

Energy Alterations in Lesbians with Low Libido

Huang W L*

Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management Specialist. Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil.

*Corresponding Author:

Huang Wei Ling, MD, Rua Homero Pacheco Alves, 1929, Franca, São Paulo, 14400-010, Brazil. Phone: (+55 16) 3721-2437.

Submitted: 11 Nov 2022; Accepted: 17 Nov 2022; Published: 26 Nov 2022

Citations: Huang, W. L. (2022). Energy Alterations in Lesbians with Low Libido. *Adv Sex Reprod Health Res*, 1(1), 81-83.

Introduction

In my daily clinical practice, I have been confronted with some situations regarding the sexuality of lesbian patients, especially low libido, and this is a subject that I want to share with you in this editorial. To write this article, I will use the thoughts used by Hippocrates (c. 460 bce - c. 375 bce), the father of medicine, that said that “foolish the doctor who despises the knowledge acquired by the ancients”. For this reason, I will use the reasoning used by traditional Chinese medicine, that exists for more than 5000 years, to explain the energy alterations found in lesbian patients with low libido [1].

According to the study written by Finley (2017) entitled *Lifestyle Choices Can Augment Female Sexual Well-Being*, there are many causes of low libido that can be emotional, physical, psychological, cultural, or some relationship problems with her partner [2].

According to some studies, low libido can decrease due to some clinical conditions such as fatigue, anxiety, and some mental disorders. Generally, it decreases with age and it is a symptom of hypogonadism [3].

The treatment of low libido is often refractory and this is caused by the lack of knowledge about the determinants of libido in women [3].

According to Finley (2017), a healthy lifestyle is one way for to women improve low libido and can be made including yoga, exercises, and mindfulness [2].

In studies published recently, they report that sexual relations among lesbian women tend to decrease with longer living but in this brief editorial, I would like to explain what are the energy changes that are occurring in these patients that should be treated so that they can have a fuller sex life [5, 6].

Sexuality is commanded by the energy of the Kidney according to the teachings of traditional Chinese medicine and the drop-in libido is related to the drop in the Kidney's energy, very common nowadays [6].

In a study where I analyzed the energy of the five massive internal organs (which are the Kidney, Liver, Heart, Spleen, and Lung), I found that 90 percent of all my patients are without energy in all these internal massive organs and only 2.5 % of patients have energy in the Kidney, according to a study written by myself (2021) entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19* [7, 8].

Kidney energy is important for maintaining our youth, preventing the appearance of white hair, memory, concentration, and maintaining our bones, teeth, hearing, for our reproduction, and for our sexuality [9].

And in one of these appointments about a year ago, I attended a patient of about 35 years old with low back pain and anxiety. The patient had already had 2 children with her first husband and had separated to have a relationship with her co-worker, that is another woman, whom she considered her husband. The two lesbian women work in the same place, and initially had a very active sex life, but recently (2022) they complain that they no longer have the same desire as they did at the beginning of the relationship and they were even afraid if one was betrayed by the other [10, 11].

The two came to measure the energy of the five massive internal organs (Liver, Heart, Spleen, Lungs, Kidney) in my clinic and what I found in this measurement was that all the massive internal organs were total without energy, on a scale of one to eight, (with one being the weakest energy and eight being the normal energy). In this measurement, I found that all the internal massive organs were totally without energy, corroborating with another study that I had done analyzing this same energy in 1000 patients from 2015 to 2020, concluding that 90% of all of them had no energy in the five internal massive organs, as I showed above [8, 12].

All these alterations cannot be seen with the naked eye and therefore are not diagnosed by Western medicine, since after the implementation of the Flexner report in 1910, only what could be proved through laboratory and/or radiological examinations was considered scientific and for this reason, all energy alterations are

not teach in the medical faculties and for this reason, they can only treat the symptoms but the cause of formation of diseases, that are in the energy level, is not usually treated until today [13-15].

It was prescribed for both Chinese diet therapy where it was orientated to avoid the ingestion of dairy products, Coldwater, raw foods, and sweets to do not cause more energy deficiency in the Spleen and pancreas meridian, responsible for the absorption of nutrients. In addition, it was orientated to avoid the ingestion of soft drinks, coffee, and mate tea, as they could cause more deficiency in the energy of the Kidney, responsible for the production of *Yin* and *Yang* energy and responsible for sexual function [7-12].

I started acupuncture treatment in order to strengthen Kidney energy by tonifying acupoints to increase Blood production, tonifying Spleen pancreas energy, toning Kidney points, and removing internal Heat. To fill the tank of all the massive internal organs, highly diluted medicines were used, such as homeopathic according to the theory created by myself (2020) entitled *Constitutional Homeopathy theory of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications. The homeopathic used in this treatment was Phosphorus to replenish the energy of the Liver, Calcarea Carbonica to replenish the energy of the Spleen, Silicea to treat the Lungs, and Natrum muriaticum to replenish the energy of the Kidney [12].

Both patients improved their sexual desire after one week of treatment and are very happy that sexual attraction and desire had returned nowadays, they even think about having a baby, however, they are discussing who will do the insemination to have the child. since both have the possibility of giving birth to a child.

These energy alterations in the five internal massive organs are found in almost everyone nowadays, according to a study I did to analyze the energy of the five massive internal organs of 1000 patients during the period 2015 to 2020, I concluded that 90% of all my patients are total without energy and if the study were done today, I would say that almost 100% of patients are having this problem [7, 8].

This is due to the modernization of telecommunication technologies in which the effects of electromagnetic waves in our body because this decrease in the vital energy of our organs and lead to a state of general immunodepression, leading to a tendency to have infectious and non-infectious processes such as an increase in arterial hypertension, myocardial infarction, tendency to have thrombosis, increase in cancer, even in children because they are already born to parents without energy [7, 8].

This lack of energy in the five massive internal organs is the cause of most diseases of all medical specialties, because every disease, before forming and being visible to the eye, goes through years of energy deficiency, having as its final stage, the appearance of cancer [7, 8].

Therefore, lesbian patients or not may be suffering from low sexual energy, due to energy deficiency, which is often not possible to be visualized with the naked eye [16].

But we need to keep in mind that patients who are at this stage, if they still do not have any alterations in the laboratory exam, may only have alterations in the energy level, but they should be promptly treated to avoid evolving into any physical disease mentioned above [17].

The integration of current medicine with older medicines, such as traditional Chinese medicine, is of paramount importance to understand at a deeper level what may be happening with lesbian patients who are not having sexual energy. Treatment with highly concentrated drugs for this purpose should be discouraged due to the fact that any highly concentrated drug causes an even greater decrease in vital energy and worsens the cause at the energy level, according to renowned German scientists, who wrote the Arndt Schultz Law in 1888 [12, 18].

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