

# Analytical Investigation of the Factors Affecting the Supplier-Induced Demand in Healthcare: A Case Study of CT Scanning Department in Iran

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## Abstract

The aim of this study is to investigate the factors affecting the supplier-induced demand in health care with the help of an analytical-survey approach and using a questionnaire tool, and to analyze the role of medical technology centers, such as centers equipped with a CT scanning department, in development of this type of demand. The statistical population of the present research consisted of the patients referring to this department, out of whom 80 people were selected as the research sample using the simple random sampling method. After checking the normality of the data distribution through the Kolmogorov-Smirnov test, three research hypotheses were developed, all of which were confirmed by analyzing them using the Pearson correlation parametric test. The results of the data analysis indicated that the low patient information, high physician information, and high costs of healthcare service provider institutions have a positive effect on the supplier-induced demand in healthcare (especially in the departments with therapeutic technologies such as CT scanning). In addition, according to the results, the variable of high costs of healthcare provider organizations plays a more significant role in development of supplier-induced demand for healthcare providers, compared to the other two variables.

**Keywords:** Induced Demand, Healthcare Provider Organizations (Hpos), Ct Scanning, The Kolmogorov-Smirnov Test, Iran.

## 1. Introduction

The healthcare sector throughout the world is developing increasingly, an issue that has made the behavior of this sector very similar to an economic market. In this regard, healthcare service providers, such as physicians, and patients have accepted their role as service providers and service receivers (customers), respectively. Therefore, healthcare economists seek to identify the relationship between the healthcare supply and demand and evaluate the differences between them in the healthcare sector and other economic sectors. In this regard, the important point is the relationship and mutual trust between the healthcare service providers and the patient (in addition to their economic relationship), which, due to the patient's incomplete information about his/her illness, makes him/her a debtor to the supplier, and due to his/her lack of access to information (incomplete information) and the patients' low literacy easily affects his/her

demand function for healthcare resources.

This issue takes place in both developed and developing countries due to the exclusiveness of physicians' and other healthcare providers' knowledge, as well as the price-inelasticity of patients' demand. However, in developing countries, it occurs more frequently due to the growth of resources providing healthcare to patients and the more restricted promotion of technology compared to developed countries, as in these countries (developing countries), due to the smaller number of providers, the existing providers are the only available options for patients, and in such a situation, development of induced demand, which imposes financial burden on patients or affiliated organizations, is not avoidable and brings about a lot of economic justification for providers.

What stands out as the difference between the healthcare market

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and other markets is that the healthcare provider first evaluates patients' problems and needs and then recognizes the type and amount of care needed for them; and this is the factor that intensifies the supplier-induced demand, and while leading the patient to absolute poverty (spending a percentage of his/her income needed in other sectors on his/her treatment), it is identified as the source of creating an inappropriate healthcare situation. This situation becomes increasingly worse when a significant portion of health costs in healthcare systems are paid out-of-pocket (OOP) by most people; because apart from the fact that wrong or irrelevant diagnosis makes the patient face more side effects and leads to waste of time, economic problems, and a lot of cost for him/her and his/her family, it causes additional costs for the government and reduces the efficiency of national resources. In this regard, the need to pay attention to the supplier-induced demand in healthcare and the factors affecting it, in all levels and departments of the healthcare system (including the CT scanning department), is of great importance and calls policymakers and researchers for discussing and examining this issue.

## 2. Theoretical Foundations (Supplier-Induced Demand)

In general, the standard model used in the healthcare economics literature to investigate the agency relationship between healthcare providers and the patient and the effect of information asymmetry on the behavior of the supply side, i.e. the occurrence of supply side bias, is known as induced demand. In other words, the induced demand is a demand in addition to the patient's treatment needs, which is imposed on the patient by the healthcare deliberately (to earn more money) or undeliberately (due to lack of knowledge, experience, and skills), causing heavy expenses for him/her. For this reason, addressing this issue can be useful in order to reduce violations caused by the superficiality of healthcare service applicants, to reduce the tricks used by some healthcare providers to generate more income, and prevent unnecessary prescriptions.

The lack of agreement among physicians in diagnosing the disease type and the treatment type is one of the main reasons for the changes in treatment type used by different physicians, which involves many cases from multiple visits (in the form of face-to-face meetings) to the use of the state-of-art medical devices and outstanding treatment technologies. In addition, in addition to the mentioned factor (professional uncertainty in diagnosing the treatment type that varies from physician to physician), other various factors can play a potential role in development of induced demand, e.g., payment systems, physician density, competitive market, and the patient's ability to pay. The induced demand created by other suppliers can be seen in prolonging the period of timely treatment by the physician, as many physicians spend a very long time to treat a simple disease that could be treated in a very short time. In this regard, some physicians also put forward false justifications for prolonging the treatment period and even suggest treatments that are not needed. However, this type of induced demand has been diminished due to patients' higher relative awareness about their health status.

Another approach for development of induced demand is the creation of demand by hospitals (as one of the healthcare providing organizations (HPOs)). In this regard, the expansion of private hospitals and private physicians working in these hospitals has led to an increase in the unnecessary admission of patients who can be treated easily on an outpatient basis, but instead of being treated at home, they are hospitalized for a very long time. This somehow leads to an increase in induced demand from other health care providers. However, this type of demand creation is among the most inappropriate methods of creating induced demand, because in this method (patient hospitalization for a long time), the patient not only faces an unfavorable financial situation (especially patients without coverage insurance), but he/she is also exposed to an inappropriate health environment in an unwanted way, which in turn causes many other diseases in the future and puts the patient in an inappropriate cycle of poverty and poor health.

Another perspective related to the creation of supplier-induced demand also refers to the supplier's behavioral perspectives because the physician-patient relationship in the healthcare system, in addition to being subject to the non-identical information of the physician and the patient, is also subject to the physician's judgments due to uncertainty. Moreover, since physicians are more informed than patients, it is this type of physician's behavior and ethics in dealing with the patient that determines the type and amount of induced demand. Another decisive factor in the creation of induced demand by physicians is the monopoly of physicians. This issue is especially noticeable in developing and sometimes poor countries that have a limited number of physicians compared to developed countries, as the healthcare markets in these countries are always affected by suppliers (physicians). Therefore, based on the discussed topics, it can be said that in some cases, the healthcare service provider, including physicians, and in some cases, patients, cause supplier-induced demand.

Considering the patient as the factor affecting induced-demand is due to the fact that the patient accepts the physician's prescription and any treatment because of the specialized aspect of health services and his/her concern for the disease consequences, which is due to his/her lack of knowledge about his/her disease and physical conditions. Now, if this little information is combined with the insufficient knowledge and skill of the healthcare service provider, it will lead to unnecessary tests and drugs and induced contractions, the most important side effects of which include the loss of time, depression caused by treatment, and confusion for patients. However, considering the healthcare service provider, especially the physician, as a factor affecting induced demand can be regarded as a result of the physician's large amount of information and the increase in the number of physicians compared to that of the patients, and consequently, the decrease in their income share. On this basis and considering the topics presented, several studies have been conducted in this direction, some of which we present below:

Studied the demand induced by applicants for chronic disease care

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in Japan, with the aim of investigating the existence of induced demand in the treatment of chronic diseases by analyzing the patients' data. They hypothesize that clinic and hospital physicians in the high competitive areas (high physician density) recommend seeking advice earlier than those in the lower competition areas (low physician density). Then, using multilevel stochastic models, they examine the patients' data and analyze the administrative claims in order to estimate the effects of physician density on encounter frequency and medical costs. In the data analysis, the average duration of drug use was considered as a proxy for the physician's encounter frequency. Their findings indicated that the patient encounter frequency is significantly correlated with the clinic physician density, but there is no close correlation with the hospital physician density. Also, the increased physician density significantly depends on the increased clinic and hospital medical costs. In general, the results of their study showed that there is an induced demand in Japan.

Studied the effect of consumer health information on the demand for health services in order to empirically examine whether health information consumers use non-medical information sources as a substitute or supplement for health services (i.e., visits to physicians and emergency rooms (ER)). A measure of patient trust in physicians as a proxy for potential nonconforming heterogeneity can help consumers seek information and use physician services. After modification, sample selection, and adverse non-compliance control, the results were in agreement with the literature that paying attention to the consumer health information increases the likelihood of physician visits as well as the average number of visits. However, consumers with less health information make more visits to physicians and ERs than better informed consumers, which indicates that information can improve market efficiency.

Made an attempt to study asymmetric information and the demand for private health insurance in Korea in order to examine the relationship between self-assessed health status (predicted as health risk) and demand for private health insurance using the longitudinal study data. Contrary to theoretical predictions, their results indicated that buying insurance can improve health. Their research evidence showed that this phenomenon is likely to be due to the screening by the insurers in the private insurance market in Korea. Studied the impact of income and supplier-induced demand based on the evidence from primary care physicians in Norway. In their study, they investigated the relationship between the physician non-operating income and the provision of basic services by them. They argue that in the presence of induction, physicians with unsatisfactory low incomes work in municipalities where competition for patients is high and compensate for patient shortages by creating requirements. This model is compatible with the institutional setting of the Norwegian primary care physician, while there is a fixed fee schedule. Their analyses were performed on a data set from all the primary care physicians in Norway, considering each item of treatment cost.

The data related to the practicing output were merged with the information about the non-practicing income from the tax forms of physicians and their spouses, the results of which indicated that in the municipalities with a high density, physicians' non-operating income does not influence the number of advices per physician or the number of treatment items per advise. Overall, the results are interpreted as evidence against the induced demand hypothesis. In an empirical study in Japan, investigated physician-induced demand (cost function method for elderly medical expenses). Considering the increased medical expenses for the elderly as a social problem in Japan, one of the strongest arguments to explain this increase is the physician-induced demand. They used the cost function method in order to investigate the hypothesis of physician-induced demand. In this method, the health improvement resulting from the medical treatment is adjusted in the model, and indirect use of medical services can be measured. In addition, it is possible to alternate between hospital services and outpatient care.

In this model, a change in the proportion of physicians and patient populations can lead to a change in the proportion of inpatient services and outpatient care, ultimately resulting in an increase in medical expenses. According to their findings, when the number of physicians in outpatient services increases, the use of outpatient services increases according to their statistical significance. In this case, there is also an alternative between hospital services and outpatient services. In addition, the demand for hospitalization or outpatient services has a positive and significant relationship with the payment price. In this case, there is also an alternative between hospital services and outpatient services. Moreover, there is a significant positive relationship between the demand for hospitalization or outpatient services and the payment price.

Made an attempt to study the physician-induced demand for delivery using the TSLS method, which is a controversial technique in the field of testing hypotheses related to physician-induced demand (including two stages of least squares regression (LSR) analysis of cross-sectional data on the physician supply and employment). They examined the strength of the TSLS by applying it where there is only a negligible amount of demand induction for deliveries, and found evidence of the delivery motivation by questioning the validity of the TSLS approach. Their findings suggested two unlikely factors. In the first factor, regression has not been identified, and in the second factor, the regression does not sufficiently show borderline paths. Studies the induction effect of the number of physicians and hospital beds on health expenditure in Iran in order to investigate the presence of physician-induced demand in Iran's provinces using the panel data of the provinces in the period of 2000-2009. The results of the research model estimation indicated that the change in the number of physicians has a significant positive impact on the amount of health expenditures in the provinces. Therefore, the presence of induced demand in the health sector, which is known as Roemer's law, was confirmed in the provinces. However, in terms of the density of hospital beds, it was concluded that there is no supplier-

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induced demand, and an inverse relationship between these two variables and health expenditures was observed.

Investigated the challenges resulting from induced demand for healthcare services, with the aim of identifying the challenges of induced demand using the experts' experiences in Isfahan University of Medical Sciences in Iran. Their methodology was qualitative, and semi-structured interview was used to collect the data. Based on the thematic analysis conducted by them, 41 sub-themes and 3 main themes were extracted, with each having some sub-themes. The three main themes included: the challenges of insurance organizations, health system challenges, and patient challenges. Their results presented the challenges caused by induced demand, the most obvious of which included those mentioned above, i.e., the challenges of insurance organizations, health system challenges, and patient challenges. These findings can help the policy makers of the health sector to design appropriate strategies to address the challenges by considering them.

Investigated the role of asymmetric information in induced demand in medical services. In order to compare the induced demand between formally- and informally-employed physicians, they prepared 300 questionnaires that was completed by 300 physicians living in Tehran, out of which 70 people were excluded from the study due to the fact that they were both employed by the government and had their own clinic. The variables of the "time of each visit to the physician and "the average number of tests prescribed by the physician for each patient" were considered as dependent variables, and the variables of "gender", patient's age", "type of degree", "experience", "physician's preference of income over leisure", and "providing special services on their behalf" were considered as explanatory variables. According to their research findings, although the average number of tests prescribed by the physician and the time of each visit to him/her are affected by the patient's gender and age, the variables of preference of income over leisure, experience, and providing special services played an effective in increasing the number of prescribed tests and the time of each visit to the physician, especially in the case of informally-employed physicians. Moreover, the research findings indicated that the induced demand for the use of medical and therapeutic services by general physicians is more, and the patients are more motivated to use all kinds of health and treatment services from informally-employed general physicians, compared to formally-employed ones. Accordingly, the adoption of standards and laws to monitor the performance of physicians who have private clinics can significantly reduce the unnecessary treatment expenses spent by patients.

### 3. Research Methodology

As an applied research in terms of purpose and a survey study in terms of nature, the current study was carried out using the questionnaire approach in the statistical year 2022. In addition, in order to more closely examine the third part of the questionnaire (i.e., high costs of medical centers), a number (N=15) of physicians,

personnel, and owners of medical centers and professors of Tehran University of Medical Sciences were interviewed, who confirmed the final results of this section.

The research statistical population (in the section of ordinary people) consisted of all people referring to the CT scanning department in Tehran city, with their number being 100 people. The statistical sample of this department was determined based on Morgan's sampling table and 80 people were estimated to be selected by the use of the simple random sampling method.

A questionnaire was used as the tool for the data collection. It was a researcher-made questionnaire containing 15 questions with closed answers, which includes two parts: the first part containing demographic questions (the first part of the questionnaire) related to the respondents' general characteristics, e.g., gender, marital status, age; and the second part containing component-based attitudinal questions. According to the statistical sample, 80 questionnaires were distributed. However, in the initial review of the questionnaires, it was found that 70 people answered the questionnaire correctly and completely, and their data were used in the research analysis. A ranking scale was used to rank the research data. In this approach, the respondent is asked to indicate his/her agreement or disagreement with each item based on a spectrum. This scale makes it possible to determine the respondent's sensitivity, reasoning, and belief. A 5-point Likert scale was used in the questionnaire, with the values of the scale factors ranging from completely disagree (1) to completely agree (5).

#### 3.1. Questionnaire Validity and Reliability

##### 3.1.1. Questionnaire Validity

In this study, the content validity method was used to determine the questionnaire validity, as it is common to use this method in studies where the respondents must understand the influencing factors and answer the questionnaire questions according to their perception of these variables. Given that the research tool was a questionnaire, subjects such as appropriate appearance, legible typing, number of questions, how to write and use appropriate words, accurate translation, grammatical points according to the culture, and grammatical structure were considered in this study. Finally, for face validity, the questionnaires were presented to several expert professors in the field of health economics and relevant doctors, and their opinions on them were asked and applied, and after taking the corrective measures, the questionnaires were approved.

##### 3.1.2. Questionnaire Reliability

Reliability refers to the feature that if the measurement tool is given to the groups of people in the same conditions several times in a short period of time, the results will be close to each other. To measure the reliability, we used an index called "reliability coefficient", and its size usually varies in the interval [0,1]. A reliability coefficient of 0 indicates no reliability and a reliability coefficient of 1 indicates complete reliability. The researcher can ask questionnaire questions to a few people using a preliminary

research. If people in the same conditions give the same answers to the questions questionnaire, it can be said that the questionnaire questions have a good reliability. In this study, Cronbach's alpha coefficient was used to check the reliability of the measurement tool (the spectra). This method is used to calculate the internal consistency of the measurement tool that measures different

characteristics. To calculate the Cronbach's alpha coefficient, first, the variance of the scores of each subset of the questions and the total variance must be calculated. Then, using Cronbach's alpha coefficient formula, the alpha coefficient values are calculated. The Cronbach's alpha values derived and the number of questions of each index and the entire questionnaire are presented in Table 2.

Index		Number of questions	Cronbach's alpha coefficient
Physician-induced demand	Patient's low information	5	0.816
	Physician's high information	5	0.708
	High costs of HPOs	5	0.719
Entire questionnaire		15	0.748

**Table 1: Cronbach's alpha values and the number of questions of each index and the entire questionnaire.**

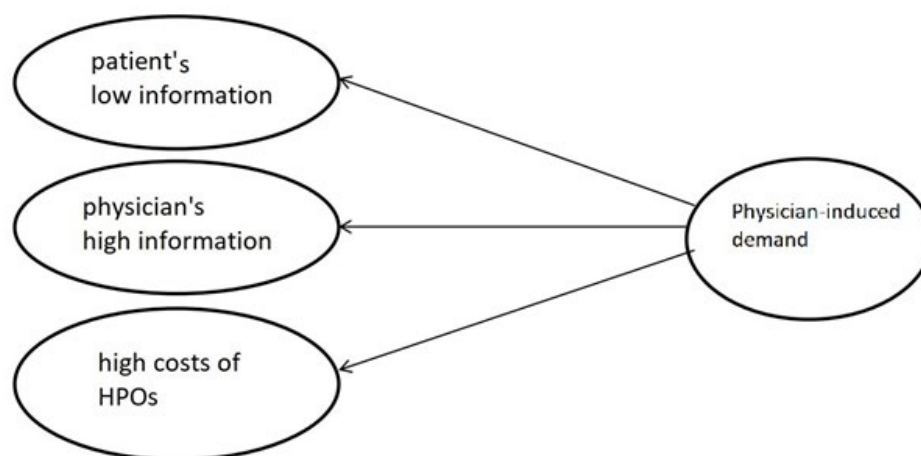
Resource: research findings

The coefficient derived indicates the reliability of the questionnaire.

### 3.2. Conceptual Model of Research

The conceptual model of this research was proposed by applying theoretical foundations and based on the research model used. In

this model, the factors affecting the physician-induced demand are considered as the independent variables and the physician-induced demand is also considered as the dependent variable.



**Figure 1: Conceptual model of research.**

Resource: research findings.

According to the relationships between the variables of the research conceptual model, the following three hypotheses can generally be proposed:

- The first hypothesis. Patient's low information is positively correlated with physician-induced demand.
- The second hypothesis. Physician's high information is positively correlated with physician-induced demand.
- The third hypothesis. High costs of healthcare provider organizations (HPOs) is positively correlated with physician-induced demand.

### 3.3. Data Analysis Method

The research method used in this study is survey-descriptive, and it is of applied type in terms of goal. In this research, descriptive and inferential statistics were used to analyze the information extracted

from the questionnaire. In the descriptive part, the subjects' demographic characteristics, including gender, marital status, and age, are determined through frequency and percentage tables, as well as the mean and standard deviation; and in the inferential part, the data normality is obtained through the use of the Kolmogorov-Smirnov test. Then, the hypotheses will be analyzed using the Pearson correlation parametric test through the SPSS statistical analysis software.

### 3.4. Research Findings

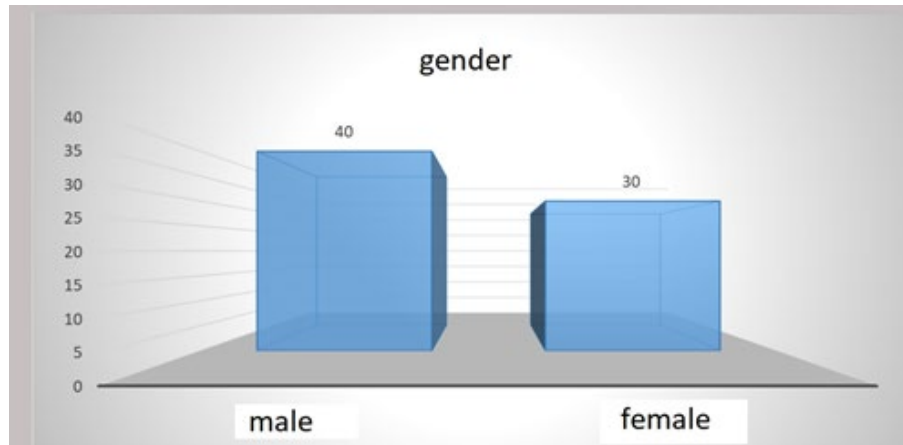
#### 3.4.1. Research Descriptive Findings

The subjects' gender status is presented in Table 2 and draw in Figure 1, according which 57.1% of the subjects were men and 42.9% were women.

Gender	Frequency	Percentage	Cumulative frequency
Male	40	57.1	57.1
Female	30	42.9	100
Total	70	100	100

**Table 2: Subjects' gender status**

Resource: Research findings.



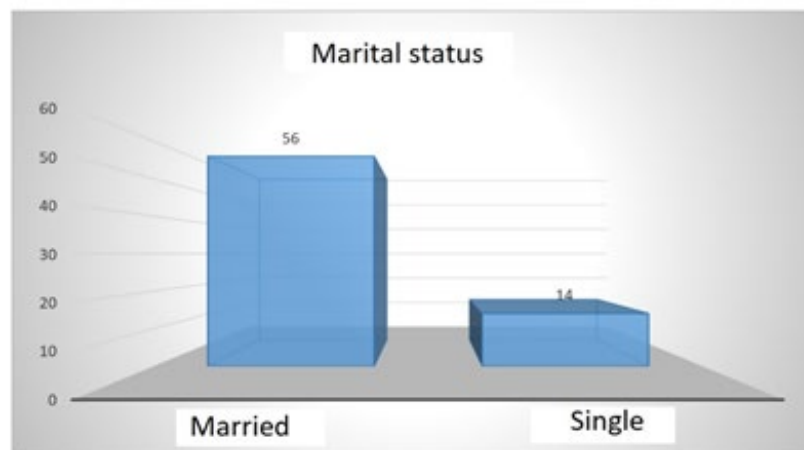
**Figure 1: Subjects' gender status.**

The subjects' marital status is presented in Table 3 and draw in Figure 2, as it can be seen that 20% of the subjects are single and 80% married.

Marital status	Frequency	Percentage	Cumulative frequency
Single	14	20	20
Married	56	80	100
Total	70	100	100

**Table 3: Subjects' marital status.**

Resource: Research findings.



**Figure 2: Subjects' marital status.**

Table 4 and Figure 3 present the subjects' condition in terms of age by gender, according to which the age of men (with an average of 41.08 years) is greater than the age of women (with an average of 38.8 years).

	Gender	Number	Mean	Standard Deviation (SD)	Standard error
age	Male	40	41.09	5.82	0.92
	Female	30	38.8	4.37	0.79

**Table 4: Subjects' age by gender status.**  
Resource: Research findings.



**Figure 3: Subjects' age by gender status.**

Table 5 lists the mean scores of the subjects in the research main variables, i.e., patient's low information, physician's high information, and high costs of HPOs. As can be seen, the mean scores derived are higher than the average score, i.e., 3, and on the other hand, the mean scores derived for men and women are almost identical.

	Gender	Number	Mean	Standard Deviation (SD)	Standard error
Patient's low information	Male	40	3.52	0.6	0.09
	Female	30	3.48	0.51	0.09
Physician's high information	Male	40	4.15	0.40	0.06
	Female	30	4.16	0.51	0.09
High costs of HPOs	Male	40	3.76	0.76	0.12
	Female	30	3.74	0.82	0.15

**Table 5: The mean scores of the subjects' responses in terms of the variables of patient's low information, physician's high information, and high costs of HPOs, by gender.**

Resource: Research findings.

### 3.4.2. Research Inferential Findings

Before analyzing each of the hypotheses, the Kolmogorov-Smirnov test was used to measure the data normality, and the results are listed in Table 6.

Index	Patient's low information	Physician's high information	High costs of HPOs
Number	70	70	70
Kolmogorov Smirnov's z-statistic	0.885	1.265	0.846
Significance level	0.413	0.081	0.472

**Table 6: Results of Kolmogorov-Smirnov test to measure the data normality. Resource: Research findings.**

As can be seen in Table 6, a significance level greater than 0.05 has been derived for all the variables, indicating that according to the z-statistic, each of the variables of patient's low information, physician's high information, and high costs of HPOs are statistically significant are in a normal. Therefore, parametric tests can be used in the analysis of each hypothesis.

### 3.4.2.1. Analysis of Research Hypotheses

#### A) Analysis of the First Hypothesis

Patient's low information is positively correlated with physician-induced demand.

In order to investigate the relationship between the patient's lack of information and the physician-induced demand, Pearson's correlation test was used, the results of which are listed in Tables 7 and 8.

	Mean	SD	Number
Physician-induced demand	3.50	0.56	70
Patient's low information	3.63	1.2	70

**Table 7: Mean and standard deviation of the variables of patient's low information and physician-induced demand in the subjects.**

Resource: Research findings.

	Patient's low information	
Physician-induced demand	Pearson correlation	0.350
	Significance level	0.003
	Number	70

**Table 8: Pearson's correlation coefficient between the variables of patient's low information and physician-induced demand.**

Resource: Research findings.

As can be seen in Table 8, the Pearson correlation coefficient between the variables of physician-induced demand and patient's low information was obtained as  $r = 0.350$ , provided that  $P < 0.01$ . Therefore, it can be said that the correlation between these two variables is significant with a confidence level of 99%. Therefore, considering the positive correlation coefficient, it can be concluded that patient's low information leads to an increase in the physician-induced demand and vice versa. Therefore, hypothesis H1 is confirmed and hypothesis H0 is rejected, and the first hypothesis

of the research is confirmed.

#### B) Analysis of the Second Research Hypothesis

Physician's high information is positively correlated with physician-induced demand.

Pearson correlation test is used to investigate the relationship between physician's high information and physician-induced demand, the results of which are presented in Tables 9 and 10.

	Mean	SD	Number
Physician-induced demand	3.50	0.56	70
Physician's high information	3.63	1.2	70

**Table 9: Mean and standard deviation of the variables of physician's high information and physician-induced demand in the subjects.**

Resource: Research findings.



	Physician's high information	
Physician-induced demand	Pearson correlation	0.465
	Significance level	0.000

**Table 10: Pearson's correlation coefficient between physician's high information and physician-induced demand.**

Resource: Research findings.

As can be seen in Table 10, Pearson's correlation coefficient between the variables of physician's high information and physician-induced demand is  $r = 0.465$ , provided that  $P < 0.01$ . Therefore, it can be said that the correlation between these two variables is significant with a confidence level of 99%. Therefore, according to the positive correlation coefficient, it can be concluded that as the physician's information increases, the physician-induced demand increases, and vice versa. Therefore, hypothesis H1 is confirmed and hypothesis H0 is rejected, and the second hypothesis of the research is confirmed.

### C) Analysis of the Third Research Hypothesis

High costs of healthcare provider organizations (HPOs) is positively correlated with physician-induced demand.

Pearson correlation test was used to investigate the relationship between the high costs of HPOs and the physician-induced demand, the results of which are listed in Tables 11 and 12.

	Mean	SD	Number
Physician-induced demand	3.50	0.56	70
High costs of HPOs	3.47	1.17	70

**Table 11: Mean and standard deviation of the variables of high costs of HPOs and the physician-induced demand in the subjects.**

Resource: Research findings.

	High costs of HPOs	
Physician-induced demand	Pearson correlation	0.463
	Significance level	0.000
	Number	70

**Table 12: Pearson's correlation coefficient between the variables of high costs of HPOs and physician-induced demand.**

Resource: Research findings.

As can be seen in Table 12, the Pearson correlation coefficient between the variables of high costs of HPOs and physician-induced demand is equal to  $r = 0.463$ , provided that  $P < 0.01$ . Therefore, it can be said that the correlation between these two variables is significant with a confidence level of 99%. Therefore, according to the positive correlation coefficient, it can be concluded that as the costs of HPOs increases, the physician-induced demand increases, and vice versa. Therefore, the hypothesis H1 is confirmed and the hypothesis H0 is rejected, and the third hypothesis of the research is confirmed as well [1-10].

## 4. Conclusions and Suggestions

The standard model used in the healthcare economics literature to investigate the agency relationship between healthcare providers and the patient and the effect of information asymmetry on the behavior of the supply side, i.e. the occurrence of supply side bias, is known as induced demand. In other words, the induced demand is a demand in addition to the patient's treatment needs, which is imposed on the patient by the healthcare deliberately (to earn more money) or undeliberately (due to lack of knowledge, experience, and skills), causing heavy expenses for him/her. For this reason,

addressing this issue can be useful in order to reduce violations caused by the superficiality of healthcare service applicants, to reduce the tricks used by some healthcare providers to generate more income, and prevent unnecessary prescriptions.

In developed countries, growing technology and various treatment methods are quickly integrated and used by physicians, while in developing countries such as Iran, this occurs at a much lower speed and with a limited number of physicians, which encourage physicians to create induced demand. Accordingly, determination of the factors affecting the induced demand is very effective and requires a lot of discussion and investigation; this made the researchers of the current study to investigate this issue in general (a task that was proposed in the previous research only for one of the indicators affecting the induced demand) and the following results were obtained:

The indicators of patient's low information, physician's high information, and high costs of HPOs have a positive effect on the supplier-induced demand in healthcare services, or especially suppliers of treatment technologies such as CT scan. Therefore, as the patient's information decreases, the physician's information

and the costs of HPOs increase, leading to an increase the supplier-induced demand, and the existence of induced demand is confirmed. In addition, the variable of high costs of HPOs ( $r = 0.463$ ) plays a more significant role in increasing the supplier-induced demand than the other two variables do.

In general, the results obtained in this research (factors affecting the induced demand of health care providers) can be considered to be aligned with the results. On this basis and considering the results of this study, it is suggested to increase the society's awareness with the aim of controlling the induced demand, to monitor the financial incentives of the HPOs with the help of appropriate control policies, and to keep track of physicians' performance. Also, paying attention to patients' dignity and needs, increasing information, increasing patients' information about treatment and medicine, and passing laws and standards related to physicians' performance by the medical system organization can also play a significant role in reducing the induced demand [11-20].

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Not applicable

#### Authors' contributions

SM participated in the study design, collected the data, performed the statistical analysis and interpretation of data. EF participated in the study design, helped in the interpretation of data and helped to draft the manuscript. HR helped to collect the data and draft the manuscript. All authors reviewed and approved the final manuscript.

#### Funding

None.

#### Availability of data and materials

The statistical population of the present research consisted of the patients referring to CT Scan department, out of whom 80 people were selected as the research sample using the simple random sampling method.

#### Declarations

##### Ethics approval and consent to participate

The manuscript does not involve human participants. Not applicable.

##### Consent for publication

Not Applicable

##### Competing interests

None.

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