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## Patients with HIV have Two, Not One, Immunodeficiency Nowadays

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Acquired Immunodeficiency Syndrome (AIDS) was first identified in 1981, when cases of severe immunosuppression began to appear, associated with opportunistic infections that had previously been considered rare, as well as various forms of malignancy [1].

Years after the beginning of the HIV epidemic, the authors came to believe that these individuals now present not only one immunodeficiency caused by the virus itself, but a second form of immunodeficiency related to the modernization of communication technologies. According to their observations, the widespread use of cell phones and the implementation of electromagnetic waves such as 4G and 5G have contributed to a reduction in the energy of the five internal massive organs described in Traditional Chinese Medicine: the Liver, Heart, Spleen, Lungs, and Kidneys [2,3].

These energy changes were first observed by the authors in 2014, according to her clinical observations, continue to worsen over time. They also expresses concern that the implementation of 6G technologies in workplaces and homes may further reduce internal energy and weaken the immune system even more [3].

Patients living with HIV are commonly followed in healthcare programs in Brazil, where they undergo regular laboratory evaluations and receive antiretroviral therapy to reduce viral load to minimal levels [4,5].

However, according to the author's interpretation based on Traditional Chinese Medicine, an important problem arises when the organs responsible for producing and maintaining the body's vital energy become depleted. In this context, they argues that the types of medications currently prescribed to these patients should be reevaluated because highly concentrated medications may

further reduce internal energy [6,7].

According to Traditional Chinese Medicine, the Liver, Heart, Spleen, Lungs, and Kidneys are responsible for the production and balance of *Yin*, *Yang*, *Qi* and Blood. When these organs lose energy, Blood stagnation may occur, potentially contributing to complications such as thrombosis, myocardial infarction, stroke, or sudden death [6,8,9].

The authors explain that these energy deficiencies cannot be detected through conventional laboratory tests. As a result, physicians trained exclusively in Western medicine generally do not diagnose these imbalances. They attributes this to the changes in medical education introduced after the Flexner Report in 1910, financially supported by the Rockefeller and Carnegie Foundations, which restructured medical curricula in the United States and Canada. After these reforms, only phenomena observable through laboratory or radiological methods were considered “scientific”, while the energy dimension of the human body was largely excluded from medical education [10].

According to the authors, this transformation significantly changed the way diseases were treated. Before the Flexner reforms, many physicians used homeopathy, chiropractic medicine, acupuncture, herbal medicine, and bloodletting as therapeutic approaches. However, after the curriculum changes, only treatments based on pharmaceutical medications came to be considered scientifically acceptable [10].

The authors argue that the human population today is no longer physiologically the same as it was in the past. Due to the modernization of communication systems and the energy

alterations they believes resulted from these technologies, medications that were once considered safe may now contribute to a greater reduction in internal energy. In their view, this may increase the risk of Blood stagnation, thrombosis, myocardial infarction, stroke, or sudden death [6,8,9].

The authors describe the case of a patient with HIV infection and a history of drug addiction who had previously been treated successfully for pulmonary tuberculosis but later experienced recurrence of the disease.

When this patient came to Dr Huang's Wu Wei Institute, she evaluated the energy of the five internal organs using a technique called radiesthesia. According to her assessment, all five organs were completely depleted of energy (Liver, Heart, Spleen, Lungs and Kidney).

The authors believes this energy depletion was likely not present during the early years of the HIV epidemic in the 1980s. For this reason, she argues that patients with HIV today may actually present two forms of immunodeficiency: the first caused by HIV itself, which reduces CD4 lymphocytes essential for immune defense, and the second caused by energy depletion of the five internal massive organs associated with the modernization of communication technologies [1,2].

According to the authors, this new understanding requires a different therapeutic approach because these patients are currently treated primarily with highly concentrated antiretroviral medications, which they believes may further reduce already depleted vital energy [11].

In addition, medications used to treat opportunistic infections are also highly concentrated. For this reason, the authors believes more studies are necessary to better understand how to treat these patients without increasing the risk of myocardial infarction or other severe complications potentially associated with further reductions in internal energy [6].

Huang recalls attending the World Congress of Acupuncture held in Sydney, Australia, in 2013, where she listened to a presentation by an African physician describing cases of multidrug-resistant tuberculosis treated successfully using only moxibustion [12].

According to the presentation, because there were no effective medications available at the time, the physicians used natural methods aimed at strengthening the immune system by increasing the patient's internal energy, reportedly achieving positive outcomes [12].

The author Huang states that she has applied similar principles in the treatment of cancer patients. Instead of focusing exclusively on medications directed at the tumor itself, she has concentrated on tonifying the energy of the internal organs in order to strengthen the patient's ability to fight disease. According to her observations, this approach has produced encouraging results in both cancer

patients and individuals living with HIV infection [13].

For this reason, the authors emphasize that physicians should exercise caution when prescribing medications to patients with both immunological and energy deficiencies. In her view, highly concentrated medications may further reduce internal energy and thereby increase the risk of myocardial infarction, thrombosis, stroke, cancer progression, or sudden death [6,8,9,14].

Finally, the authors recall a principle attributed to Hippocrates (460 BC- 370 BC), considered the father of medicine: physicians should treat the patient rather than merely the disease. According to her interpretation, restoring energy deficiencies means treating the patient as a whole, while focusing exclusively on antiretroviral medications means treating only the disease itself [15].

The authors conclude by raising an important question: could the restoration of internal energy play a role in the recovery of patients living with HIV co-infection [2].

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