

## Of Comfort

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### Abstract

*If a lover feels comfort with his fiancée then the love is genuine. Degree of genuineness depends on the degree of comfort. Thus comfort is the acid test of genuine love. The paradox is that love is always genuine but lover may not be genuine. Love is abstract. Lover is concrete. But lover seldom takes concrete decision. Most of the time lover betrays. Love betrays not. If love is one-sided there occurs avoidance first then separation is must. If both dislike both then separation takes place quick and smooth. Then both go back, rather compelled to go back to their respective places of comfort or discomfort from where they hailed. As such they say, "Look before you leap".*

**Keywords:** Comfort, Ease, Freedom, Relaxed, Relief, Pleasant

### Introduction

Creative writing is based more on manifestation rather than on expression. It does not inform, rather it reveals. So it bears no reference. The best creative writing is critical, and the best critical writing is creative. This article is an outcome of thinking about creative writing meant for a general readership. As such, I have adopted a free style methodology so that everyone can enjoy the pleasure of reading. As you might know, Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely 'Of Love', 'Of Friendship', 'Of Ambition', 'Of Studies', and so on. The multiple-minded genius correctly pointed out that all the words of the dictionary can be used as themes for essays. But little has been done since his death to continue or finish his monumental task. Bacon's unique individual style of presentation ignited my imagination and encouraged me to write creative essays as a method of relieving a wide range of emotions through catharsis.

### Article

Comfort is a state of physical ease and freedom from pain or constraint. For example: There is room for four people to travel in comfort.

It is the easing or alleviation of a person's feelings of grief or distress e.g., a few words of comfort.

It is a pleasant feeling of being relaxed and free from pain. For example: She evidently dresses for comfort.

It is the state of feeling better after feeling sad or worried, or some-

thing that makes you feel better in this way. For example: The letters that people wrote after his death gave me a lot of comfort.

It is the state of having a pleasant life with enough money for everything that you need. For example: He could retire now and live in comfort for the rest of his life.

It is something that makes your life easy and pleasant. For example: After the trip, it was nice getting back to a few home comforts.

It is to give strength and hope to. It is to cheer. e.g., comforted by the knowledge that the program will be fully funded.

It is to ease the grief or trouble of. For example: The mother comforted her crying child.

It is strengthening aid.

It is assistance. It is support e.g., accused of giving aid and comfort to the enemy.

It is consolation in time of trouble or worry. It is solace. For example: He turned to her for comfort when he lost his job. Her forgiveness afforded him great comfort.

It is a feeling of relief or encouragement. For example: It's a comfort to know that I can rely on you for help.

It is contented well-being e.g., a life of ease and comfort.

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It is a satisfying or enjoyable experience. For example: Seeing her son again after so many years was a great comfort.

It is one that gives or brings comfort. For example: Her grandchildren were always a great comfort to her.

It is to soothe, console, or reassure. It is to bring cheer to. For example: They tried to comfort her after her loss.

It is relief in affliction. For example: Her presence was a comfort to him.

It is a cause or matter of relief or satisfaction. For example: The patient's recovery was a comfort to the doctor.

Comfort is alias and akin to known. Unknown appears with difficulties causing fear and uncertainty. Known is without tension. It offers pleasure. A person enjoys relaxed mood.

Everybody likes to stay in comfort zone. Physical pain can be ignored, seldom the mental pain. It appears spontaneously rendering the person disturbed. There is medicine for physical pain, but mental pain has no medicine. Sympathy can offer relief. Only the concerned person can save him. In this regard none can help him. Thus self-help is the best help to rescue him from self-created crisis. Here confidence helps to overcome the problem.

They say a saint is happy. A family person leaves home to be happy like a saint. Such a person is called an escapist. The escapist argues it is better to decline marriage if a person cannot support his family. He is callous. Someone marries but cannot support. He is more callous.

Distant hill is always beautiful. Distant forest is always luxurious. Close view of both disclose the opposite truth. Similarly, man has the wrong notion that distant window is full of happiness. To some persons comfort is like unattainable ideal. It is just like mirage.

Sometimes comfort depends on luck. A passenger gets better seat beside the window and be happy for the grand journey. Another passenger does not get better seat though both have to give equal fare.

If a student gets admission in the institution as per of his choice then he can proceed with his studies with full comfort mood to realise his ambition.

If a lover feels comfort with his fiancée then the love is genuine. Degree of genuineness depends on the degree of comfort. Thus comfort is the acid test of genuine love. The paradox is that love is always genuine but lover may not be so. Love is abstract. Lover is concrete. But lover seldom takes concrete decision. Most of the time lover betrays. Love betrays not. If love is one-sided there occurs avoidance first then separation is must. If both dislike both

then separation takes place quick and smooth. Then both go back, rather compelled to go back to their respective places of comfort or discomfort from where they hailed. As such they say, "Look before you leap".

A fickle-minded person cannot enjoy comfort for long. He frequently changes his place and partner being driven by whims. As a result sometimes he suffers from nostalgia. As such again he returns back to the deserted place. Similarly he goes back to his partner. The paradox is that he cannot stay for long. It seems he does not know the address of comfort.

Only a fortunate person enjoys comfort. An unfortunate person seldom gets the soft touch of it. Comfort is quite restless. It is not permanent property of any person. Even the rich cannot chain it permanently. It is not the tame of any person irrespective of state, status and power as well.

Man generally wants to get relief from discomfort. It is quite natural. Again someone is always dissatisfied what he possesses. He wants to change his present comfort. He rushes for better comfort. He gets it. Again he rushes for best comfort. He gets it. There is good. There is better. There is best. Also there is better than best. The greedy person again hankers after better than best comfort. It is a series of infinite episodes of an endless drama. The person is so cursed that he cannot enjoy comfort. His life comes to an end through rushing.

Again someone is always unhappy. He thinks that other persons are happy except him. It is a mental disease. In fact none can make one happy. Only the concerned person can make him happy. The password of happiness is secret. It varies person to person. As such it is quite unique individually. As such unhappiness is self-created crisis. It is manmade disaster.

Different persons enjoy comfort from different sources. What is comfort to someone may not be attractive to some other. A wild animal feels comfort in the forest. It feels discomfort in the cage even it is made of gold. A thief feels comfort while steals. If he cannot steal he feels discomfort and becomes unhappy. A saint feels comfort while meditates. A student feels comfort while solves a problem. A business man feels comfort through profit. An energetic person feels comfort through work. A lazy person feels comfort in the bed.

Someone gets comfort from cradle to coffin. He is a blessed soul. Someone gets never. He is quite cursed. Someone gets comfort in early period of life. Someone gets it later period. Man, generally, wants confirmed comfort at old age. As such he works much and saves for future. Someone earns much and spends lavishly. Thus the savings is nil. Nil savings have two outcomes. Either the man may face trouble or may not face it. If he faces trouble he dies unfed. If he faces not he enjoys salvation. None knows what is in the lot.

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Someone may have different intention. Then his activity cannot be judged by common sense. After lunch generally man takes rest. If someone has hurry then he does not take rest. If a lover has to meet his fiancée then he hurriedly rushes to meet his lady in love. It is a secret comfort.

If a thief is engaged in the church for prayer he feels quite uneasy. It is called wrong person is posted in the wrong place. A Good Samaritan insists thereby inspires the corrupted soul to go to the light from dark. In course of time the thief enjoys divine comfort. Then right man is placed in the right place. Then two rights offer synergy i.e.,  $2 + 2 = 5$ .

### Conclusion

Comfort is a matter of luck. All do not get it. Even a rich may not get it. Rather a poor gets it. Here satisfaction plays a crucial role. He who is satisfied what he has or has earned feels divine grace of comfort. He who is not satisfied in any condition is deprived from this natural blessing. Here lies the secrecy of comfort, rather than secret comfort.

### References

No reference, since the present article is an outcome of Creative Nonfiction Writing.

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