 1.1, every ribbon $S^{2}$-link $K$ is a sublink of a free ribbon $S^{2}$-link $L$ of some rank $n$, so that every ribbon disk-link $K^{D}$ is a sublink of a free ribbon disk-link $L^{D}$ of some rank $n$ by Lemma 3.1. A connected complex is understood as a cell complex $P$ obtained from a bouquet of loops, called the 1 -skelton $P^{1}$ of $P$, by adding $q(\geq$ 2)-cells to $P^{1}$. A connected complex is aspherical if the universal covering space is contractible. A connected 2-complex $P$ is aspherical if and only if the second homotopy group $\pi_{2}(P, v)=0$.

For a subcomplex $P^{\prime}$ of a cell complex $P$, a deformation retract from $P$ to $P^{\prime}$ is a map $r: P \rightarrow P^{\prime}$ such that the composite map ir $: P \rightarrow P$ for the inclusion $i: P^{\prime} \subset P$ is homotopic to the identity $1: P \rightarrow P$, where if the homotopy is further relative to $P^{\prime}$, then the map $r$ is called a strong deformation retract from $P$ to $P^{\prime}$ (see [9]). It is shown in Lemma 3.2 that for every free ribbon disklink $L^{D}$ in $D^{4}$, there is a strong deformation retract

$$
r: E\left(L^{D}\right) \rightarrow \omega x
$$

from the compact complement $E\left(L^{D}\right)$ to a legged $n$-loop system $\omega x$ in $E\left(L^{D}\right)$ representing the free group $\pi_{1}\left(E\left(L^{D}\right), v\right)=<x_{1}, x_{2}, \ldots$, $x_{n}>$. Section 3 is devoted to explanations of Lemmas 3.1 and 3.2 on ribbon disk-links. In Section 4, a decomposition of the 4-disk $D^{4}$ into a normal disk-bundle $N\left(L^{D}\right)=L^{D} \times D^{2}$ of a free ribbon disk-link $L^{D}$ and the compact complement $E\left(L^{D}\right)$ is considered. Let $Q\left(L^{D}\right)=E\left(L^{D}\right) \cup N\left(L^{D}\right)$ denote this decomposition of $D^{4}$. For a disk-link $L^{D}$ of $n$ components, let $p_{*}=\left\{p_{i} \mid i=1,2, \ldots, n\right\}$ be a set of $n$ points, one point taken from each component of $L^{D}$. The strong deformation retract $N\left(L^{D}\right) \rightarrow p_{*} \times D^{2}$ shrinking $L^{D}$ into $p_{*}$ and the strong deformation retract $r: E\left(L^{D}\right) \rightarrow \omega x$ in Lemma 3.2 define a map

$$
\rho: Q\left(L^{D}\right) \rightarrow P\left(L^{D}\right)
$$

with $P\left(L^{D}\right)$ a finite 2-complex consisting of the 1-skelton $P\left(L^{D}\right)^{1}$ $=\omega x$ and the 2-cells $p_{*} \times D^{2}$ attached by the attaching map $p_{*} \times$ $\partial D^{2} \rightarrow \omega x$ defined by $r$. The map $\rho$ is called a ribbon disk-link presentation for the finite 2-complex $P\left(L^{\mathrm{D}}\right)$. A 1-full subcomplex of a cell complex $P$ is a subcomplex $P^{\prime}$ of $P$ such that the 1 -skelton $\left(P^{1}\right)^{1}$ of $P^{\prime}$ is equal to the 1 -skelton $P^{1}$ of $P$. For a sublink $K^{D}$ of $L^{D}$, let $N\left(K^{D}\right)=K^{D} \times D^{2}$ be the subbundle of the disk-bundle $N\left(L^{D}\right)$. Then the union $Q\left(L^{D}, K^{D}\right)=E\left(L^{D}\right) \cup N\left(K^{D}\right)$ is a decomposition of the compact complement $E\left(L^{D} \backslash K^{D}\right)$ of the sublink $L^{D} \backslash K^{D}$ of $L^{D}$ in $D^{4}$ and the ribbon disk-link presentation $\rho: Q\left(L^{D}\right) \rightarrow P\left(L^{D}\right)$ for $P\left(L^{D}\right)$ sends $Q\left(L^{D}, K^{D}\right)$ to a 1-full 2-subcomplex $P\left(L^{D}, K^{D}\right)$ of $P\left(L^{D}\right)$. Further, every 1-full 2-subcomplex of $P\left(L^{D}\right)$ is obtained from a sublink $K^{D}$ of $L^{D}$ in this way. The following theorem is shown in Section 4.

Theorem 1.3. For every free ribbon disk-link $L^{D}$ in the 4-disk $D^{4}$, the ribbon disk-link presentation $\rho: Q\left(L^{D}\right) \rightarrow P\left(L^{D}\right)$ for the finite 2-complex $P\left(L^{D}\right)$ induces a homotopy equivalence $Q\left(L^{D}, K^{D}\right) \rightarrow$ $P\left(L^{D}, K^{D}\right)$ for every sublink $K^{D}$ of $L^{D}$ including $K^{D}=\varnothing$ and $K^{D}$ $=L^{D}$. In particular, the finite 2-complex $P\left(L^{D}\right)$ is contractible. Further, every contractible finite 2-complex $P$ is taken as $P=$ $P\left(L^{D}\right)$ for a free ribbon disk-link $L^{D}$ in the 4-disk $D^{4}$.

In Section 5, the following theorem is shown by using Theorem 1.3.

Theorem 1.4. The compact complement $E\left(K^{D}\right)$ of every ribbon disk-link $K^{D}$ in the 4-disk $D^{4}$ is aspherical.

The asphericity of the compact complement of a ribbon diskknot in $D^{4}$ has been conjectured by Howie [10] after having found some gaps on the arguments of Yanagawa [11] and Asano, Marumoto, Yanagawa [12]. Since the fundamental group of an
aspherical complex is torsion-free, the following corollary is obtained from Lemma 3.1 and Theorem 1.4.

Corollary 1.5. The fundamental group $\pi_{1}\left(S^{4} \backslash L, v\right)$ of every ribbon $S^{2}$-link in the 4 -sphere $S^{4}$ is torsion-free.

This result gives the positive answer to the author's old question in $[8, \mathrm{II}(\mathrm{pp} .57-58)]$. The following corollary is obtained from Theorems 1.3 and 1.4, because if a connected subcomplex $P^{\prime}$ of a contractible finite 2-complex $P$ is not 1 -full, then a 1 -full subcomplex $P^{\prime \prime}$ of $P$ is constructed from $P^{\prime}$ by adding a bouquet of some loops in the 1 -skelton $P^{1}$ of P to $P^{\prime}$, and $P^{\prime \prime}$ is aspherical if and only if $P^{\prime}$ is aspherical.

Corollary 1.6. Every connected subcomplex of every contractible finite 2-complex is aspherical.

This result is a partial positive confirmation of Whitehead aspherical conjecture claiming that every connected subcomplex of an aspherical 2-complex is aspherical [13].

## 2. Proof of Theorem 1.1

The following lemma is a standard result obtained as a corollary of Smooth 4D Poincaré Conjecture and Smooth Unknotting Conjecture and shown in [2, Corollary 1.5] without a mention of a legged loop system.

Lemma 2.1. Every closed connected orientable smooth 4-manifold $Y$ with $\pi_{1}(Y, v)$ a free group and $H_{2}(Y ; Z)=$ 0 is diffeomorphic to the closed 4D handlebody $Y^{S}$ by a diffeomorphism $f: Y \rightarrow Y^{S}$ sending any given a legged loop system $\omega x$ with base point v representing a basis $x_{1}, x_{2}, \ldots, x_{n}$ of $\pi_{1}(Y, v)$ to a standard legged loop system $\omega^{S} x$ of $Y^{s}$. For any given spin structures on $Y$ and $Y^{S}$, the diffeomorphism f can be taken spin-structure-preserving.

Proof of Lemma 2.1. Let $M$ be the 4-manifold obtained from Y by surgery along the loop system $k(\omega x)$ of $\omega x$, which is identified with $S^{4}$ by Smooth 4D Poincaré Conjecture since it is a smooth homotopy 4 -sphere by the van Kampen theorem and a homological argument. Let $L$ be the $S^{2}$-link in $S^{4}$ obtained from $k(\omega x)$ by the surgery. Then $\pi_{1}\left(S^{4} \backslash L, v\right)=<x_{1}, x_{2}, \ldots, x_{n}$ $>$ and the legged loop system $\omega x$ with base point $v$ in $Y$ is a meridian system of $L$ in $S^{4}$ representing the basis $x_{1}, x_{2}, \ldots, x_{n}$. By Smooth Unknotting Conjecture for an $S^{2}$-link, the $S^{2}$-link $L$ bounds disjoint 3-balls smoothly embedded in $S^{4}$ so that each 3-ball meets $\omega x$ with just one transverse intersection point in the loop system $k(\omega x)$ (see [5]). By the back surgery from $(M, \mathrm{~L})$ to ( $Y, k(\omega x)$ ), there is an orientation-preserving diffeomorphism $f$ $: Y \rightarrow Y^{S}$ with $f(\omega x)=\omega^{S} x$. Given any spin structures on $Y$ and $Y^{S}$, note that there is an orientation-preserving spin-structurechanging diffeomorphism : $S^{1} \times S^{3} \rightarrow S^{1} \times S^{3}$ (see [14] for a similar diffeomorphism on $S^{1} \times S^{2}$ ). Thus, by composing $f$ with the orientation-preserving spin-structure-changing diffeomorphisms on some connected summands of $Y^{S}$ which are copies of $S^{1} \times S^{3}$, the diffeomorphism $f: Y \rightarrow Y^{s}$ is modified into an orientationpreserving spin-structure-preserving diffeomorphism.This completes the proof of Lemma 2.1.

The proof of Theorem 1.1 is done as follows.

### 2.2 Proof of Theorem 1.1.

Proof of $(1) \rightarrow(2)$. Assume that an $S^{2}$-link $K$ of type $G(n ; n-d, d)$ in $S^{4}$ for any $n$ is constructed from the triple system $G(n ; n-d, d)$ consisting of the free basis $x_{i}(i=1,2, \ldots, n)$, the relator system $r_{i}(i=1,2, \ldots, n-d)$ written as words in $x_{i}(i=1,2, \ldots, n)$ and a weight system $w_{j}(j=1,2, \ldots, d)$ written as words in $x_{i}(i$ $=1,2, \ldots, n)$. The fundamental group $\pi_{1}\left(Y^{S}, v^{S}\right)$ of $Y^{S}$ of rank $n$ is identified with the free group $<x_{1}, x_{2}, \ldots, x_{n}>$. Note that the elements $r_{i}, w_{j}(i=1,2, \ldots, n-d ; j=1,2, \ldots, d)$ form a weight system of the free group $\pi_{1}\left(Y^{S}, v^{S}\right)$. Represent the elements $r_{i}, w_{j}$ $\in \pi_{1}\left(Y^{S}, v^{S}\right)(i=1,2, \ldots, n-d ; j=1,2, \ldots, d)$ by a disjoint simple loop system $k\left(r_{i}\right), k\left(w_{i}\right)(i=1,2, \ldots, n-d ; j=1,2, \ldots$ $, d)$ in $Y^{S}$. The 4-manifold $M$ obtained from $Y^{S}$ by surgery along the loop system $k\left(r_{i}\right), k\left(w_{j}\right)(i=1,2, \ldots, n-d ; j=1,2, \ldots, d)$ is a smooth homotopy 4 -sphere identified with $S^{4}$. Let $L$ be the $S^{2}$-link in $S^{4}$ of the sphere system $K\left(r_{i}\right), K\left(w_{j}\right)(i=1,2, \ldots, n-d$; $j=1,2, \ldots, d)$ occurring from the loop system $k\left(r_{i}\right), k\left(w_{j}\right)(i=1$, $2, \ldots, n-d ; j=1,2, \ldots, d)$ by the surgery. The fundamental group $\pi_{1}\left(S^{4} \backslash L, v\right)$ is isomorphic to the free group $<x_{1}, x_{2}, \ldots, x_{n}>$ by an isomorphism sending a meridian system of $L$ to the weight system $r_{i}, w_{j}(i=1,2, \ldots, n-d ; j=1,2, \ldots, d)$. By Free Ribbon Lemma of Appendix, the $S^{2}$-link $L$ is a free ribbon $S^{2}$-link in $S^{4}$ of rank $n$. The sublink of $L$ consisting of the components $K\left(w_{j}\right)(j=$ $1,2, \ldots, d)$ is is just the $S^{2}$-link $K$ of type $G(n ; n-d, d)$, which is a sublink of the free ribbon $S^{2}-\operatorname{link} L$ in $S^{4}$. This shows (1) $\rightarrow$ (2).

$$
\pi_{1}\left(S^{4} \backslash W, v\right) \rightarrow \pi_{1}\left(S^{4} \backslash\left(K \cup O^{\prime}\right), v\right)
$$

This is because there are deformation retracts from $W$ to a 2-complex consisting of $K \cup O^{\prime}$ and some spanning arcs and from $W$ to a 2-complex consisting of $O$ and some spanning arcs, and the spanning arcs do not affect the fundamental group. Since $\pi_{1}\left(S^{4} \backslash O, v\right)$. is a free group of rank $n$, the $S^{2}$-link $L=K \cup O^{\prime}$ of $n$ components is a free ribbon $S^{2}$-link of rank $n$ in $S^{4}$ containing $K$ as a sublink. This shows (3) $\rightarrow(2)$.
This completes the proof of Theorem 1.1.

## 3. Basic Lemmas of ribbon disk-links

For a ribbon disk-link ( $D^{4}, L^{D}$ ) of a ribbon $S^{2}$-link $\left(S^{4}, L\right)$, let $\alpha$ be the reflection of $\left(S^{4}, L\right)$ exchanging ( $D^{4}, L^{D}$ ) and the other copy $\left(-D^{4},-L^{D}\right)$ in $\left(S^{4}, L\right)$. Although the following lemma may be more or less known (cf. [11]), the proof is given here for convenience.

Lemma 3.1. For a ribbon disk-link $L^{D}$ in $D^{4}$ of a ribbon $S^{2}$-link $L$ in $S^{4}$, the inclusion $\left(D^{4}, L^{D}\right) \rightarrow\left(S^{4}, L\right)$ induces an isomorphism

$$
\pi_{1}\left(D^{4} \backslash L^{D}, v\right) \rightarrow \pi_{1}\left(S^{4} \backslash L, v\right)
$$

Proof of Lemma 3.1. Use the retraction $S^{4} \backslash L \rightarrow D^{4} L^{D}$ induced from the quotient by the reflection $\alpha$. Then the canonical homomorphism $\pi_{1}\left(D^{4} \backslash L^{D}, v\right) \rightarrow \pi_{1}\left(S^{4} \backslash L, v\right)$ is shown to be a monomorphism. On the other hand, for the copy $\left(-D^{4},-L^{D}\right)$ of

Proof of (2) $\rightarrow$ (1). Let $K$ be a sublink of $d$ components of a free ribbon $S^{2}$-link $L$ of $n$ components in $S^{4}$ of rank $n$. Let $\pi_{1}\left(S^{4} \backslash L\right.$, $v)=<x_{1}, x_{2}, \ldots, x_{n}>$. Let $Y$ be the 4-manifold obtained from $S^{4}$ by surgery along $L$. By Lemma 2.1, $Y$ is identified with $Y^{s}$ of genus n such that $\pi_{1}\left(S^{4} \backslash L, v\right)=<x_{1}, x_{2}, \ldots, x_{n}>$ is identified with $\pi_{1}\left(Y^{S}, v^{S}\right)$ by an isomorphism sending a meridian system of $L$ in $S^{4}$ to a weight system of $\pi_{1}\left(Y^{S}, v^{S}\right)$. This means that the ribbon $S^{2}$-link $K$ is nothing but an $S^{2}$-link of type $G(n ; n-d, d)$ for the triple system $G(n ; n-d, d)$ consisting of the free group $\pi_{1}\left(Y^{S}\right.$, $v)=<x_{1}, x_{2}, \ldots, x_{n}>$, a relator system $r_{1}, r_{2}, \ldots, r_{n-d}$ coming from the meridian system of $L \backslash K$, and a weight system $w_{1}, w_{2}, \ldots, w_{d}$ coming from the meridian system of $K$. This shows (2) $\rightarrow$ (1).

Proof of (2) $\rightarrow$ (3). This proof is trivial.
Proof of $(3) \rightarrow(2)$. By definition, assume that a ribbon $S^{2}$-link $K$ of $d$ components in $S^{4}$ is obtained from a trivial $S^{2}$-link $O$ of $n$ components in $S^{4}$ by surgery along a 1-handle system $h$ on $O$. Let $O \times[0,1]$ be a collar of $O$ in $S^{4}$ where the 1-handle system h meets only to $O \times 0$, and $W=O \times[0,1] \cup h$ a d-component compact 3-manifold bounded by $K \cup O \times 1$. Let $K_{i}(i=1,2$, . $\ldots, d)$ be the components of $K$. Let $O^{\prime}$ be a sublink of $O \times 1$ of $n-d$ components obtained by removing any one component of $O \times 1$ from the boundary of the component of $W$ containing the component $K_{i}$ for every $i$. Then there are isomorphisms
and $\quad \pi_{1}\left(S^{4} \backslash W, v\right) \rightarrow \pi_{1}\left(S^{4} \backslash O, v\right)$.
$\left(D^{4}, L^{D}\right)$, the inclusion $\left(\partial\left(-D^{4}\right), \partial\left(-L^{D}\right)\right) \rightarrow\left(-D^{4},-L^{D}\right)$ induces an epimorphism $\pi_{1}\left(\partial\left(-D^{4}\right) \backslash \partial\left(-L^{D}\right), v\right) \rightarrow \pi_{1}\left(-D^{4} \backslash-L^{D}, v\right)$ by the definition of ribbon disk-link and Seifert-van Kampen theorem. This means that the canonical monomorphism $\pi_{1}\left(D^{4} \backslash L^{D}, v\right) \rightarrow$ $\pi_{1}\left(S^{4} \backslash L, v\right)$ is also an epimorphism and thus, an isomorphism.

The $4 D$ handlebody of genus $n$ is the 4-manifold

$$
Y^{D}=D^{4}{ }_{\partial} \#_{i=1}^{n} S^{1} \times D_{i}^{3}
$$

which is the boundary connected sum of $D^{4}$ and $n$ copies $S^{1}$ $\times D_{i}^{3} \quad(i=1,2, \ldots, n)$ of the 4 D handle $S^{1} \times D^{3}$. By using the asphericity of $Y^{D}$, the following lemma is obtained.

Lemma 3.2. For every free ribbon disk-link $L^{D}$ of rank $n$ in $D^{4}$, there is a strong deformation retract

$$
r: E\left(L^{D}\right) \rightarrow \omega x
$$

from the compact complement $E\left(L^{D}\right)$ to a legged $n$-loop system $\omega x$ with base point $v$ in $E\left(L^{D}\right)$ representing any basis $x_{1}, x_{2}, \ldots$, $x_{n}$ of the free group $\pi_{1}\left(E\left(L^{D}\right), v\right)$.

Proof of Lemma 3.2. Let $L$ be the free ribbon $S^{2}$-link of rank $n$ in $S^{4}$ obtained by taking the double of $\left(D^{4}, L^{D}\right)$. Note that the double

$$
Y=\partial\left(E\left(L^{D}\right) \times I\right)=E\left(L^{D}\right) \times\{-1\} \cup\left(\partial E\left(L^{D}\right)\right) \times I \cup E\left(L^{D}\right) \times\{1\}
$$

of $E\left(L^{D}\right)$ is diffeomorphic to the 4-manifold $Y^{\prime}$ obtained from $S^{4}$ by surgery along $L$. Since there is a canonical isomorphism $\pi_{1}\left(S^{4} \backslash L, v\right)=<x_{1}, x_{2}, \ldots, x_{n}>\rightarrow \pi_{1}\left(Y^{\prime}, v\right)$ and $H_{2}\left(Y^{\prime} ; \mathbf{Z}\right)=0$, the 4-manifold $Y^{\prime}$ is identified with $Y^{S}$ under the canonical identities $\pi_{1}\left(E\left(L^{D}, v\right)=\pi_{1}\left(Y^{S}, v\right)=<x_{1}, x_{2}, \ldots, x_{n}>\right.$ by Lemmas 2.1 and 3.1. Let $\omega x$ be a legged $n$-loop system in $E\left(L^{D}\right)$, and $-\omega x$ a copy of $\omega x$ in the copy $-E\left(L^{D}\right)$ of $E\left(L^{D}\right)$ in $Y^{\prime}=Y^{S}$. Note that $\pm \omega x$ are isotopically deformed into the standard $n$-loop system in $Y^{s}$. Let $N(\omega x)$ be a regular neighborhood of $\omega x$ in $E\left(L^{D}\right)$, and $N(-\omega x)$ the copy of $N(\omega x)$ in the copy $-E\left(L^{D}\right)$. Since $N(\omega x)$ is diffeomorphic to the 4D handlebody $Y^{D}$ of genus $n$, it is shown that the compact complement $E\left(L^{D}\right)^{+}=\operatorname{cl}\left(Y^{S} \backslash N(-\omega x)\right)$ is diffeomorphic to $Y^{D}$ and the compact complement $H=\operatorname{cl}\left(Y^{S} \backslash N(\omega x) \cup N(-\omega x)\right)$ is diffeomorphic to the product $Z^{S} \times I$ for the closed 3D handlebody $Z^{S}=S^{3} \#_{i=1}^{n} S^{1} \times S^{2}$ of genus $n$. Note that the reflection $\alpha$ in $Y^{S}$ exchanging $E\left(L^{D}\right)$ and $-E\left(L^{D}\right)$ induces a reflection in $H$ whose fixed point set is the boundary $Z\left(\partial L^{D}\right)=\partial E\left(L^{D}\right)$ of $E\left(L^{D}\right)$. Let $H^{\prime}$ be one of the two 3-manifolds obtained by splitting $H$ along $Z\left(\partial L^{D}\right)$ such that $E\left(L^{D}\right)^{+}=E\left(L^{D}\right) \cup H^{\prime}$. Then $H=H^{\prime} \cup \alpha\left(H^{\prime}\right)$. By [15], the 3-manifold $Z\left(\partial L^{D}\right)$ is an imitation of $Z^{S}$ which has the property that the inclusion homomorphism $\pi_{1}\left(Z^{S}, v\right) \rightarrow \pi_{1}\left(H^{\prime}, v\right)$ is an isomorphism and any covering $\operatorname{triad}\left(\tilde{H}^{\prime} ; \tilde{Z}\left(\partial L^{D}\right), \tilde{Z}^{S}\right)$ of the triad $\left(H^{\prime} ; Z\left(\partial L^{D}\right), Z^{S}\right)$ is a homology cobordism. This means that the inclusion $i: E\left(L^{D}\right) \rightarrow E\left(L^{D}\right)^{+}$is a homotopy equivalence by Seifert-van Kampen theorem and the universal covering lift $\tilde{i}$ $: \tilde{E}\left(L^{D}\right) \rightarrow \tilde{E}\left(L^{D}\right)^{+}$induces an isomorphism $\tilde{i_{*}}: H_{*}\left(\tilde{E}\left(L^{D}\right) ; \mathbf{Z}\right) \rightarrow$ $H_{*}\left(\tilde{E}\left(L^{D}\right)^{+} ; \mathbf{Z}\right)$ because

$$
H_{*}\left(\tilde{E}\left(L^{D}\right)^{+}, \tilde{E}\left(L^{D}\right) ; \mathbf{Z}\right) \cong H_{*}\left(\tilde{H}^{\prime}, \widetilde{Z}\left(\partial L^{D}\right) ; \mathbf{Z}\right)=0
$$

by the excision isomorphism. Thus, $E\left(L^{D}\right)$ is homotopy equivalent to the legged $n$-loop system $\omega x$. For a polyhedral pair $\left(P, P^{\prime}\right)$, if the inclusion $i: P^{\prime} \subset P$ is homotopy equivalent, then there is a strong deformation retract $r: P \rightarrow P^{\prime}$ (see [9, p. 31]). Thus, there is a strong deformation retract $r: E\left(L^{D}\right) \rightarrow \omega x$.

In Lemma 3.2, note that in general the compact complement $E\left(L^{D}\right)$ of a free ribbon disk-link $L^{D}$ in $D^{4}$ is not diffeomorphic to $Y^{D}$. For example, the Kinoshita-Terasaka knot $k_{K T}$ in $S^{3}$ bounds a free ribbon-disk knot $K^{D}$ of rank one in $D^{4}$. Since the 3-manifold $Z\left(\partial K^{D}\right)$ which is the 0 -surgery manifold of $k_{K T}$ is not diffeomorphic to $Z^{S}=S^{1} \times S^{2}$ by the solution of property R conjecture (see [16]), the compact complement $E\left(K^{D}\right)$ is not diffeomorphic to $Y^{D}$ (see [15]).

## 4. Proof of Theorem 1.3

The proof of Theorem 1.3 is done as follows.

## 4.1: Proof of Theorem 1.3. Identifications

$$
\pi_{1}\left(E\left(L^{D}\right), v\right)=\pi_{1}(\omega x)=<x_{1}, x_{2}, \ldots, x_{n}>
$$

are fixed by the strong deformation retract $r: E\left(L^{D}\right) \rightarrow \omega x$. The ribbon disk-link presentation $\rho: Q\left(L^{D}\right) \rightarrow P\left(L^{D}\right)$ for $P\left(L^{D}\right)$ induces an isomorphism $\rho_{\#}: \pi_{1}\left(Q\left(L^{D}, K^{D}\right), v\right) \rightarrow \pi_{1}\left(P\left(L^{D}, K^{D}\right), v\right)$ for every sublink $K^{D}$ of $L^{D}$ including $K^{D}=\emptyset$ and $K^{D}=L^{D}$ by

Seifert-van Kampen theorem, because the strong deformation retract $r: E\left(L^{D}\right) \rightarrow \omega x$ induces the identical word system $r_{*}=$ $\left\{r_{1}, r_{2}, \ldots, r_{n}\right\}$ of the loop system $p_{*} \times \partial D^{2}$ in $<x_{1}, x_{2}, \ldots, x_{n}>$ by the attaching map $r: p_{*} \times \partial D^{2} \rightarrow \omega x$ of the 2 -cell system $p_{*} \times D^{2}$. In particular, $\pi_{1}\left(P\left(L^{D}\right), v\right)=<x_{1}, x_{2}, \ldots, x_{n} \mid r_{1}, r_{2}, \ldots, r_{n}>=\{1\}$. Let $\tilde{\rho}: \tilde{Q}\left(L^{D}, K^{D}\right) \rightarrow \tilde{P}\left(L^{D}, K^{D}\right)$ be the universal covering lift of $\rho$ $: Q\left(L_{\tilde{D}}, K^{D}\right) \rightarrow P\left(L^{D}, K^{D}\right)$. By Mayer-Vietoris homology sequence, $H_{m}\left(\tilde{Q}\left(L^{D}, K^{D}\right) ; \mathbf{Z}\right)=0$ for all $m \geq 3$ and $\rho$ induces an isomorphism $\tilde{\rho}_{*}: H_{2}\left(Q\left(L^{D}, K^{D}\right) ; \mathbf{Z}\right) \rightarrow H_{2}\left(P\left(L^{D}, K^{D}\right) ; \mathbf{Z}\right)$ for every sublink $K^{D}$ of $L^{D}$ including $K^{D}=\varnothing$ and $L^{D}=K^{D}$. Thus, $\rho: Q\left(L^{D}, K^{D}\right) \rightarrow P\left(L^{D}, K^{D}\right)$ is a homotopy equivalence for every sublink $K^{D}$ of $L^{D}$ including $K^{D}=\emptyset$ and $K^{D}=L^{D}$. In particular, $P\left(L^{D}\right)$ is a finite contractible 2-complex. Let $P$ be a contractible finite 2-complex obtained from the 1 -skelton $P^{1}=\omega x$, a legged $n$ loop system with base point $v$, so that $\pi_{1}\left(P^{1}, v\right)=<x_{1}, x_{2}, \ldots, x_{n}>$. Assume that $P$ is obtained from $P^{1}$ by attaching 2-cells $e_{1}, e_{2}, \ldots, e_{n}$. Since $\pi_{1}(P$, $v)=1$, the 2-complex $P$ provides the triple system $G(n ; 0, n)$ in the construction of Kervaire's 2-link which consists of the free group $<x_{1}, x_{2}, \ldots, x_{n}>$, the empty relator set and the weight system $w_{1}, w_{2}, \ldots, w_{n}$ given by the attaching data of $e_{1}, e_{2}, \ldots, e_{n}$ to $P^{1}$. By Theorem 1.1, there is a free ribbon $S^{2}-\operatorname{link}\left(S^{4}, L\right)$ with an isomorphism $\pi_{1}\left(S^{4} \backslash L, v\right)=<x_{1}, x_{2}, \ldots, x_{n}>$ sending a meridian system of $L$ to the weight system $w_{1}, w_{2}, \ldots, w_{n}$. By Lemma 3.1, there is a free ribbon disk-link ( $D^{4}, L^{D}$ ) with an isomorphism $\pi_{1}\left(D^{4} \backslash L^{D}, v\right)=<x_{1}, x_{2}, \ldots, x_{n}>$ sending a meridian system of $L^{D}$ in $D^{4}$ to the weight system $w_{1}, w_{2}, \ldots, w_{n}$. By Lemma 3.2, there is a strong deformation retract $r: E\left(L^{D}\right) \rightarrow P^{1}=\omega x$, which induces a ribbon-disk presentation $\rho: Q\left(L^{D}\right) \rightarrow P\left(L^{D}\right)$ for $P\left(L^{D}\right)$ $=P$ because the loop system $p_{*} \times \partial D^{2}$ is just the meridian system of $L^{D}$.

## 5. Proof of Theorem 1.4

The proof of Theorem 1.4 is done as follows.
5.1: Proof of Theorem 1.4. Let $K^{D}$ be a ribbon disk-link in $D^{4}$ of d components, and $S(*)$ any immersed 2 -sphere in $E\left(K^{D}\right)$. It suffices to show that there is a free ribbon disk-link $L^{D}$ in $D^{4}$ of some rank n which contains $K^{D}$ as a sublink and is disjoint from $S(*)$. This is because $S(*) \subset E\left(L^{D}\right) \subset E\left(K^{D}\right)$ meaning that $S(*)$ is null-homotopic in $E\left(L^{D}\right)$ and hence in $E\left(K^{D}\right)$ since $\pi_{2}\left(E\left(L^{D}\right), v\right)$ $=0$ by Lemma 3.2, so that $\pi_{2}\left(E\left(K^{D}\right), v\right)=0$ meaning that $E\left(K^{D}\right)$ is aspherical, for $E\left(K^{D}\right)$ is homotopy equivalent to a 2-complex by Theorem 1.3.
The pair $\left(D^{4}, S^{3}\right)$ is considered as the one-point compactification of the pair $\left(\mathbf{R}^{3}[0,+\infty), \mathbf{R}^{3}\right)$ of the upper-half 4 -space
$\mathbf{R}^{3}[0,+\infty)=\left\{\left(x_{1}, x_{2}, x_{3}, t\right) \mid-\infty<x_{i}<+\infty(i=1,2,3), t \geq 0\right\}$
and the 3 -space

$$
\mathbf{R}^{3}=\left\{\left(x_{1}, x_{2}, x_{3}\right) \mid-\infty<x_{i}<+\infty(i=1,2,3)\right\} .
$$

Also, $K^{D}$ and $S(*)$ are considered in $\mathbf{R}^{3}[0,+\infty)$. By the motion picture method $[8, I]$, assume that a normal form of the disk-link $K^{D}$ in $\left(\boldsymbol{R}^{3}[0,+\infty)\right.$ is given as follows:

$$
K^{D} \cap \mathbf{R}^{3}[t]=\left\{\begin{aligned}
\emptyset, & \text { for } t>2 \\
d_{*}[t], & \text { for } t=2 \\
o_{*}[t], & \text { for } 1<t<2 \\
\left(o_{*} \cup b_{*}[t],\right. & \text { for } t=1 \\
k^{D}[t], & \text { for } 0 \leq t<1
\end{aligned}\right.
$$

where $d_{*}$ is a disjoint trivial disk system of $m$ disks $d_{i}(i=1,2, \ldots$ ,$m$ ) for some $m$ in $R^{3}$ with $o_{*}=\partial d_{*}, b_{*}$ is a disjoint band system of $m-d$ bands $b_{j}(j=1,2, \ldots, m-d)$ in $\mathbf{R}^{3}$ spanning the trivial loop system $o_{*}$ used for a fusion operation, and $k^{D}$ is a ribbon link in $\mathbf{R}^{3}$ of d-components obtained from $o_{*}$ by surgery along the band system $b_{*}$ as a fusion. By the proof of Theorem 1.1 and Lemma 3.1, there is a free ribbon disk-link $L^{D}$ in $\mathbf{R}^{3}[0,+\infty)$ of some rank $n$ such that $L^{D}=K^{D} \cup C^{D}$ for a trivial disk system $C^{D}$ in $\mathbf{R}^{3}[0,+\infty)$ whose normal form is given as follows by extending the normal form of $K^{D}$ :
$L^{D} \cap \mathbf{R}^{3}[t]=\left\{\begin{aligned} \emptyset, & \text { for } t>2, \\ \left(d_{*} \cup d^{C}\right)[t], & \text { for } t=2, \\ \left(o_{*} \cup o^{C}\right)[t], & \text { for } 1<t<2, \\ \left(o_{*} \cup b_{*} \cup o^{C}\right)[t], & \text { for } t=1, \\ \left(k^{D} \cup o^{C}\right)[t], & \text { for } 0 \leq t<1,\end{aligned}\right.$
where $d^{C}$ is a disjoint disk system in $R^{3}$ with $o^{C}=\partial d^{C}$. Note that the disk systems $d_{*}$ and $d^{C}$ are disjoint, but in general the band system $b_{*}$ meets the interior of $d^{C}$ in a disjoint arc system. By pulling down a neighborhood of every double point of $S(*)$ into $\mathbf{R}^{3}[0]$, the immersed 2-sphere $S(*)$ is changed into a nonimmersed singular 2-sphere in $\mathbf{R}^{3}[0,+\infty)$, but a normal form of the union $K^{D} \cup S(*)$ in $\mathbf{R}^{3}[0,+\infty)$ extending the normal form of $K^{D}$ is given as follows (see [8, I]):

$$
\left(K^{D} \cup S(*)\right) \cap \mathbf{R}^{3}[t]=\left\{\begin{aligned}
\emptyset, & \text { for } t>2, \\
\left(d_{*} \cup d^{S(*)}\right)[t], & \text { for } t=2, \\
\left(o_{*} \cup o^{S(*)}\right)[t], & \text { for } 1<t<2, \\
\left(o_{*} \cup b_{*} \cup c^{S(*)} \cup b^{S(*)}\right)[t], & \text { for } t=1, \\
\left(k^{D} \cup c^{S(*)}\right)[t], & \text { for } 0<t<1, \\
\left(k^{D} \cup e^{S(*)}\right)[t], & \text { for } t=0,
\end{aligned}\right.
$$

where $d^{S(*)}$ is a disjoint disk system in $\mathbf{R}^{3}$ with $o^{S(*)}=\partial d^{S(*)}, b^{S(*)}$ is a disjoint band system spanning $o^{S(*)}$ in $\mathrm{R}^{3}, c^{S(*)}$ is a split union of a split Hopf link system $c^{H(*)}$ and a trivial link system $c^{o(*)}$ in $\mathbf{R}^{3}$ obtained from $o^{S(*)}$ by surgery along $b^{S(*)}$, and $e^{S(*)}$ is a split union of a disjoint Hopf disk pair system bounded by $c^{H(*)}$ and a disjoint disk system bounded by $c^{o(*)}$ in $\mathbf{R}^{3}$, where a Hopf disk pair means a disk pair with a clasp singularity in $\mathbf{R}^{3}$ bounded by a Hopf link. By construction, note that $e^{S(*)}$ is split from $k^{D}$. Since $d_{*}$ and $d^{C}$ are disjoint, $b_{*} \cap d^{C}$ is an arc system in the interior of $d^{C}$ and $e^{S(*)} \cup b^{S(*)}$ has a graph spine, there is an isotopic move of $d^{C}$ in $\mathbf{R}^{3}$ keeping $d_{*} \cup b_{*}$ fixed such that

$$
d^{C} \cap\left(d_{*} \cup e^{S(*)} \cup b^{S(*)}\right)=\emptyset
$$

Then the link $o_{*} \cup o^{S(*)} \cup o^{C}$ is a trivial link in $\mathbf{R}^{3}$. In general the disk system $d^{C}$ meets the interior of the disk system $d^{S(*)}$. However, by Horibe-Yanagawa lemma in [8, I], even if the disk systems $d_{*}, d^{S(*)}, d^{C}$ are replaced by any disjoint disk systems
bounded by the trivial link $o_{*} \cup o^{S(*)} \cup o^{C}$ in $\mathbf{R}^{3}$, the union $K^{D}$ $\cup S(*)$ and the free ribbon disk-link $L^{D}$ do not change up to ambient isotopies (with compact supports) of $\mathbf{R}^{3}[0,+\infty)$ keeping $\mathbf{R}^{3}[0]$ fixed. This means that the disjoint union $K^{D} \cup S(*)$ extends to a disjoint union $L^{D} \cup S(*)$ for a free ribbon disk-link $L^{D}$, so that $S(*) \subset E\left(L^{D}\right) \subset E\left(K^{D}\right)$, and thus, $E\left(K^{D}\right)$ is aspherical. This completes the proof of Theorem 1.4.

## Appendix: Free Ribbon Lemma

The purpose of this appendix is to prove the following lemma.
Free Ribbon Lemma. Every free $S^{2}-\operatorname{link} L$ in $S^{4}$ is a ribbon $S^{2}$ link.

Proof of Free Ribbon Lemma. The following claim is used to determine a ribbon $S^{2}$-link.
(A.1) Let $\left(S_{i}^{3}\right)^{\left(1+m_{i}\right)}(i=1,2, \ldots, n)$ be a system of mutually disjoint compact $\left(1+m_{i}\right)$-punctured 3 -spheres in $S^{4}$ such that the boundary $\partial\left(S_{i}^{3}\right)^{\left(1+m_{i}\right)}$ is the union of the component $K_{i}$ and an $S^{2}$-link $O_{i}$ of $m_{i}$ components. If the union $O=\cup_{i=1}^{n} O_{i}$ is a trivial $S^{2}$-link in $S^{4}$, then the $S^{2}$-link $L=\mathrm{U}_{i=1}^{n} K_{i}$ is a ribbon $S^{2}$-link in $S^{4}$.

Proof of (A.1). Let $K_{i}^{\prime}$ be a 2 -sphere obtained from $O_{i}$ by surgery along mutually disjoint 1-handles $h_{i}\left(i=1,2, \ldots, m_{i}-1\right)$ in $\left(S_{i}^{3}\right)$ ${ }^{\left(1+m_{i}\right)}$, whose closed complement is diffeomorphic to the spherical shell $S^{2} \times[0,1]$. This means that the component $K_{i}$ with reversed orientation is isotopic to the 2 -sphere $K_{i}^{\prime}$ in $\left(S_{i}^{3}\right)^{\left(1+m_{i}\right)}$. This shows that $L=\mathrm{U}_{i=1}^{n} K_{i}$ is a ribbon $S^{2}$-link in $S^{4}$, completing the proof of (A.1).

Let $K_{i}(i=1,2, \ldots, n)$ be the components of a free $S^{2}$-link L in $S^{4}$. Let $Y$ be the 4-manifold obtained from $S^{4}$ by surgery along $L$. Let $k_{i}(i=1,2, \ldots, n)$ be the loop system in $Y$ produced from $K_{i}(i$ $=1,2, \ldots, n)$ by the surgery. Since the fundamental group $\pi_{1}(Y$, $v)$ is a free group and $H_{2}(Y ; \mathbf{Z})=0$, the 4-manifold $Y$ is identified with $Y^{s}$ by Lemma 2.1. The 3-sphere $1 \times S^{3}$ of the connected summand $S^{1} \times S_{i}^{3}$ of $Y^{s}$ is fixed and denoted by $S_{i}^{3}$. Let $x_{i}(i=$ $1,2, \ldots, n)$ be the basis of $\pi_{1}\left(Y^{s}, v\right)$ represented by a standard legged loop system $\omega^{S} x$ with vertex $v=v^{S}$. Let $k\left(\omega^{S} x\right)=\left\{k_{i}^{S} \mid i=\right.$ $1,2, \ldots, n\}$ be the loop system of $\omega^{S} x$. Let $\omega m=\left\{\omega_{i} m_{i} \mid i=1,2\right.$, $\ldots, n\}$ be a meridian system with vertex v of the components $K_{i}$ $(i=1,2, \ldots, n)$ of $L$ in $S^{4}$. The meridian system $\omega m$ is taken in $Y^{S}$ as a legged loop system with loop system $k(\omega m)=\left\{m_{j} \mid j=1\right.$, $2, \ldots, n\}$ parallel to the loop system $k_{i}(i=1,2, \ldots, n)$ in $Y^{S}$. Assume that the meridian system $\omega m$ in $Y^{s}$ is made disjoint from $\omega x$ except for the vertex $v$ and meets $S_{i}^{3}(i=1,2, \ldots, n)$ only in the loop system $k(\omega m)$ transversely. Let $y_{i}(i=1,2, \ldots, n)$ be the elements of $\pi_{1}\left(Y^{S}, v\right)$ represented by $\omega_{i} m_{i}(i=1,2, \ldots, n)$. By Nielsen transformations of the basis $x_{i}(i=1,2, \ldots, n)$, assume that the product $x_{i}^{-1} y_{i}$ is in the commutator subgroup $\left[\pi_{1}\left(Y^{S}, v\right)\right.$, $\pi_{1}\left(Y^{S}, v\right)$ ] of $\pi_{1}\left(Y^{S}, v\right)$ for every $i$ (see [18]). For the 3 -sphere $S_{i}^{3}$, consider all the loops $m_{j}$ with $m_{j} \cap S_{i}^{3} \neq \emptyset$. For a point $p \in m_{j} \cap$ $S_{t}^{3}(t \neq i)$, let $I(p)$ be an arc neighborhood of $p$ in a parallel $k_{t}^{S}(p)$ of $k^{s}$ and then replace the $\operatorname{arc} I(p)$ with the $\operatorname{arc} \operatorname{cl}\left(k_{t}^{S}(p) \backslash I(p)\right)$. Let $\tilde{m}_{j}$ be a loop obtained from $m_{j}$ by doing this operation on $m_{j}$ for every $t(t \neq i)$ and every point $p \in m_{j} \cap S_{t}^{3}$. For every $i(i=1$, $2, \ldots, n)$, let $m\left(S_{i}^{3}\right)$ be the system of the loops $\tilde{m}_{j}$ in $Y^{S}$ obtained
from all the loops $m_{j}$ with $m_{j} \cap S_{i}^{3} \neq \emptyset$, where the loops $m_{j}$ with $m_{j}$ $\cap S_{i}^{3}=\varnothing$ are discarded. There is a smoothly embedded annulus $A_{i}$ with $\partial A_{i}=\left(-k_{i}^{S}\right) \cup \tilde{m}_{i}$ in the open 4-manifold

$$
Y_{) i( }^{S}=Y^{S} \backslash \cup_{1 \leq t(\neq i) \leq n} S_{t}^{3}
$$

because the fundamental group $\pi_{1}\left(Y^{S}{ }_{j i}, v\right)$ is an infinite cyclic group and the loop $\tilde{m}_{i}$ is homotopic to $k_{i}^{S}$ in $Y^{S}{ }_{j i}$. The annulus $A_{i}$ meets $S_{i}^{3}$ transversely with disjoint simple loops and simple arcs. Let $\alpha_{i s}\left(s=1,2, \ldots, n_{i}\right)$ be the arc system of the intersection $A_{i}$ $\cap S_{i}^{3}$ where $\alpha_{i 1}$ joins the point $p_{i}^{S}=k_{i}^{S} \cap S_{i}^{3}$ to a point of the loop $\tilde{m}_{i}$ and the $\operatorname{arc} \alpha_{i s}$ with $s>1$ joins two points of $\tilde{m}_{i}$. For $j$ with $j \neq$ $i$, the loop $\tilde{m}_{j}$ is null-homotopic in $Y^{S}{ }_{j i}$ and hence bounds a disk $D_{j i}$ in $Y_{j i}$ which meets $S_{i}^{3}$ transversely with disjoint simple loops and simple arcs. Let $\alpha_{j i s}\left(s=1,2, \ldots, n_{j i}\right)$ be the arc system of the intersection $D_{j i} \cap S^{3}{ }_{i}$ each of which joints two points of $\tilde{m}_{j}$.The annulus $A_{i}$ and the disk $D_{j i}$ with $i \neq j$ are made disjoint while fixing the intersection with $S_{i}^{3}$ in $Y^{S}$ for all $i, j$ by doing double point cancellations using free boundary arcs while fixing the intersection with $S^{3}{ }_{i}$ for $\tilde{m}_{j}$. The following observation helps clarify the relationship between the point system $m\left(S_{i}{ }_{i}\right) \cap S_{i}^{3}$ and the arc system $\left(A_{i} \cup D_{j i}\right) \cap S_{i}^{3}$ for all $j$ with $j \neq i$.

Observation (A.2) Let $\partial_{\text {ais }}=\left\{q_{s}, q_{s}^{\prime}\right\}\left(s=1,2, \ldots, n_{i}\right)$ with $q_{1}=$ $p_{i}^{S}$ for the arc system $\alpha_{i s}\left(s=1,2, \ldots, n_{i}\right)$ of $A_{i} \cap S_{i}^{3}$. Then the open arc of $\tilde{m}_{i}$ that is separated by any couple $\left\{q_{s}, q_{s}^{\prime}\right\}$ with $s>$ 1 and does not contain the point $q_{1}^{\prime}$ meets $S_{i}^{3}$ with intersection number 0 . Conversely, let $\left\{q_{s}, q_{s}^{\prime}\right\}\left(s=1,2, \ldots, n_{i}\right)$ be any system of couples of distinct points with $q_{1}=p_{i}^{s}$ such that the union of these points matches the set $\left(k_{i}^{S} \cup \tilde{m}_{i}\right) \cap S_{i}^{3}$ and the open arc of $\tilde{m}_{i}$ that is divided by any couple $\left\{q_{s}, q_{s}^{\prime}\right\}$ with $\mathrm{s}>$ 1 and does not contain the point $q_{1}^{\prime}$ meets $S_{i}^{3}$ with intersection number 0 . Then $\left\{q_{s}, q_{s}^{\prime}\right\}\left(s=1,2, \ldots, n_{i}\right)$ is realized by $\partial \alpha_{i s}=$ $\left\{q_{s}, q_{s}^{\prime}\right\}\left(s=1,2, \ldots, n_{i}\right)$ of the arc system $\alpha_{i s}\left(s=1,2, \ldots, n_{i}\right)$ of $A_{i} \cap S_{i}^{3}$ for an annulus $A_{i}$ with $\partial A_{i}=\left(-k_{i}^{S}\right) \cup \tilde{m}_{i}$ in $Y_{\text {jic }}^{S}$. Let $\partial \alpha_{j i s}$ $=\left\{q_{s}, q_{s}^{\prime}\right\}\left(s=1,2, \ldots, n_{j i}\right)$ for the arc system $\alpha_{j i s}(s=1,2, \ldots$, $n_{j i}$ ) of $D_{j i} \cap S_{i}^{3}$. Then every open arc of $\tilde{m}_{j}$ divided by any couple $\left\{q_{s}, q_{s}^{\prime}\right\}$ meets $S_{i}^{3}$ with intersection number 0 . Conversely, let $\left\{q_{s}, q_{s}^{\prime}\right\}\left(s=1,2, \ldots, n_{j i}\right)$ be any system of couples of distinct points such that the union of these points matches the set $\tilde{m}_{j} \cap$ $S_{i}^{3}$ and every open arc of $\tilde{m}_{j}$ which is divided by any couple $\left\{q_{s}\right.$, $\left.q_{s}^{\prime}\right\}$ meets $S_{i}^{3}$ with intersection number 0 . Then $\left\{q_{s}, q_{s}^{\prime}\right\}(s=1$, $\left.2, \ldots, n_{j i}\right)$ is realized by $\partial \alpha_{j i s}=\left\{q_{s}, q_{s}^{\prime}\right\}\left(s=1,2, \ldots, n_{j i}\right)$ of the $\operatorname{arc}$ system $\alpha_{j i s}\left(s=1,2, \ldots, n_{j i}\right)$ of $D_{j i} \cap S_{i}^{3}$ for a disk $D_{j i}$ with $\partial D_{j i}=\tilde{m}_{j}$ in $Y^{j i s}{ }_{\text {ic }}$.

Let $B\left(\alpha_{i s}\right)\left(s=1,2, \ldots, n_{i}\right)$ be disjoint 3-ball neighborhoods of the $\operatorname{arcs} \alpha_{i s}\left(s=1,2, \ldots, n_{i}\right)$ in $S_{i}^{3}$, and $B\left(\alpha_{j i s}\right)\left(s=1,2, \ldots, n_{j i}\right)$ disjoint 3-ball neighborhoods of the arcs $\alpha_{j i s}\left(s=1,2, \ldots, n_{j i}\right)$ in $S_{i}^{3}$. Let $S\left(\alpha_{i s}\right)=\partial B\left(\alpha_{i s}\right)\left(s=1,2, \ldots, n_{i}\right)$ and $S\left(\alpha_{i i s}\right)=\partial B\left(\alpha_{i i s}\right)(s$ $\left.=1,2, \ldots, n_{j i}\right)$ be the boundary 2 -spheres of them. The $S^{2}$-link $L$ in $S^{4}$ with meridian system $\omega m$ is recovered from $Y^{S}$ by the back surgery along the loop system $k_{i}(i=1,2, \ldots, n)$ in $Y^{s}$. Since the 2 -spheres $S\left(\alpha_{i s}\right)\left(s=1,2, \ldots, n_{i}\right)$ and $S\left(\alpha_{j i s}\right)\left(s=1,2, \ldots, n_{j i}\right)$ in $Y^{S}$ are disjoint from the loop system $k_{i}(i=1,2, \ldots, n)$, the 2-spheres $S\left(\alpha_{i s}\right)\left(s=1,2, \ldots, n_{i}\right)$ and $S\left(\alpha_{j i s}\right)\left(s=1,2, \ldots, n_{j i}\right)$ are
considered in $S^{4}$. The 2-sphere $S\left(\alpha_{i 1}\right)$ is identified with $K_{i}$ in $S^{4}$ for all $i(i=1,2, \ldots, n)$. The following claim is shown.
(A.3) The 2 -spheres $S\left(\alpha_{i s}\right)\left(i=1,2, \ldots, n ; s=2,3, \ldots, n_{i}\right)$ and $S\left(\alpha_{j i s}\right)\left(i, j=1,2, \ldots, n, j \neq i ; s=1,2, \ldots, n_{j i}\right)$ form a trivial $S^{2}$-link in $S^{4}$.

By (A.1) and (A.3), the $S^{2}-\operatorname{link} L=\mathrm{U}^{i=1} K_{i}$ is shown to be a ribbon $S^{2}$-link in $S^{4}$.

Proof of (A.3). The loops $k_{t}^{S}(t=1,2, \ldots, n)$ in $S^{4}$ bound disjoint disks $D_{t}^{S}(i=1,2, \ldots, n)$ in $S^{4}$. Hence the loop $k_{t}^{S}$ in $S^{4}$ is isotopic to a band sum $k_{t}^{\prime}$ of some parallel links $P_{t}\left(m_{i}\right)(i=1,2, \ldots, n)$ of the meridian loops $m_{i}(i=1,2, \ldots, n)$ of $K_{i}(i=1,2, \ldots, n)$ in $S^{4}$. For a parallel $k^{S+}$, of $k_{t}^{S}$ in $S^{4}$, let $D^{S+}$, be a move of $D_{t}^{S}$ with $\partial D^{S+}=k^{S+}{ }_{t}$ in $S^{4}$ so that the disk $D^{S+}$ is disjoint from the annuli $A_{i}$ $(i=1,2, \ldots, n)$ and the disks $D_{j i}(i, j=1,2, \ldots, n ; j \neq i)$. The 2-spheres $S\left(\alpha_{i s}\right)\left(i=1,2, \ldots, n ; s=1,2, \ldots, n_{i}\right)$ and $S\left(\alpha_{j i s}\right)(i, j$ $\left.=1,2, \ldots, n, j \neq i ; s=1,2, \ldots, n_{j i}\right)$ may be disjoint from the disk $D^{S+}{ }_{t}$ in $S^{4}$. By passing through a thickening $D^{S+}{ }_{t} \times I$ of the disk $D^{S+}$ for every $t(\neq i)$ in $S^{4}$, the annulus $A_{i}$ and the disk $D_{i i}$ in $Y^{s}$ extend respectively in $S^{4}$ to an annulus $\bar{A}_{i}$ with $\partial \bar{A}_{i}=\left(-\bar{k}_{i}^{s}\right)$ $\cup m_{i}$ and a disk $\bar{D}_{j i}$ with $\partial \bar{D}_{j i}=m_{j}$. The annuli $\bar{A}_{i}(i=1,2, \ldots$, $n)$ and the disks $\bar{D}_{j i}(i, j=1,2, \ldots, n ; j \neq i)$ should be disjoint in $S^{4}$. For $\mathrm{s} \geq 2$, let $S\left(\partial \alpha_{i s}\right)$ be the two sphere union which is the boundary of a regular neighborhood $B\left(\partial \alpha_{i s}\right)$ of the two point set $\partial \alpha_{i s}$ in $B\left(\alpha_{i s}\right)$. The 2 -sphere $S\left(\alpha_{i s}\right)$ can be replaced by the 2 -sphere obtained from $S\left(\partial \alpha_{i s}\right)$ by surgery along a 1-handle attaching to $S\left(\partial \alpha_{i s}\right)$ whose core is a subarc $\alpha_{i s}^{\prime}$ of $\alpha_{i s}$ in $B\left(\alpha_{i s}\right)$. The following observation (whose proof is obvious) is used.

Observation A. 4 In the spherical shell $S^{3} \times[0,1]$, the 2 -sphere $S^{\prime}$ obtained from the 2 -spheres $S^{2} \times\{0,1\}$ by surgery along a 1 -handle $h^{\prime}$ thickening the arc $p \times[0,1]\left(p \in S^{2}\right)$ bounds the unique 3-ball $B^{\prime}=\operatorname{cl}\left(S^{2} \times[0,1] \backslash h^{\prime}\right)$. Further, let $S^{\prime \prime}$ be the 2-sphere obtained from the 2 -spheres $S^{2} \times\{1 / 4,3 / 4\}$ by surgery along a 1 -handle $\mathrm{h}^{\prime \prime}$ thickening the arc $p \times\left[[1 / 4,3 / 4]\right.$, and $B^{\prime \prime}=$ $\operatorname{cl}\left(S^{2} \times[1 / 4.3 / 4] \backslash h^{\prime \prime}\right)$ the 3-ball bounded by $S^{\prime \prime}$. If the 1-handle $h^{\prime}$ is thinner than the 1 -handle $h^{\prime \prime}$, then the 3-ball $B^{\prime \prime}$ is in the interior of the 3-ball $B^{\prime}$.

Assume that the arc $\alpha_{i s}$ cuts an innermost disk $\delta$ from the annulus $\bar{A}_{i}$. Then the arc $\alpha_{i s}^{\prime}$ is $\partial$-relatively isotopic to an arc $J$ in $m_{i}$ through the disk $\delta$, so that the arc $\alpha_{i s}^{\prime}$ joining the two sphere union $S\left(\partial \alpha_{i s}\right)$ is $\partial$-relatively isotopic to an arc $J$ joining the boundary $(\partial J) \times K_{i}$ of a spherical shell $J \times K_{i}$ of the circle bundle $\partial D^{2} \times K_{i}$ with $J \subset \partial D^{2}$ for a normal disk bundle $D^{2} \times L$ in $S^{4}$. Thus, the 2 -sphere $S\left(\alpha_{i s}\right)$ is isotopic to the boundary 2 -sphere $\partial \Delta\left(\alpha_{i s}\right)$ of a 3-ball $\Delta\left(\alpha_{i s}\right)$ in the spherical shell $J \times K_{i}$ (see [17]). Note that the 3-ball $\Delta\left(\alpha_{i s}\right)$ does not meet the $S^{2}$-link $L$ although the trace of this isotopy may meet $L$ since the disk $\delta$ may meet $L$. By continuing this process, it is seen from Observation A. 4 that the 2 -spheres $S\left(\alpha_{i s}\right)\left(\mathrm{s}=2,3, \ldots, n_{i}\right)$ are isotopic to the disjoint boundary 2-spheres $\partial \Delta\left(\alpha_{i s}\right)\left(\mathrm{s}=2,3, \ldots, n_{i)}\right.$ of an inclusive 3-ball family $\Delta\left(\alpha_{i s}\right)\left(s=2,3, \ldots, n_{i}\right)$ in $D^{2} \times K_{i}$, where an inclusive 3-ball family is a family of finite number of 3-balls such that any two members $B_{1}$ and $B_{2}$ have the property

$$
B_{1} \subset \operatorname{Int}\left(B_{2}\right), \quad B_{2} \subset \operatorname{Int}\left(B_{1}\right), \quad \text { or } \quad B_{1} \cap B_{2}=\emptyset
$$

For the disk $\bar{D}_{j i}$, the same argument above can be applied to see that the 2 -spheres $S\left(\alpha_{j i s}\right)\left(s=1,2, \ldots, n_{j i}\right)$ are isotopic to the disjoint boundary 2 -spheres $\partial \Delta\left(\alpha_{i i s}\right)\left(s=1,2, \ldots, n_{i j}\right)$ of an inclusive 3-ball family $\Delta\left(\alpha_{i s}\right)\left(s=1,2, \ldots, n_{j i}\right)$ in $D^{2} \times K_{j}$ with $j$ $\neq i$. Thus, for every $i$, the 2 -spheres $S\left(\alpha_{i s}\right)\left(s=2,3, \ldots, n_{i}\right)$ and $S\left(\alpha_{j i s}\right)\left(s=1,2, \ldots, n_{j i}\right)$ form a trivial $S^{2}$-link in $S^{4}$. Since the annuli $\bar{A}_{i}(i=1,2, \ldots, n)$ and the disks $\bar{D}_{j i}(i, j=1,2, \ldots, n ; j$ $\neq i)$ are disjoint, it can be seen that the 2 -spheres $S\left(\alpha_{i s}\right)(i=1,2$, $\left.\ldots, n ; s=2,3, \ldots, n_{i}\right)$ and $S\left(\alpha_{j i s}\right)(i, j=1,2, \ldots, n, j \neq i ; s=$ $1,2, \ldots, n_{j i}$ ) form a trivial $S^{2}$-link in $S^{4}$ by varying the radius of the disk $D$ of the normal disk bundle $D \times L$ of $L$ for every $i$. This completes the proof of (A.3).

This completes the proof of Free Ribbon Lemma.

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