

A New Titanic of Safe World

Naveed Shibli*

Founding Professor Department of Psychology
RI PHAH International University, Pakistan

*Corresponding Author

Naveed Shibli, Founding Professor Department of Psychology RI PHAH International University, Pakistan.

Submitted: 2025, Jul 05; Accepted: 2025, Aug 08; Published: 2025, Aug 15

Citation: Shibli, N. (2025). A New Titanic of Safe World. *J Dep Anxiety Sci*, 2(1), 01-03.

Abstract

The author believes that modern information and novelty are very helpful in explaining the modern mind, so in this article he has adopted the easiest and simplest way to explain some different facts. The author believes that if this experiment is successful, it may help to simplify the perspective on various issues related to religion in relation to religion and human satisfaction.

Keywords: Expression, Man, Satisfaction

1. Introduction

A few years ago, had a dream and told it to an acquaintance of mine. a typist in the District Court of Faisalabad, Pakistan, was an acquaintance of mine because I returned to this city after living away from it for 20 years. Therefore, old acquaintances had either died or had reached a life where I did not think it appropriate for a lowly person like me to meet them. In this dream, I saw that I had left the house and there was water everywhere and I thought it doesn't matter, the house is safe. After that, a huge hurricane hit the world, causing severe damage, but its impact on the country where I live was negligible. The inspired books that are preserved tell us that dreams in human life is not without reason. Psychologists say that from a psychological and analytical perspective, dreams are an important means of understanding humans.

Sigmund Freud believed that dreams were a means of fulfilling unconscious desires. Perhaps this top psychologist said this in view of some authentic observations in this regard. It is possible that what I am telling you now may be an expression of my personal mental state from the perspective of analytical psychology, the reasons for which may be anything, but I have come to understand from my personal analysis that perhaps this matter here may be a link to the struggle for a difficult and new life after the stroke, but apparently, in my opinion, there is no rational, intellectual, intellectual or vision on the basis of which anything can be said about it with certainty. So, in today's writing, something like a literary story that would become part of an academic paper, perhaps because of this but the explanation of the cause before the event occurs is inexplicable and seems intellectually unbelievable, but you will be

told only what has come to your mind through mental observation. Psychologists are generally not inclined to dwell on religion in great detail. However, William James, the founder of the world's second largest psychology laboratory, not only drew on religious examples for his own perspective, but also found examples of his reliance on them in his writings.

It is also an important fact to remember that this great psychologist formulated the world's first law on the emotions of the psyche. Which known as James Lange theory of emotions It is an acknowledged fact that there are many theories and ideas in psychology, but the number of e. laws can be counted on the fingers. The land and the sea are an important part of our lives, which we are all aware of [1]. It is a proven idea that the ocean covers more area than land [1]. It is also an acknowledged fact that the ocean is not as simple as land, but rather has some frightening realities and vastness [1]. But it is also true that wherever there is land, wherever there is sea, and whatever there is in this world, there must be a sky above it. and the gap between these two great realities and the gap between these two great realities is also less dangerous [2]. Danger, no matter what its form, is dangerous for every human being, and being dangerous is itself a dangerous thing that is directly related to human survival and life. Both are certainly important in terms of security and other matters. It is a different matter that the different or complex circumstances could completely change this whole perspective and make it familiar with a completely different meaning. I have no such intention, but I think that perhaps by proceeding in a non-threatening manner, I can tell you what I am going to tell you about in this academic article

in a literary way. Regarding religion, I can say with certainty that almost all religions of the world mention the creation of the world and the coming into existence of man in some form or another. Along with this, there is also the fact that the circumstances of being made and becoming have been described in different ways, but it is important and noteworthy that people belonging to almost all religions agree on the fact that something was made and was made in a certain way. What was made and who made it may be different from each person's own perspective, but it may be similar.

I don't care about the names by which the creator created and the created became, but I believe that someone created and made something. What was the future like and what was to come is a matter for scholars who are concerned with this type of research. But what I'm about to tell you really helped me understand chronic stress. Imagine that you are sitting in a ship that is sailing in the ocean and a very powerful and great being wants to sink the ship, which is why it is repeatedly warning you about the imminent danger of sinking and drowning. But you have no other option than to either stay in the ship and wait for it to sink, or before it sinks, try to fight the sea and cross it like Odysseus [3]. But this has happened once in history and that too only literally. It has been observed that the events described in literature resemble reality, but they are not facts, and all scholars agree on the subject. Because although literature and life exist together in the world, thought and existence are two different aspects that everyone tries to understand in their own way, and from ancient times to the present day, they have not been understood. Wasting time trying to understand things that cannot be understood is nothing but foolishness, but considering those that can be understood or in which the human mind says that they have logical justification from this perspective is an important part of the research process [4].

Therefore, from my point of view, it is better to do what leads to a useful result or provides you with support in your life. This is not easy, but whoever understands this never suffers a loss, but always benefits. It makes a person easy-going and careless, and carelessness tells evolution, and easy-going tells human history nothing but death [5]. So, is the purpose of life that it has no purpose? If so, how to decide about a purposeless and useless life can be an important philosophical point of view [6]. Regardless of what happened and how it happened and who did what and what should happen and what should be done, separate yourself from all these things I just want to explain what information I felt was necessary to explain in this article during sleep, which the Holy Scriptures describe as a state similar to death.

I guess I can understand as a psychoanalyst that the different lifestyle and new sense of life due to my illness are certainly so clear and noticeable that they can have an impact on my intellectual life, which they certainly have, but I have not yet been able to formulate a clear point of view about my condition on the basis of which I can say something about it with certainty and think about how this thinking will help or strengthen my condition or how my psychological structure is such that it feels better for me to have this kind of experience and think about it in a state of sleep. I saw

the sea as far as the eye could see, the sky above, and hidden in the clouds, there was something that could be thought of, but could not be observed. There are many people on the ship I am on, including people of all races, castes, and religions whom I don't know much about. Suddenly, it seems as if some very different being, hidden in the clouds above, looked at this ship full of people in such a way that it began to shake like a small straw in the sea, and the people walking on the ship became victims of a stampede and did not understand what was going to happen.

Then suddenly, it seemed as if someone said in a voice like the rumbling of the clouds, "Do we have to cross or is that enough?" Then I saw that a group of people on the ship, dressed in religious robes, moved forward and began calling their fellow worshippers to them. Some people gathered around them and some did not, but most of the people remained engaged in the work they were doing. Even the high mountains seen in the distance began to run towards the sea like galloping horses, and the waves rose about a hundred times higher and began to meet the sky. Then someone from above said, "Stay here, for I have placed my refuge on you too." I felt like I said to myself, "What do I care about when you're here?" After that I felt sleepy and fell asleep and stayed asleep until late in the morning. I've said what I had to say, but I'm sure this story was a much different and bigger story than the Titanic [7]. Therefore, rather than talking too much, it seems better to separate your fear of drowning from me and try to find out whether the chances of drowning are greater or the strength of the rescuer. I have read in the books of inspiration that the words and events of old people are never liked by the people of the new era and they make fun of them, so I have no need to talk about old things, but the new literary and film ones are probably enough to explain to the readers that often the things that seem good are not as good as we think they are. Because if a simple boat can save the entire world and all the creatures living in it from drowning in the water because of a good person, then the one who saved them is both ancient and tested. Then why not have the desire to test the tested, in which there is only benefit, instead of love, to run after something in which there is only loss.

2. Purpose/Objective/Need: It is a proven fact that every human being, whether a researcher or a writer, is a human being, and whatever his or her status, knows that he or she has to return to where he or she came from. Therefore, we should continue to do things that serve as such reminders. It is better to learn to be afraid than to be afraid, because the one who created it loves to be afraid.

3. Recommendations/Discussion/Conclusion: Man represents a wise and compassionate life, a life of understanding. Therefore, whenever he finds out that something is beneficial to him, he definitely tries to benefit from it because he likes ease and profit. It is hoped that through this article, some important and old things can be highlighted in the minds of the readers in a positive way with some new and fresh references. Because a good person is one who lives not for his own benefit but for the benefit of others like himself. This is balance, and those who remain balanced are very rarely unbalanced, and this is the best lesson that should always

be remembered. The tragedy of morality in the modern era is that those who propagate it consider the moral character of others to be inferior and different from their own. This is why distance and distance arise and problems increase. The day we learn to take care of each other with sincerity, the same day the problems that are increasing day by day will not only gradually decrease, but our daily increasing stress will also find an excuse to reduce it within ourselves with peace and satisfaction. And this is a free treatment. The conclusion can be drawn that stress can be reduced if this fact is accepted. If an attempt is made to reduce stress and shift the burden from oneself to someone else, then it can be easier and stress can be reduced and satisfaction can be increased. No one else has to do anything in this, just turn the steering wheel of thought in a certain direction [8,9].

References

1. McIntyre, A. (Ed.). (2010). *Life in the world's oceans: Diversity, distribution, and abundance*. John Wiley & Sons.
2. Stratmann, H. G. (2015). Space Is a Dangerous Place. In *Using Medicine in Science Fiction: The SF Writer's Guide to Human Biology* (pp. 89-119). Cham: Springer International Publishing.
3. Tracy, S. V. (2020). *The Story of the Odyssey*.
4. Russell, B. (1959). *Mysticism And Logic: And Other*. George Allen & Unwin Limited.
5. Schopenhauer, A. (2010). *Essays of Schopenhauer*. The Floating Press.
6. Ruse, M. (2017). *On purpose*.
7. Bassett, V. (2000). Causes and Effects of the Rapid Sinking of the Titanic. *Vicki Bassett College of Engineering University of Wisconsin*.
8. Conkright, M. E., Locarnini, R. A., Garcia, H. E., O'Brien, T. D., Boyer, T. P., Stephens, C., & Antonov, J. I. (2002). World Ocean Atlas 2001: Objective analyses, data statistics, and figures: CD-ROM documentation.
9. Isaacs, J. D. (1969). The nature of oceanic life. *Scientific American*, 221(3), 146-165.

Copyright: ©2025 Naveed Shibli. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.