

## Inborn Predisposition to Negative Thinking is the Basis of the Addiction to Alcohol and Narcotics. The Roots of Negative Thinking

Maria Kuman\*

Holistic Research Institute, Knoxville, TN 37923,  
USA

### \*Corresponding Author

Maria Kuman, Holistic Research Institute, Knoxville, TN 37923, USA.

**Submitted:** 2026, Feb 26; **Accepted:** 2026, Apr 30; **Published:** 2026, May 08

**Citation:** Kuman, M. (2026). Inborn Predisposition to Negative Thinking is the Basis of the Addiction to Alcohol and Narcotics. The Roots of Negative Thinking. *J Nur Healthcare*, 11(2), 01-05.

### Abstract

The article answers the question: "Why are some people born with dominant positive thinking and others with dominant negative thinking?" The people with dominant positive thinking is the happy people, who are healthy and live long. The people with dominant negative thinking is the unhappy people that nobody can make happy. Since their dominant negative thinking has darkened their brains, they usually need alcohol or narcotics (which are exiting substances) to feel better. Usually, they are unhealthy and don't live long. The article also answers the question: Can the people born as negative thinkers (if they know that their misery comes from their negative thinking) work on changing their way of thinking to positive and do it successfully? The answer is yes, but it needs constant lifelong efforts.

**Keywords:** Inborn Positive Thinking, Inborn Negative Thinking is the Inborn Thinking for Life, Changes Require Lifetime Efforts

### 1. Introduction

We are a material body and field seen as aura. For many years, I photographed the aura with Kirlian photography (which uses high voltage electric field to multiply the photons of the weak aura and make it photographable) (Fig. 1), and I found that the aura is brighter at positive emotions and dimmer at negative emotions. Since when we experience positive emotions - we say that we are in high Spirit, and when we experience negative emotions - we say we are in low Spirit, obviously the aura is our Spirit - aura (Spirit) that makes us emotional.

Our field form, seen as aura, is what make us emotional and creative (because there is no creativity without emotions). However, while some people are born with predisposition to positive thinking (these are the happy people, who are healthy and live long), other people are born with predisposition to negative thinking - those are the unhappy people (and nobody can make them happy), who are usually unhealthy and don't live long. Our material body has brain with two hemispheres:

1. Positive emotions are related to the Left Hemisphere because when the Left-hemisphere is damaged, the patients laugh all the time without a reason [1]. So, the people with inborn positive thinking are born with dominant left hemisphere of the brain.

The Left-hemisphere of the brain is also the Hemisphere of Logic connected to our Logical Mind on the surface of the brain.

2. Negative emotions are related to the Right Hemisphere because when the Right Hemisphere is damaged, the patients cry all the time without a reason [1]. So, the people with inborn negative thinking are born with dominant Right Hemisphere of the brain. The Right Hemisphere of the brain is also the Hemisphere of the Subconscious.

My lifetime study of the role of emotions allows me to explain in this article why some people are born with a predisposition to positive thinking and others – with predisposition to negative thinking.

### 2. The Emotional Aura (Spirit)

My finding when photographing the aura (Figure 1) that the aura is emotionally sensitive (brighter at positive emotions and dimmer at negative emotions) found its explanation with the measurements of the Russian scientist Shkatov. He invented equipment that can measure the spinning of the aura. He found that at positive emotions the aura spins clockwise. Nonlinear physics teaches that vortices spin clockwise and suck energy, which explains why positive emotions make the aura (Spirit) brighter [2].

---

Shkatov found that at negative emotions the aura spins counterclockwise. Nonlinear physics teaches that antivortices spin counterclockwise and loose energy, which explains why negative emotions make the aura (Spirit) dimmer. Unfortunately, Shkatov didn't know nonlinear physics and he couldn't explain all this, he only measured the direction of spinning of the aura (Spirit) at positive emotions – clockwise, and at negative emotions – counterclockwise. All this means that our body is gaining energy from positive emotions.

### 3. The Emotional Aura (Spirit) is the Living Force

Thus, we are getting energy in two ways – from the food, which our material body eats, and from the positive emotions, which our emotional Spirit feels. This makes positive emotions just as important as the food we eat [3]. If so, healing can be done in two ways: 1/ by healing the material body with proper diet or material substances (pharmaceutical drugs), or 2/ by healing the aura



**Figure 1:** Kirlian Photography of Aura Spiritual Level 9

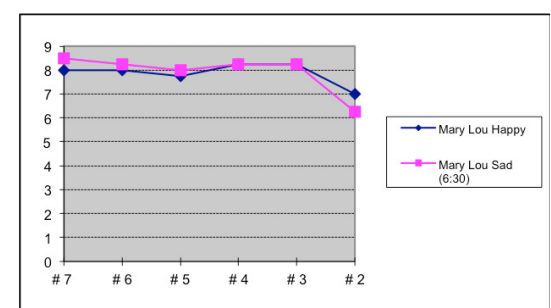
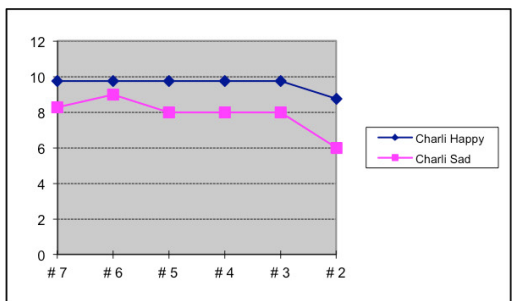
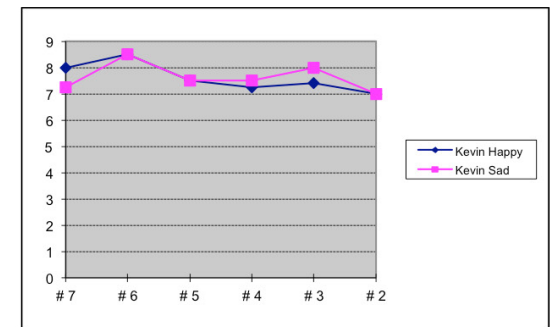
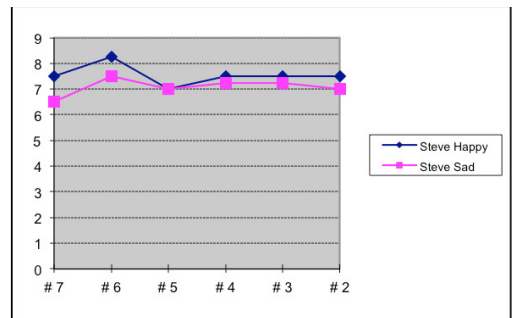
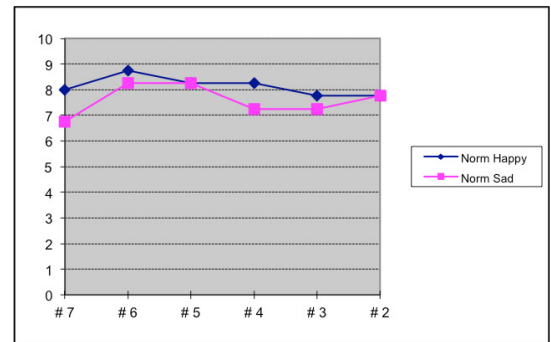
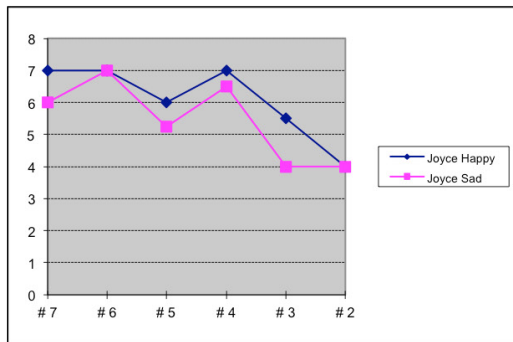
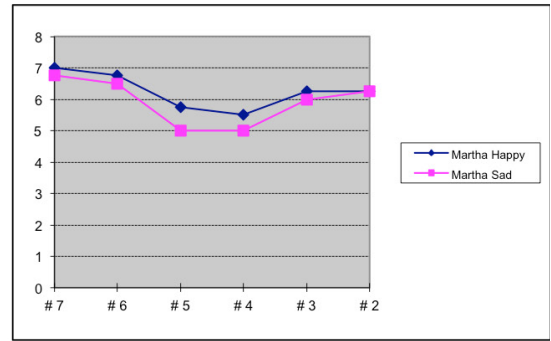
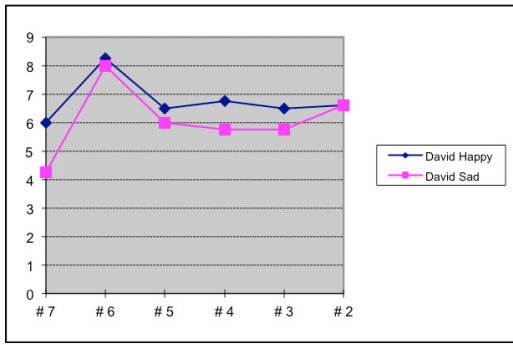
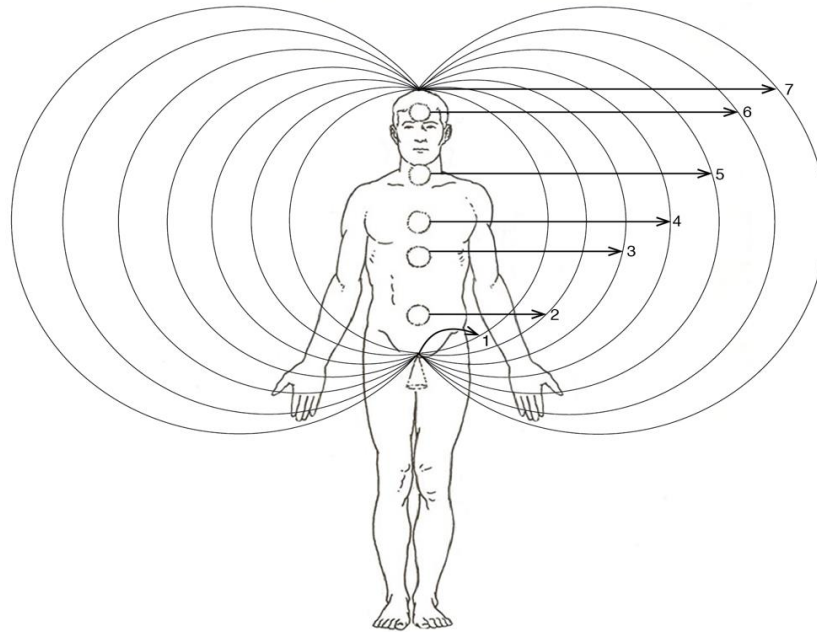


Figure 2: NEMFs Energy Measured at its Alternating Vortices and Antivortices along the Backbone (Figure 3)



**Figure 3:** Aura (Spirit) NEMFs with its alternating vortices and antivortices along the backbone (Spirit), which rules and regulates everything in the material body. Since “Aura” means “Light” in Hebrew (a special (laser) type of light), and the light is in Quants, the healing through the aura (Spirit) is Quantum Healing. All alternative medicine and the healing with frequencies is healing done through the aura (Spirit) and it is Quantum Medicine.

The aura (Spirit) is the living force that makes our material body alive and emotionally sensitive. When the aura (Spirit) leaves the body, the person is pronounced dead, and his material body becomes a good-for-nothing empty shell. The aura (Spirit) must be and it is nonlinear electromagnetic field (NEMFs) because nonlinear fields do not dissipate and can imprint information. It is very weak field - 1,000 times weaker than the field of the material body NEMFm - but it rules and regulates everything in the material body, not with its strength, but with the information it carries (nonlinear fields do not dissipate and can imprint information).

The weak field NEMFs is magnetically attached to the field of the material body NEMFm. The fact that NEMFs is very weak field, left it undetected until today, and our science continues to ignore it. However, considering the importance of this weak aura (Spirit) field (it rules and regulates everything in the body), I built a supersensitive equipment that can measure it.

#### 4. Measuring the Important Role of Our Emotions and Way of Thinking

With my supersensitive equipment, I measured and found that positive emotions (or just positive thinking) increases and balances energy of the body, which means positive emotions (or just positive thinking) heal (upper curves on Fig. 2). Opposite to this, negative emotions (stress) (or just negative thinking) lower the energy and destroy the body-energy balance because the energy

of the genetically-inherited weak organ drops maximum (lower curves on Fig. 2). This means that negative emotions (stress) (or just negative thinking) with time will lead to a disease of the genetically-inherited weak organ:

1. The stress (negative emotions or just negative thinking) will lead with time to chronic disease of the genetically-inherited weak organ, if the energy in the cells is genetically-inherited weak, which means the biorhythms in the cells are weakly integrated. Negative emotions (stress) causes delays (because the body needs to stop its habitual work and mobilize for response to the stressor(s)) and this causes phase shift (delay) of the due biorhythms, which disintegrates the biorhythms and leads to chronic disease of the genetically-inherited weak organ.
2. Stress (negative emotions or just negative thinking) will lead with time to cancer of the genetically-inherited weak organ, if the energy between the cells is genetically-inherited low. This is so because Russian scientists found that weak field between the cells leads to the formation of crystals between the cells, which disconnect the cells and they start to multiply fast, as they do in a cut wound. But when in a cut wound the new cells are guided by the current of regrowth (that start at the cut) where to go, in the case of cancer there is nothing to tell the new cells where to go, and they multiply senselessly (which is called malignancy).

---

## 5. What Inherited Predisposition to Positive and Negative Thinking Means

My article [6] explains the ethnic origin of the humans inhabiting the Earth. The Bible says that Nephilim mated with Earthly women. However, who were the Nephilim? Since we all have a reptilian brain on the back of our heads, it is natural to admit that we are a hybrid of humans with Reptilians. Therefore, the Nephilim who mated with Earthly women must have been Reptilians (different species), and to be able to mate with the Earthly women, they had to genetically re-engineer the Earthly women first. Thus, we are a hybrid of humans and Reptilians and while our positive thinking comes from our human half, our negative thinking comes from our Reptilian half. This would explain why the people with in-born dominant negative thinking are more likely to get possessed by negative (Reptilian) Spirits.

## 6. We Were Given a Freedom of Choice

However, can a person with inborn predisposition to negative thinking to change his way of thinking to positive? The answer is: Yes! People born with predisposition to negative thinking, who understood that their life-misery came from their inborn negative thinking, could commit themselves to changing their way of thinking (and not to allow negative thinking) [7]. Thus, if in-born negative thinkers chose to change, and work toward changing their way of thinking to positive, may not die as negative thinkers. Even their children conceived after they have changed their way of thinking to positive, will be born as positive thinkers [7].

The people with inborn predisposition to negative thinking are usually addicted to alcohol or narcotics, which are exciting substances bringing light to their minds darken by their dominant negative thinking. No wonder after our presently-used rehabilitation programs 80% of the addicted personalities go back to the alcohol and narcotics. This means that in order to get rid of the dependence of alcohol and narcotics, these people need to change their way of thinking from negative to positive [7].

## 7. Conclusion

Thus, some people are born with genetic predisposition to positive thinking (dominant Left-brain-hemisphere), which is a Human dominance. Other people are born with genetic predisposition to negative thinking (dominant Right-brain-hemisphere), which is a Reptilian dominance (with dominant negative thinking). The negative thinkers have larger probability to get possessed by dark Reptilian Spirits and get addicted to alcohol or narcotics – exciting substances, which bring light to their minds darkened by their dominant negative thinking. The way out of their dependency on alcohol and narcotics is: the addicted person needs to understand that the misery of his life comes from his inborn predisposition to negative thinking and he must work toward changing his way of thinking from negative to positive. However, changing his way of thinking from negative to positive is a constant life-long effort.

## References

1. M. Kuman, A Guide to the Mind Secrets, Health and Happiness Books, 1998.
2. M. Kuman, Let There Be Light – United Science and Religion, Health and Happiness Books, 2021.
3. M. Kuman, Why Are We Emotional? Why Are We Craving Love? v.3, Health and Happiness Books, 2020.
4. M. Kuman, The Act of Conception Is Magnetic in Origin and so Is the Attraction between the Sexes, Journal of Complimentary Medicine and Alternative Healthcare, 11 (1) 2020.
5. M. Kuman, The Quantum Field of Our Body Is Responsible for Our Fast Response, Fast Adaptation, and Seeing with the Mind, Current Trends in Bioengineering and Biosciences,(submitted).
6. M. Kuman, Quantum Interpretation of Radar Signals Reveals 2-miles-deep Construction under the Pyramids – Who Built the Pyramids? Global Journal of Science Frontier Research, 25 (2) 2025.
7. M. Kuman, Listen and Talk to Your Body and Soul, Health and Happiness Books, 2007.

*Copyright: ©2026 Maria Kuman. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.*