

Of Holistic

Dibakar Pal M.Phil*

Retired Executive Magistrate (Civil Servant) & PhD Student,
Department of Business Management, University of Calcutta,
India

*Corresponding Author

Dibakar Pal, M.Phil, Retired Executive Magistrate (Civil Servant) & PhD
Student, Department of Business Management, University of Calcutta, India.

Submitted: 2023, May 21; Accepted: 2023, Jun 16; Published: 2023, Jun 26

Citation: Pal, D. (2023). Of Holistic. J Huma Soci Scie, 6(6), 170-171.

Abstract

Beauty is a summation decision. It is purely a bio-chemical reaction. It is a holistic outcome. The face is beautiful only when the entire constituent parts of the face i.e. eyes, lips, nose, cheeks, eyebrows, forehead, etc. are assembled together and placed in their respective places accordingly. Then individual part becomes lively and appears with beauty. Single part is not beautiful or beauty cannot be perceived from one of the total parts of the human body. Outcome of total offers beauty. It is an added outcome. It is a bonus marks that paves for higher gradation. Here lies the importance of holistic approach.

Keywords: Holistic, Holism, Wholism, Whole, Parts

Introduction

Creative writing is based more on manifestation rather than on expression. It does not inform, rather it reveals. So, it bears no reference. The best creative writing is critical, and the best critical writing is creative. This article is an outcome of thinking about creative writing meant for a general readership. As such, I have adopted a free style methodology so that everyone can enjoy the pleasure of reading. As you might know, Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely 'Of Love', 'Of Friendship', 'Of Ambition', 'Of Studies', and so on. The multiple-minded genius correctly pointed out that all the words of the dictionary can be used as themes for essays. But little has been done since his death to continue or finish his monumental task. Bacon's unique individual style of presentation ignited my imagination and encouraged me to write creative essays as a method of relieving a wide range of emotions through catharsis.

Article

Holism also wholism, as per philosophy, is the theory that certain wholes are to be regarded as greater than the sum of their parts. Medically, it is the treating of the whole person including mental and social factors rather than just the symptoms of a disease. Also, holism, as per philosophy, is the tendency in nature to form wholes that are more than the sum of the parts by ordered grouping.

Further, holism, as per philosophy, is the theory that a whole entity, as fundamental and determining components of reality, has an existence other than as the mere sum of their parts.

Holism is the view that an organic or integrated whole has an in-

dependent reality which cannot be understood simply through an understanding of its parts.

Holism is the theory that the fundamental principle of the universe is the creation of wholes, i.e. complete and self-contained systems from the atom and the cell by evolution to the most complex forms of life and mind.

Holism is the view that an organic whole has a reality greater than, an independent of, the sum of its parts.

Thus, holistic is having regard to the whole of something rather than just to parts of it e.g. a holistic approach to life. In medical, it is treating the whole person rather than just the symptoms of a disease e.g. holistic medicine.

Holism is the business of a master mind seldom of a full. Only a master mind can think holistically. It is not singular rather plural in operation. Only a genius can encompass all the relevant issues. It demands intellect. It needs immense mental power. Also it signifies broad mindedness. It is public in nature, rather than a private approach.

A mathematician calculates $2+2=4$. But as per synergy: $2+2=5$. This extra i.e. $5 - 4 = 1$ is like bonus. This additional amount is holistic gift. It is like united we stand divided we fall policy. When a person is single then he is afraid of many known and more unknown fears and forces. But when he is in the midst of all then unity offers additional energy which is holistic in nature.

Further, unity has a warm feeling. It seems in case of union of all

individual strength bonus strength like psychic force is obtained in addition. Also, the opposition becomes afraid seeing the gathering and thinking of the total holistic strength.

Feast becomes successful when all the items of the food are tasty. If all the items are palatable then it becomes a grand feast. Individual item may be tasty but it cannot be consumed much singly. Further, if one item is less tasty then other tasty items compensate that deficiency and the guest takes full meal.

Personality is the summation of personality traits. Single laugh, look, smile, voice, etc. may have no individual effect but definitely have holistic impact either attraction or repulsion of the concerned character.

A flower is beautiful. In garland the flower loses its identity. Also, a garland is beautiful. The beauty of the garland is the summation of generous donation of each and every flower. This beauty is the manifestation of totality as a whole i.e., holistic expression.

Result is the summation of all marks of different subjects thus secured by an examiner. It is the holistic outcome of talent of any student. It is responsible for calculating gradation of the concerned candidate. There are various subjects. Each subject has its individual contribution to build knowledge. In primary and secondary education all the subjects are required for full blooming of the tender soul.

A student cannot and may not be interested or strong in all subjects. After secondary education he chooses and selects the subject for higher education. This decision is taken from the holistic educational system.

In any negotiation holistic operation is the most important tool for good decision. Single aspect seldom offers permanent solution. In love holistic romance paves the way for love at first sight. In fact, good smile or good style may not offer goodness of the lover. Love is a long journey. As such, all aspects should be considered before taking any judicious decision.

Someone surrenders. He finds no way except surrendering. Someone protests. He contends that offence is the best defense. Someone keeps mum. He likes not or dares not to involve into problems or litigation. He is ready to give up all for the sake of peace. All these are different forms of holistic philosophy towards life.

One school of thought formerly considered when blood, phlegm, cholera and melancholy are in a definite proportion, a person enjoys normal life. Thus, this balanced holistic proportion of these four matters is responsible for one's health and disposition. But humor and laughter are the outcome of deviation from the desired ratio of these four matters. So, a humorous person is not a so-called normal human being. Historians consider humor as a cultural form and laughter as an emotional response.

Someone may give emphasis on a particular characteristic. Someone sings well. Consider her. Someone dances well. Consider her. Someone has beautiful complexion. Consider her. The consent is given basing on a single aspect. This very single aspect is holistic in nature. It is the holistic decision of the fiancé regarding his respective fiancée.

One may count all aspect. A romantic heart is guided by emotion. The tender soul counts only one aspect i.e. either singing or dancing or beautiful face. A judicious brain is guided by motion. He considers all aspect before any wise decision. He applies foresight. His holistic decision is based on plurality.

Love at first sight though seems to be holistic but single in aspect i.e. appearance. It was in silence or disappearance mode but suddenly appeared and became eloquent and conquered the head and the heart of the lover instant. This emotion may either be instant or constant.

In set theory of mathematics there is set and subset. Plural is a set. Single is a subset. Both plural and single part offer holistic decision. Generally, holistic decision is obtained from total parts. Sometimes single part may act or represent the total parts. It becomes the embodiment of totality. It is like epitome of the universe.

Conclusion

Beauty is a summation decision. It is purely a bio-chemical reaction. It is a holistic outcome. The face is beautiful only when the entire constituent parts of the face i.e. eyes, lips, nose, cheeks, eyebrows, forehead, etc. are assembled together and placed in their respective places accordingly. Then individual part becomes lively and appears with beauty. Single part is not beautiful or beauty cannot be perceived from one of the total parts of the human body. Outcome of total offers beauty. It is an added outcome. It is a bonus marks that paves for higher gradation. Here lies the importance of holistic approach.

Copyright: ©2023 Dibakar Pal, M.Phil. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.