

**Bullying or School Harassment****Jesús Dueñas Becerra\****Honorary Member, Roman School Rorschach, Italy***\*Corresponding Author**

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Bullying or school harassment Although in our environment we have only found a single article about this phenomenon, published in the Cuban Journal of Comprehensive General Medicine, the topic has been little discussed by island child and adolescent psychologists and psychiatrists.

The specialized literature characterizes bullying or school harassment as a systematic dynamic of abuse, which usually occurs—fundamentally—among children, adolescents and young people, repetitively.

Based on its prevalence, as well as on the consequences on the participants: aggressors, victims, spectators, parents, families, the school community and society in general, it is classified as a public health problem, triggered—above all—by factors psychosocial.

The findings of the investigations carried out show the short, medium and long-term effects on the emotional and social development of the victims of Bullying or bullying.

The results of these investigations have enabled the authors to establish a statistically significant relationship between bullying and bodily, psychosomatic and mental conditions suffered by the subjects studied.

In this clinical-investigative context par excellence, individual and relational characteristics, risk factors and protective factors are described, as well as comprehensive care programs for victims of bullying or bullying.

The objective of this article is to arouse the attention and interest of child and adolescent psychologists and psychiatrists so that they can explore whether there are latent cases of bullying or bullying in primary, secondary, technological or pre-university schools. And, therefore, put the conclusions of the investigations that are carried out based on the preservation of the bio-psycho-socio-cultural and spiritual balance on which the health of the greatest treasure of our society is based.

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