## Research Article

# Classical Poincaré Conjecture via 4D Topology 

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#### Abstract

The classical Poincaré conjecture that every homotopy 3-sphere is diffeomorphic to the 3-sphere is confirmed by Perelman in arXiv papers solving Thurston's program on geometrizations of 3-manifolds. A new confirmation of this conjecture is given by a method of $4 D$ topology. For this proof, the spun torus-knot of every knot in every homotopy 3-sphere is observed to be a ribbon torus-knot in the 4-sphere, where Smooth 4D Poincaré Conjecture and Ribbonness of a spherelink with (not necessarily meridian-based) free fundamental group are used. By examining a disk-chord system of a ribbon solid torus bounded by the spun torus-knot, it is proved that the knot belongs to a 3-ball in the homotopy 3-sphere. Then by Bing's result, it is confirmed that the homotopy 3-sphere is diffeomorphic to the 3-sphere.


Keywords: Homotopy 3-Sphere, Spun Torus-Knot, Ribbon solid torus, Chord diagram.

## 1. Introduction

A homotopy 3-sphere is a smooth 3-manifold $M$ homotopy equivalent to the 3 -sphere $S^{3}$. The following Poincaré Conjecture is positively shown by Perelman in arXiv papers solving positively Thurston's program on geometrizations of 3 -manifolds [1-6].

## Poincaré Conjecture

Every homotopy 3 -sphere $M$ is diffeomorphic to $S^{3}$.
A new confirmation of this result is presented here by combining Smooth 4D Poincaré Conjecture and Free Ribbon Lemma for an $S^{2}$-link in the 4 -sphere $S^{4}$ with R. H. Bing's result on Poincaré Conjecture [7,8]. A homotopy 4-sphere is a smooth 4 -manifold $X$ homotopy equivalent to the 4 -sphere $S^{4}$. The following conjecture was a folklore conjecture.

## Smooth 4D Poincaré Conjecture

Every smooth homotopy 4-sphere $X$ is diffeomorphic to $S^{4}$.

The positive proof of this conjecture is shown in [9]. A surfacelink in $S^{4}$ is a surface $L$ smoothly embedded in $S^{4}$. When $L$ is connected, it is a surface-knot. If all components of $L$ are 2-spheres, then it is an $S^{2}$-link. A surface-link $L$ in $S^{4}$ is trivial if $L$ bounds disjoint handlebodies in $S^{4}$, and a ribbon surface-link if $L$ is equivalent to a surface-link obtained from a trivial $S^{2}$-link $O$ by surgery along disjointedly embedded 1-handles on $O$ in $S^{4}$. The following Free Ribbon Lemma is used in Section 3 [10].

## Free Ribbon Lemma

Any $S^{2}$-link $L$ in $S^{4}$ with free fundamental group $\pi_{1}\left(\mathrm{~S}^{4} \backslash L b\right.$,) is a ribbon $S^{2}$-link in $S^{4}$.

The proof of this lemma is moved from this preprint version to the paper [10] (for completeness of the argument), which is done by using Smooth 4D Poincaré Conjecture and Smooth Unknotting Conjecture explained as follows:

## Smooth Unknotting Conjecture

Every smooth surface-link L in $S^{4}$ with a meridian-based free fundamental group $\pi_{1}\left(S^{4} \backslash L, b\right)$ is a trivial surface-link.

The proof of this conjecture is shown by [11-13]. Artin's spinning construction of a knot $k$ in $S^{3}$ to construct the spun $S^{2}$ knot $K(k)$ in the 4 -sphere $S^{4}$ allows us to generalize to a connected graph $\gamma$ in every homotopy 3 -sphere $M$ to construct the spun $S^{2}$ link $K(\gamma)$ in a homotopy 4 -sphere $X(M)$ which is diffeomorphic to $S^{4}$ by Smooth 4D Poincaré Conjecture, so that $X(M)$ is identified with $S^{4}$ [9]. This construction is applied to a Heegaard graph $\gamma$ of $M$ (associated to a Heegaard splitting of $M$ ). Then the spun $S^{2}$-link $K(\gamma)$ is an $S^{2}$-link in $X(M)$ with free fundamental group (not always meridian-based free group). By Free Ribbon Lemma, the spun $S^{2}$ - link $K(\gamma)$ is a ribbon $S^{2}$-link in $X(M)$. It is observed that for every knot $k$ in every homotopy 3 -sphere M, there is a Heegaard graph $\gamma$ of $M$ such that $k$ is contained in the loop system of $\ell(\gamma)$ of $\gamma$. This means that the spun $S^{2}-\operatorname{knot} K(k)$ of every knot $k$ in every homotopy 3 -sphere $M$ is a ribbon $S^{2}$-knot in $X(M)$. Then, by definition, the spun torus-knot $T(k)$ of every
knot $k$ in every homotopy 3-sphere $M$ is a ribbon torus-knot in $X(M)$. Thus, the spun torus-knot $T(k)$ always bounds a ribbon solid torus $V_{R}$ in $X(M)$. By an argument of a disk-chord system of $V_{R}$ bounded by the spun torus-knot $T(k)$ in $X(M)$, the following result is shown.

## Theorem 1.1

Every knot k in every homotopy 3 -sphere M belongs to a 3-ball $D^{3}$ in $M$.

By combining Theorem 1.1 with the following result of Bing in it is proved that every homotopy 3 -sphere $M$ is diffeomorphic to $S^{3}[7,8]$. Thus, the proof of Poincaré conjecture is completed.

## Bing's Theorem

A homotopy 3 -sphere $M$ is diffeomorphic to $S^{3}$ if every knot $k$ in M belongs to a 3-ball in $M$.

Outline of the proof of Poincare Conjecture is as follows:
(1st Step) By using Smooth 4D Poincaré Conjecture, show that Artin's spinning construction of every Heegaard graph $\gamma$ of every homotopy 3 -sphere $M$ gives a spun $S^{2}$-link $K(\gamma)$ in $S^{4}$ with free fundamental group (not always meridian-based free group).
(2nd Step) By Free Ribbon Lemma, the spun $S^{2}$-link $K(\gamma)$ is a ribbon $S^{2}$-link in $S^{4}$.
(3rd Step) Show that every knot k in $M$ is contained in a loop system $\ell(\gamma)$ of a Heegaard graph $\gamma$ of $M$, so that the spun $S^{2}$-knot $K(k)$ of $k$ is a ribbon $S^{2}$-knot in $S^{4}$.
(4th Step) By definition of a ribbon surface-knot, show that the spun torus-knot $T(k)$ of $k$ in $M$ is a ribbon torus-knot in $S^{4}$.
(5th Step) By using a ribbon solid torus $V_{R}$ bounded by the spun torus-knot $T(k)$ in $S^{4}$ and a disk-chord system of $V_{R}$, show that $K$ belongs to a 3-ball $D^{3}$ in $M$.
(6th Step) By Bing's theorem, $M$ is diffeomorphic to $S^{3}$.
In Section 2, Artin's spinning construction of a connected graph in a homotopy 3 -sphere is explained. In Section 3, an argument of a disk-chord system of a ribbon solid torus bounded by a ribbon torus-knot is explained. In Section 4, the proof of Theorem 1.1 is done.

## 2. Artin's Spinning Construction of a Connected Graph in a

 Homotopy 3- SphereThroughout this section, $M$ denotes a homotopy 3 -sphere unless otherwise mentioned. For a homotopy 3 -sphere $M$, let $M^{(0)}$ be the compact once-punctured manifold $\operatorname{cl}(M \backslash B)$ of $M$ for a 3-ball $B$ in $M$. Let

$$
S=\partial B=\partial M^{(0)}
$$

be the boundary 2-sphere of $M^{(o)}$. The closed smooth 4-manifold $X(M)$ defined by

$$
X(M)=M^{(0)} \times S^{1} \cup S \times D^{2}
$$

is called the spun manifold of $M$ with axis 4-submanifold $S \times D^{2}$. As a convention, the 3 -submanifold $M^{(0)} \times 1$ of the product $M^{(0)}$ $\times S^{1}$ is identified with $M^{(0)}$. In particular, a point $(q, 1) \in M^{(0)} \times$ 1 is identified with the point $q \in M^{(0)}$. This 4-manifold $X(M)$ is a smooth homotopy 4 -sphere by the van Kampen theorem and a homological argument and hence $X(M)$ is diffeomorphic to the 4 -sphere $S^{4}$ by Smooth 4D Poincaré Conjecture. From now on,
the identification $X(M)=S^{4}$ is fixed. A legged loop with base point $v$ is the union $k \cup \omega$ of a loop $k$ and an arc $\omega$ joining the base point $v$ with a point of $k$. The $\operatorname{arc} \omega$ is called a leg. A legged loop system with base point $v$ is the union

$$
\gamma=\cup_{i=1}^{n} \ell_{i} \cup \omega_{i}
$$

of $n$ legged loops $\ell_{i} \cup \omega_{i}(i=1,2, \ldots, n)$ meeting only at the same base point $v$. Let $\ell(\gamma)=\cup_{i=1}^{n} \ell_{i}=\ell_{*}$ denote be the loop system of the legged loop system $\gamma$. Let $\omega_{*}=\cup_{i=1}^{n} \omega_{i}$ and $v_{*}=\ell_{*} \cap \omega_{*}$. A regular neighborhood $B$ of $\omega_{*}$ in $M$ is taken as a 3-ball $B$ used for the compact once-punctured manifold $M^{(o)}=\operatorname{cl}(M \backslash B)$ of $M$. Deform the subgraph $\gamma \cap B$ of $\gamma$ so that

$$
\omega_{*} \subset B, \quad \omega_{*} \cap S=v_{*} \quad \text { and } \quad \ell_{*} \cap B=\ell_{*} \cap S=a_{*}^{\prime}
$$

for a regular neighborhood arc system $a^{\prime} *$ of $v_{*}$ in $\ell_{*}$. Let

$$
a(\gamma)=\cup_{i=1}^{n} a_{i}=a_{*}
$$

for a proper $\operatorname{arc} a_{i}=\operatorname{cl}\left(\ell_{i} \backslash a_{i}^{\prime}\right)(i=1,2, \ldots, n)$ in $M^{(o)}$. Let

$$
\dot{a}(\gamma)=\partial a_{*}=\partial a_{*}^{\prime}
$$

be the set of $2 n$ points in the boundary 2 -sphere $S$ of $M^{(0)}$. The spun $S^{2}$-link of the graph $\gamma$ is the $S^{2}$-link $K(\gamma)$ in the 4 -sphere $X(M)$ defined by

$$
K(\gamma)=a(\gamma) \times S^{1} \cup \dot{a}(\gamma) \times D^{2}
$$

## Lemma 2.1

The inclusion $M^{(o)} \mid a(\gamma) \subset X(M) \backslash K(\gamma)$ induces an isomorphism

$$
\sigma: \pi_{1}\left(M \backslash \gamma, v^{+}\right) \rightarrow \pi_{1}\left(X(M) \backslash K(\gamma), v^{+}\right)
$$

sending a meridian system of the proper arc system $a(\gamma)$ in $M^{(0)}$ to a meridian system of $K(\gamma)$, where the base point $v^{+}$is taken in $S \backslash a^{\prime}$

## Proof of Lemma 2.1

Note that there is a canonical isomorphism

$$
\pi_{1}\left(M^{(o)} \backslash a(\gamma), v^{+}\right) \cong \pi_{1}\left(M \backslash \gamma, v^{+}\right)
$$

Then the desired isomorphism $\sigma$ is obtained by applying the van Kampen theorem between $\left(M^{(0)} \mid a(\gamma)\right) \times S^{1}$ and $(S \mid \dot{a}(\gamma)) \times D^{2}$. This completes the proof of Lemma 2.1.

Here is a note on Lemma 2.1.

## Note 2.2

Ageneral connected graph $\gamma$ with Euler characteristic $\chi(\gamma)=1-$ $n$ in $M$ is deformed into a legged loop system $\gamma$ in $M$ by choosing a maximal tree to shrink to a base point $v$. Note that there are only finitely many maximal trees of $\gamma$ such that the loop systems $\ell(\gamma)$ of the resulting legged loop systems $\gamma$ are distinct as links. By Lemma 2.1, we can obtain finitely many distinct spun $S^{2}$ links in $S^{4}$ with isomorphic fundamental groups obtained by taking different maximal trees of the connected graph $\gamma$. This is a detailed explanation on the spun $S^{2}$-link of a connected graph associated with a maximal tree in [23, p.204] when $M=S^{3}$.

When a homotopy 3 -sphere $M$ is given by a Heegaard spitting $V \cup V^{\prime}$ pasting along a Heegaard surface $F=\partial V=\partial V^{\prime}$ of genus $n$, a legged loop system $\gamma$ with loop system $\ell(\gamma)$ of $2 n$ loops is constructed as follows. A spine of a handlebody $V$ of genus $n$ is a legged loop system $\gamma V$ in $F=\partial V$ with base point $v$ such that the inclusion map $\gamma V \rightarrow V$ induces an isomorphism $\pi_{1}$ $(\gamma, v) \rightarrow \pi_{1}(V, v)$. A regular neighborhood $\dot{V}$ of $\gamma V$ in $F$ is a planar surface in $F$. By [22, Theorem 10.2], there is a diffeomorphism $(V \times[0,1], \dot{V} \times 0) \rightarrow(V, \dot{V})$ sending every point $(x, 0) \in \dot{V} \times 0$ to $x \in \dot{V}$. The surface $V$ is called a spine surface of $V$. Let $\gamma_{v}$ and $\gamma_{V^{\prime}}$ be spines of the handlebodies $V$ and $V^{\prime}$ in $F$ with the same base point $v$, respectively. A Heegaard graph of $M$ is a legged loop system $\gamma=\gamma M$ in $M$ with base point $v$ which is the union of legged loop systems $\gamma^{+}{ }_{V}$ and $\gamma^{+}{ }_{V}$ obtained from $\gamma_{V}$ and $\gamma_{V}$, by pushing $\gamma_{V}$ $\backslash v$ and $\gamma_{v^{\prime}} \backslash v$ into the interiors $\operatorname{Int} V$ and $\operatorname{Int} V^{\prime}$, respectively. The following lemma is obtained.

## Lemma 2.3

For every Heegaard graph $\gamma$ of every homotopy 3 -sphere $M$, the fundamental group $\pi_{1}\left(X(M) \backslash K(\gamma), v^{+}\right)$of the spun $S^{2}$-link $K(\gamma)$ in the 4 -sphere $X(M)$ is a free group of rank $2 n$.

## Proof of Lemma 2.3

The closed complement $\operatorname{cl}(M \backslash N(\gamma))$ for a regular neighborhood $N(\gamma)$ of $\gamma$ in $M$ is diffeomorphic to the handlebody $F^{(0)} \times[-1,1]$ for the once-punctured surface $F^{(0)}$ of $F$. Since the fundamental group $\pi_{1}\left(F^{(0)} \times[0,1], v^{+}\right)$with base point $v^{+}$taken in $\left(\partial F^{(0)}\right) \times[0$, 1] is a free group of rank $2 n$, the desired result is obtained from Lemma 2.1.

It is noted that this free group in Lemma 2.3 is not necessarily a meridian-based free group. Here is an example.


Figure 1: A legged loop system $\gamma$ in $S^{3}$ with free fundamental group of rank 2

## Example 2.4

Let $\gamma$ be a legged loop system with base point $v$ in $M=S^{3}$ illustrated in Figure 1 with $\pi_{1}\left(M \backslash \gamma, \nu^{+}\right)$a free group of rank 2. In fact, a trivial legged loop system is obtained by sliding an edge along another edge, so that $\pi_{1}\left(M \backslash \ell(\gamma), v^{+}\right)$is a free group of rank 2. A regular neighborhood $V$ of $\gamma$ in $M$ and the closed complement $V^{\prime}=\operatorname{cl}(M \backslash V)$ constitute a genus 2 Heegaard splitting $\mathrm{V} \cup \mathrm{V}^{\prime}$ of $M$ by noting that the 3-manifold $V^{\prime}$ is a handlebody of genus 2 by the loop theorem and the Alexander theorem (cf. e.g., [23]). Thus, the union $V \cup V^{\prime}$ is a genus 2 Heegaard splitting of $M$. Since the legged loop system $\gamma$ with base point $v$ is a spine of $V$
by sliding the base point $v$ into $\partial V$, there is a Heegaard graph $\gamma_{M}$ of $M$ with $\gamma$ as $\gamma_{V}^{+}$. By Lemma 2.3, the spun $S^{2}-\operatorname{link} K\left(\gamma_{M}\right)$ in the 4 -sphere $X(M)=S^{4}$ has the free fundamental group $\pi_{1}(X(M)$ $\left.\backslash K\left(\gamma_{M}\right), v^{+}\right)$of rank 4 , which does not admit any meridian basis because the spun $S^{2}$-link $K(\gamma M)$ in $S^{4}$ contains, as a component, the spun trefoil $S^{2}$-knot whose fundamental group is known to be not infinite cyclic.

Given a proper arc system $a_{*}$ in $M^{(0)}$, there is a legged loop system $\gamma$ in $M$ with the proper arc system $a(\gamma)=a_{*}$ in $M^{(0)}$. The spun $S^{2}$-link $K(\gamma)$ in $X(M)$ is uniquely determined by the arc system $a_{*}$ and thus denoted by $S\left(a_{*}\right)$. The following lemma is used toward the final step of the proof of Poincare conjecture.

## Lemma 2.5

Let $a_{*}$ be a proper arc system in a compact once-punctured manifold $M^{(o)}=\operatorname{cl}(M \backslash B)$ of a homotopy 3-sphere $M$. If the spun $S^{2}$-link $S\left(a_{*}\right)$ in the 4- sphere $X(M)$ is a trivial $S^{2}$-link, then the proper arc system $a_{*}$ is in a boundary-collar $S \times[0,1]$ of $M^{(0)}$.

## Proof of Lemma 2.5

By Lemma 2.1, the fundamental group $\pi_{1}\left(M^{(0)} \backslash a(\gamma), v^{+}\right)$is a meridian-based free group. Consider the 2 -sphere $S$ as the boundary

$$
\partial(d \times[0,1])=d \times 0 \cup(\partial d) \times[0,1] \cup d \times 1
$$

of the product $d \times[0,1]$ for a disk $d$ so that $d \times 0$ contains one end of the proper arc system $a_{*}$ and $d \times 1$ contains the other end of the proper arc system $a_{*}$. Let $\left(E ; E_{0}, E_{1}\right)$ be the triplet obtained from ( $M^{(0)}, d \times 0, d \times 1$ ) by removing a tubular neighborhood of $a_{*}$ in $M^{(0)}$. For $v^{+} \in E_{0}$, the inclusion $E_{0} \subset E$ induces an isomorphism

$$
\pi_{1}\left(E_{0}, v^{+}\right) \rightarrow \pi_{1}\left(E, v^{+}\right) .
$$

By [22, Theorem 10.2], $E$ is diffeomorphic to the connected sum of the product $E_{0} \times[0,1]$ and a homotopy 3 -sphere. This means that the proper arc system $a_{*}$ is in a boundary-collar $S \times[0,1]$. This completes the proof of Lemma 2.5.

## 3. A Ribbon Surface-Link and a Disk-Chord System of A Ribbon Handle Body System

By combining Lemmas 2.3 with Free Ribbon Lemma in Section 1, the following lemma is obtained.

## Lemma 3.1

The spun $S^{2}-\operatorname{link} K(\gamma)$ of every Heegaard link $\gamma$ of every homotopy 3 -sphere $M$ is a ribbon $S^{2}$ link in $X(M)$.

The following lemma makes a connection between a knot in $M$ and a Heegaard graph of $M$.

## Lemma 3.2

For every knot $k$ in every homotopy 3 -sphere $M$, there is a Heegaard graph $\gamma$ of $M$ such that the knot $k$ is equivalent to a component of the loop system $\ell(\gamma)$ of $\gamma$ in $M$.

## Proof of Lemma 3.2

By considering $k$ as a polygonal loop in $M$, there is a triangulation $T$ of $M$ whose 1 -skeleton $T^{(1)}$ contains the knot $k$. The graph $T^{(1)}$ is deformed into a legged loop system $\gamma$ in $M$ so that $k$ is a component of the loop system $k\left(\gamma^{\prime}\right)$. Let $V^{\prime}$ be a regular neighborhood of $\gamma^{\prime}$ in $M$ which is a handlebody. The legged loop system $\gamma^{\prime}$ is deformed into a spine $\gamma_{V^{\prime}}$ of the handlebody $V^{\prime}$. The closed complement $V=\operatorname{cl}\left(M \backslash V^{\prime}\right)$ is also a handlebody, so that there is a Heegaard splitting $V \cup V^{\prime}$ of $M$. Hence there is a Heegaard graph $\gamma$ of $M$ obtained from $\gamma_{V}$ and $\gamma_{V}$ such that $k$ is equivalent to a component of the loop system $\ell(\gamma)$.

By Lemma 3.2, there is a Heegaard graph $\gamma$ of $M$ whose loop system contains the knot $k$. By Lemma 3.1, the spun $S^{2}$-link $K(\gamma)$ is a ribbon $S^{2}$-link in $X(M)$, so that the spun $S^{2}$-knot $K(k)$ is a ribbon $S^{2}$-knot in $X(M)$ because any component of a ribbon $S^{2}$-link in $S^{4}$ is a ribbon $S^{2}$-knot in $S^{4}$ by definition. Thus, the following result is obtained.

## Lemma 3.3

For every knot $k$ in every homotopy 3 -sphere $M$, the spun $S^{2}$-knot $K(k)$ is a ribbon $S^{2}$-knot in $X(M)$.

For a knot $k$ in the interior of $M^{(0)}=\operatorname{cl}(M \backslash B)$ for a 3-ball $B$,

the spun torus-knot of $k$ is a torus-knot $T(k)$ in $X(M)$ given by the inclusions $T(k)=k \times S^{1} \subset M^{(0)} \times S^{1} \subset M^{(0)} \times S^{1} \cup S \times D^{2}=X(M)$. The spun torus-knot $T(k)$ in $X(M)$ is uniquely constructed up to choices of a 3-ball B. The following lemma is important to our purpose.

## Lemma 3.4

For every knot $k$ in every homotopy 3 -sphere $M$, the spun torusknot $T(k)$ is a ribbon torus-knot in $X(M)$.

## Proof of Lemma 3.4

From construction, the spun $S^{2}$-knot $K(k)$ in $X(M)$ is obtained from $T(k)$ by the unique 2-handle surgery, so that the spun torusknot $T(k)$ is obtained from the spun $S^{2}-\operatorname{knot} K(k)$ by the converse 1-handle surgery. By definition, the spun torus-knot $T(k)$ is a ribbon torus-knot, completing the proof.

Assume that a ribbon surface-link $L$ is obtained from a trivial oriented $S^{2}$-link $O$ by surgery along a 1 -handle system $h *$ of disjointedly embedded oriented 1-handles $h_{j}(j=1,2, \ldots, s)$ (for some $s$ ) on $O$ in $S^{4}$. A ribbon handlebody system bounded by a ribbon surface-link is discussed here [15]. Let $B_{*}$ be a system of disjoint 3-balls $B_{i}(i=1,2, \ldots, m)$ in $S^{4}$ bounded by $O$.

Figure 2: Two arcs of $k$ near a disk $d_{i}$ drawn as thick lines

The intersection $h_{j} \cap O$ consists of two disks, called the attaching disks of $h_{j}$ to $O$. A meridian disk of the 1 -handle $h_{j}$ is a proper disk in $h_{j}$ parallel to any one of the attaching disks. By an isotopic deformation of the 1-handle system $h_{*}$, the intersection $h_{*} \cap \operatorname{Int} B_{i}$ can be assumed to be a meridian disk system (possible empty) in $h_{*}$, whose number of meridian disks is called the ribbon index of $h_{*}$ in $B_{i}$. A ribbon handlebody system of a ribbon surface-link $L$ is the union $V_{R}=B_{*} \cup h_{*}$, which is an immersed handlebody system bounded by $L$ in $S^{4}$. The ribbon index of $V_{R}$ is the total number of the ribbon indexes of $h *$ in $B_{i}$ for all $i$. The disk-chord system of a ribbon surface-link $L$ is the pair $\left(d_{*}, \alpha_{*}\right)$ of a disk system $d_{*}$, called a based disk system, and an arc system $\alpha_{*}$, called a chord system, in $S^{4}$ obtained from the ribbon handlebody system $V_{R}=$ $B_{*} \cup h_{*}$ by shrinking the 3-ball $B_{i}$ into a disk $d_{i}$ for every $i$ and then shrinking the 1-handle $h_{j}$ into a core arc $\alpha_{j}$ of $h_{j}$ spanning the loop system $\mathrm{o}_{*}=\partial d_{*}$, called a based loop system, for every $j$. See Figure 2 (1) for a situation around a disk in a based disk system. From construction, the ribbon index of $h_{*}$ in $B_{i}$ is equal to the number of the transverse intersection points $\alpha_{*} \cap \operatorname{Int} d_{i}$, called the chord index of $\alpha_{*}$ in $d_{i}$. The chord index of the disk-chord system $\left(d_{*}, \alpha_{*}\right)$ is the total number of the chord indexes of $\alpha_{*}$ in $d_{i}$ for all $i$. By the orientations of $L$ and $S^{4}$, the based disk system $d_{*}$ can be uniquely oriented, and the ribbon handlebody system $V_{R}$ and the ribbon surface-link $L$ are uniquely recovered from the disk-chord system $\left(d_{*}, \alpha_{*}\right)$ by thickening the chord system
$\alpha_{*}$ and the based disk system $d_{*}$, where an argument is needed for uniqueness of the embedded 1-handle system [16]. Let $\Delta^{2}$ $\subset \Delta^{3} \subset \Delta^{4}$ be the inclusions such that $\Delta^{4}$ is a 4 -ball in $S^{4}, \Delta^{3}$ is a proper 3-ball of $\Delta^{4}$ and $\Delta^{2}$ is a proper disk of $\Delta^{3}$. A disk-chord system ( $d_{*}, \alpha_{*}$ ) of $L$ in $S^{4}$ can be moved into Int $\Delta^{3}$ isotopically by first moving a neighborhood of the based disk system $d_{*}$ into Int $\Delta^{3}$ and then moving the remaining part of the arc system $\alpha_{*}$ into Int $\Delta^{3}$ [15]. So, assume that a disk-chord system $\left(d_{*}, \alpha_{*}\right)$ of $L$ is in Int $\Delta^{3}$. The ribbon handlebody system $V_{R}$ and the ribbon surface-link $L$ are uniquely realized from a disk-chord system $\left(d_{*}, \alpha_{*}\right)$ of $L$ in $\operatorname{Int} \Delta^{4}$. A chord graph of L is the graph $o_{*} \cup \alpha_{*}$ in Int $\Delta^{3}$ obtained from a disk-chord system $\left(d_{*}, \alpha_{*}\right)$ in $\operatorname{Int} \Delta^{3}$ by taking $o_{*}=\partial d_{*}$. A chord diagram of $L$ is a diagram $C\left(o_{*}, \alpha_{*}\right)$ in Int $\Delta^{2}$ for a chord graph $o_{*} \cup \alpha_{*}$ of $L$ in $\operatorname{Int} \Delta^{3}$. A ribbon surface-link $L$ in $S^{4}$ is uniquely realized in Int $\Delta^{4}$ from a chord graph $o_{*} \cup \alpha_{*}$ of $L$ in Int $\Delta^{3}$ and also from a chord diagram $C\left(o_{*}, \alpha_{*}\right)$ of $L$ in Int $\Delta^{2}$, because the based loop system $o_{*}$ in $\operatorname{Int} \Delta^{3}$ constructs uniquely the trivial $S^{2}$-link $O$ by the Horibe-Yanagawa lemma in [15]. On the other hand, a ribbon handlebody system $V_{R}$ of $L$ cannot be uniquely recovered because in general a disjoint disk system $d_{*}$ in the interior of $\Delta^{3}$ with $\partial d_{*}=o_{*}$ is not unique [15]. So, to fix a ribbon handlebody system $V_{R}$ of $L$, every loop of the based loop system $o_{*}$ should be fixed as it is shown in Figure. 2 (2). The following observation is obtained from the above argument.

## Observation 3.5

A ribbon surface-link $L$ and a ribbon handlebody system $V_{R}$ in $S^{4}$ are uniquely realized in Int $\Delta^{4}$ from a disk-chord system $\left(d_{*}, \alpha_{*}\right)$ in Int $\Delta^{3}$, and also from a chord graph $o_{*} \cup \alpha_{*}$ in Int $\Delta^{3}$ or a chord diagram $C\left(o_{*}, \alpha_{*}\right)$ in Int $\Delta^{2}$ by fixing every loop of the based loop system $o_{*}$ as it is shown in Figure 2 (2).

A chord diagram has the advantage of being easy to handle. For example, the moves on chord diagrams for equivalent ribbon surface-links are known in [18-21]. A ribbon handlebody $V_{R}$ bounded by a ribbon torus-knot $T$ is called a ribbon solid torus. The following lemma is an easy exercise of the moves on chord diagrams in [18] and used in Section 4.

## Lemma 3.6

Every ribbon solid torus of ribbon index $n$ bounded by a ribbon torus- knot $T$ in $\operatorname{Int} \Delta^{4}$ is deformed into a ribbon solid torus $V_{R}$ with $\partial V_{R}=T$ which is realized by a disk-chord system $\left(d_{*}, \alpha_{*}\right)$ in $\operatorname{Int} \Delta^{3}$ of Int $\Delta^{4}$ where
$d_{*}=\left\{d_{i} \mid i=1,2, \ldots, n\right\}, \alpha_{*}=\left\{\alpha_{i} \mid i=1,2, \ldots, n\right\} \quad$ and $\quad o_{*}=\partial d_{*}$
such that
(1) the chord $\alpha_{i}$ connects $o_{i}$ to $o_{i+1}$ for every $i(i=1,2, \ldots, n)$ with $o_{n+1}=o_{1}$, and
(2) the chord index of $\alpha_{*}$ to $d_{i}$ is equal to 1 for every $i$.

The disk-chord system $\left(d_{*}, \alpha_{*}\right)$ in Lemma 3.6 is called $a$ circular primitive disk-chord system or briefly a CP disk-chord system (see Figure 3 (1), (2) for examples). The spine of a diskchord system $\left(d_{*}, \alpha_{*}\right)$ is a graph $\Gamma$ obtained from $d_{*} \cup \alpha_{*}$ by shrinking every disk $d_{i}$ into a vertex $v_{i}$ for every $i$. A regular maximal tree of $\Gamma$ is a tree $\tau^{+}$in $\Gamma$ obtained from a maximal tree $\tau$ of $\Gamma$ by taking a regular neighborhood of $\tau$ in $\Gamma$. A regular maximal tree of a disk-chord system $\left(d_{*}, \alpha_{*}\right)$ is a disk-chord system $\tau^{+}\left(d_{*}, \alpha_{*}\right)$ obtained from a regular maximal tree $\tau^{+}$of the spine $\Gamma$ by making every vertex $v_{i}$ in $\tau^{+}$back to the original disk $d_{i}$ for every $i$. Let $\partial \tau^{+}\left(d_{*}, \alpha_{*}\right)=\partial \tau^{+}$be the set of all the degree 1 vertexes of $\tau^{+}$. The arc system $e_{*}=\operatorname{cl}\left(\Gamma \mid \tau^{+}\right)=\operatorname{cl}\left(\left(d_{*} \cup \alpha\right) \mid \tau^{+}\left(d_{*}\right.\right.$, $\left.\alpha_{\star}\right)$ ) is called the complementary arc system of a regular maximal tree $\tau^{+}\left(d_{*}, \alpha_{*}\right)$ in a disk-chord system $\left(d_{*}, \alpha_{*}\right)$.

(1)

(2)

(3)

Figure 3: CP disk-chord systems of ribbon solid tori (1), (2) bounded by the spun torus-kot of the trefoil knot (3)

## 4. Main Result: Proof of Theorem 1.1

Throughout this section, the proof of Theorem 1.1 is done. Let $k$ be a knot in a homotopy 3 -sphere $M$. If $k$ is a trivial knot in $M$, then the knot $k$ belongs to a 3-ball $D^{3}$ in $M$. So, assume that $k$ is a non-trivial oriented knot in $M$. Since the spun torus-knot $T(k)$ is a ribbon torus-knot in $X(M)$ by Lemma 3.4, there is a ribbon solid torus $V_{R}$ of some ribbon index n with $\partial V_{R}=T(k)$ in Int $\Delta^{4}$ which is realized by a CP disk-chord system $\left(d_{*}, \alpha_{*}\right)$ of chord index $n$ in Int $\Delta^{3}$ and a chord diagram $C\left(d_{*}, \alpha_{*}\right)$ in Int $\Delta^{2}$ by Observation 3.5. Since there is a meridian-preserving isomorphism $\pi_{1}\left(M \backslash k, v^{+}\right)$ $\rightarrow \pi_{1}\left(X(M) \backslash T(k), v^{+}\right)$by the van Kampen theorem, the longitude of $k$ in $M$ represents an infinite order element in the fundamental group $\pi_{1}\left(X(M) \backslash T(k), v^{+}\right.$). This implies that an oriented meridian loop of $V_{R}$ is a uniquely determined loop in $T(k)$ up to isotopies of $T(k)$, and the CP disk-chord system $\left(d_{*}, \alpha_{*}\right)$ is assumed that $k$ meets $d_{i}$ with just one boundary arc and just one interior point transversely for every $i$, as in Figure 2 (1) (see also Figure 3 (1), (2) for examples). Assume that $k$ is in $\operatorname{Int} M^{(0)}$. The following lemma is obtained.

## Sublemma 4.1

The disk system $d_{i}(i=1,2, \ldots, n)$ is deformed into $\operatorname{Int} M^{(0)}$ by an isotopy of $X(M)$ keeping the knot $k$ fixed.

## Proof of Sublemma 4.1

For every $i$, let $c_{i}$ be a simple arc in $d_{i}$ connecting the point $k \cap \operatorname{Int}\left(d_{i}\right)$ to a point in the arc $k \cap \partial d_{i}$. The arc system $c_{i}(i=$ $1,2, \ldots, n)$ is deformed into a bi-collar neighborhood $M^{(0)}$ $\times[-1,1]$ of $M^{(0)}$ with $M^{(0)} \times 0=M^{(0)}$ in $X(M)$ by an isotopy keeping $M^{(0)}$ fixed. Then the arc system $c_{i}(i=1,2, \ldots, n)$ is projected into $M^{(0)}$ by a general position argument. A deformed disk system $d_{i}(i=1,2, \ldots, n)$ in $M^{(0)}$ is obtained from the arc system $c_{i}(i=1,2, \ldots, n)$ in $M^{(0)}$ by widening them as a small disk system, completing the proof of Sublemma 4.1.

By Sublemma 4.1, consider that the CP disk-chord system $\left(d_{*}, \alpha *\right)$ of $V_{R}$ is in $M^{(0)}$. The spine $\Gamma$ of $\left(d_{*}, \alpha_{*}\right)$ is a degree 4 graph in $M^{(0)}$. For every regular maximal tree $\tau^{+}$of $\Gamma$, there is a disk $\delta^{2}$ in $M^{(0)}$ with $\partial \tau^{+}=\tau^{+} \cap \partial \delta^{2}$ such that a neighborhood of every degree 4 vertex of $\tau^{+}$in $\delta^{2}$ gives Figure $2(1)$ in $\tau^{+}\left(d_{*}, \alpha_{*}\right)$. The disk $\delta^{2}$ is called a regular support disk for $\tau^{+}\left(d_{*}, \alpha_{*}\right)$. This disk $\delta^{2}$ is moved into the 2 -sphere $S=\partial M^{(0)}$. Let $\delta^{3}=\delta^{2} \times[0,1]$ be a collar of $\delta^{2}$ in $M^{(0)}$ which is a 3-ball with $\delta^{3} \cap S=\delta^{2} \times 0=\delta^{2}$. Let $e_{*}$ be the complementary arc system of $\tau^{+}\left(d_{*}, \alpha_{*}\right)$ in $\left(d_{*}, \alpha_{*}\right)$ consisting of arcs $e_{i}(i=1,2, \ldots, n+1)$, where n is the chord index of the CP disk-chord system $\left(d_{*}, \alpha_{*}\right)$ which is determined by the Euler characteristics $\chi(\Gamma)=-n$. The knot $k$ in $M^{(0)}$ is deformed in $M^{(0)}$ so
that the intersection $t=k \cap \delta^{3}$ is a tangle in $\delta^{3}$ whose projection image under the canonical projection

$$
\delta^{3}=\delta^{2} \times[0,1] \rightarrow \delta^{2}
$$

is the regular maximal tree $\tau^{+}$in the regular support disk $\delta^{2}$ by pushing $\tau^{+}\left(d_{*}, \alpha_{*}\right) \backslash \partial \tau^{+}\left(d_{*}, \alpha_{*}\right)$ into $\delta^{2} \times(0,1)$ and then by creating a crossing point by the move from (1) to (3) in Figure 2. Then the regular maximal tree $\tau^{+}$in $\delta^{2}$ can be regarded as a tangle diagram of t in $\delta^{2}$. Let $\left[t, \tau^{+}\right]$be the disk union between the tangle t and the graph $\tau^{+}$in the preimage of $\tau^{+}$under the canonical projection $\delta^{3} \rightarrow \delta^{2}$. The following sublemma is essentially observed for an inbound arc diagram [17].

Sublemma 4.2 The spun $S^{2}$-link $T(t)$ of a tangle $t$ in $\delta^{3}$ in the 4-disk
$U^{4}=\delta^{3} \times[0,1] \times S^{1} \cup \delta^{2} \times D^{2} \subset M^{(o)} \times S^{1} \cup S \times D^{2}=X(M)$
bounds a ribbon 3-ball system

$$
V_{R}^{\prime}=\left[t, \tau^{+}\right] \times S^{1} \cup \tau^{+} \times D^{2}
$$

which extends to a ribbon solid torus $V_{R}$ of the spun torus-knot $T(k)$ such that the compact complement $\operatorname{cl}\left(V_{R} \backslash V_{R}^{\prime}\right)$ is a disjoint 3-ball system bounded by the spun $S^{2}-\operatorname{link} S\left(e_{*}\right)$ in $X(M)$.

## Proof of Sublemma 4.2

If $t$ is a 1 -string tangle with $\tau^{+}$a simple arc, then $V_{R}^{\prime}=[t, \tau+] \times S^{1}$ $\mathrm{U} \tau^{+} \times D^{2}$ is a 1-handle thickening $t$, that is a ribbon 3-ball with ribbon index 0 . If $t$ is a 2 -string tangle with $\tau^{+}$just one degree 4 vertex graph, then t is the 2 -tangle in Figure 2 (3) and $V_{R}{ }^{\prime}$ is a ribbon 3-ball system with ribbon index 1 giving the disk chord system of Figure 2 (1). In the general case of $t$ and $\tau^{+}$, as a combination result of these two observations, $V_{R}^{\prime}$ is a ribbon 3-ball system giving a disk-chord system $\tau^{\mathrm{U}}\left(d_{*}, \alpha_{*}\right)$ in the 4 -disk $U^{4}$ such that $\tau^{\mathrm{U}}\left(d_{*}, \alpha_{*}\right)$ is diffeomorphic to the regular maximal tree $\tau^{+}\left(d_{*}, \alpha_{*}\right)$ of $\left(d_{*}, \alpha_{*}\right)$ in $\delta^{3}$. Let $\delta^{4}$ be a 4 -ball in U with $\delta^{3}$ as a proper 3-ball. The following sublemma is needed.

## Sublemma 4.3

There is an orientation-preserving diffeomorphism of $X(M)$ sending $\left(U^{4}, \tau^{U}\left(d_{*}, \alpha_{*}\right)\right)$ to $\left(\delta^{4}, \tau^{+}\left(d_{*}, \alpha_{*}\right)\right)$.

Proof of Sublemma 4.3 For the regular maximal tree $\tau^{+}$in the regular support disk $\delta^{2}$, find a 2 -disk $\delta^{2}{ }_{0} \subset \operatorname{Int} \delta$ such that $\tau^{\prime}=$ $\delta^{2}{ }_{0} \cap \tau^{+}$has $\operatorname{cl}\left(\tau^{+} \backslash \tau^{\prime}\right) \cong\left(\partial \tau^{+}\right) \times[0,1]$ and construct a 4-ball $\delta^{4}{ }_{0} \subset$ $\operatorname{Int} U^{4}$ with $\delta^{2}{ }_{0}$ as a trivial proper disk. Then construct a proper 3-ball $\delta^{3}{ }_{0} \subset \delta^{4}{ }_{0}$ with $\delta^{2}{ }_{0}$ as a proper disk. Note that there is an orientation-preserving diffeomorphism of $S^{4}$ sending the triad $\left(\delta^{4}, \delta_{0}^{3}, \delta_{0}^{2}\right)$ to the triad $\left(\delta^{4}, \delta^{3}, \delta^{2}\right)$ and the regular maximal tree $\tau^{\prime}\left(d_{*}, \alpha_{*}\right)$ of $\left(d_{*}, \alpha_{*}\right)$ given by $\tau^{\prime}$ in $\delta^{3}{ }_{0}$ to $\tau^{+}\left(d_{*}, \alpha_{*}\right)$ in $\delta^{3}$. Since $\operatorname{cl}\left(U^{4} \backslash \delta^{4}\right)$ is diffeomorphic to $S^{3} \times[0,1]$ (see [9]), there is an orientation-preserving diffeomorphism

$$
\left(\operatorname{cl}\left(U^{4} \backslash \delta_{0}^{4}\right), \operatorname{cl}\left(U^{4} \backslash \delta_{0}^{4}\right) \cap \tau^{+}\right) \rightarrow\left(S^{3}, \partial \tau^{+}\right) \times[0,1] .
$$

Then there is a triad $\left(U^{4}, U^{3}, U^{2}\right)$ with $U^{3}$ a proper 3-ball in $U^{4}$ and $U^{2}$ a proper 2-disk in $U^{3}$ such that there is an orientationpreserving diffeomorphism of $S^{4}$ sending the $\operatorname{triad}\left(U^{4}, U^{3}, U^{2}\right)$ to the $\operatorname{triad}\left(\delta^{4}, \delta^{3}{ }_{0}, \delta_{0}^{2}\right)$ and $\tau^{U}\left(d_{*}, \alpha_{*}\right)$ in $U^{3}$ to $\tau^{\prime}\left(d_{*}, \alpha_{*}\right)$ in $\delta^{3}{ }_{0}$. Thus,
there is an orientation-preserving diffeomorphism of $S^{4}$ sending the $\operatorname{triad}\left(U^{4}, U^{\beta}, U^{2}\right)$ to the $\operatorname{triad}\left(\delta^{4}, \delta^{3}, \delta^{2}\right)$ and $\tau^{U}\left(d_{*}, \alpha_{*}\right)$ in $U^{\beta}$ to $\tau^{+}\left(d_{*}, \alpha_{*}\right)$ in $\delta^{3}$. This completes the proof of Sublemma 4.3.

By Sublemma 4.3, the ribbon 3-ball system $V_{R}^{\prime}$ realizing $\tau^{U}\left(d_{*}\right.$, $\alpha_{*}$ ) in $U^{4}$ extends to a ribbon solid torus $V_{R}$ in $S^{4}$. This means that the spun $S_{2}$-link $S\left(e_{*}\right)$ in $X(M)$ bounds the disjoint 3-ball system $\operatorname{cl}\left(V_{R} \backslash V_{R}^{\prime}\right)$. This completes the proof of Sublemma 4.2.

By Lemma 2.5 and Sublemma 4.2, the proper arc system $e_{*}$ and hence $k$ are in a 3 -ball $D^{3}$ which is a regular neighborhood of $\delta^{2} \times[0,1]$ in $M^{(0)}$. This completes the proof of Theorem 1.1.

## 5. Conclusion

A general problem arising from this paper is how any given ribbon solid torus bounded by the spun torus-knot $T(k)$ of a knot $k$ relates to a knot diagram $D(k)$ of $k$. For example, the CP diskchord system $\left(d_{*}, \alpha_{*}\right)$ in Figure 3 (1) is seen to represent a ribbon solid torus bounded by the spun torus-knot $T(k)$ of the trefoil knot $k$ in Figure 3 (3). In fact, the ribbon torus-knot given by Figure 3 (1) is equivalent to the ribbon torus-knot given by Figure 3 (2) by moves on chord diagrams and by Sublemma 4.2 the CP diskchord system of Figure 3 (2) is the CP disk-chord system of the spun ribbon solid torus of the trefoil knot diagram $D(k)$ shown in Figure 3 (3) [18-21]. It would be interesting to point out that the CP disk-chord system $\left(d_{*}, \alpha_{*}\right)$ in Figure 3 (1) is not the CP diskchord system of the spun ribbon solid torus of any knot diagram $D^{\prime}(k)$ of the trfoil knot $k$. To see this, the cross-index is used [24]. If $\left(d_{*}, \alpha_{*}\right)$ is obtained from the spun ribbon solid torus of a trefoil knot diagram $D^{\prime}(k)$, then the complementary arc system $e_{*}$ of any regular maximal tree $\tau^{+}\left(d_{*}, \alpha_{*}\right)$ in $\left(d_{*}, \alpha_{*}\right)$ in a regular support disk $\delta^{2}$ must have the cross-index 0 in the annulus $A$ given by any extended disk $\delta^{+}$such that $\operatorname{Int} \delta^{+} \supset \delta^{2}$ and $e_{*}$ is an immersed arc system in the annulus $A=\operatorname{cl}\left(\delta^{+} \backslash \delta^{2}\right)$. However, the coss-index of $e_{*}$ in an annulus $A$ is 1 for the diagram given in Figure 3 (1). This means that the CP disk-chord system $\left(d_{*}, \alpha_{*}\right)$ in Figure 3 (1) is not the CP disk-chord system of the spun ribbon solid torus of any trefoil knot diagram $D^{\prime}(k)$.

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