

Mini Review Article

Journal of Humanities & Social Sciences

Of Enjoy

Dibakar Pal

M.Phil, Retired Executive Magistrate (Civil Servant) & PhD Student, Department of Business Management, University of Calcutta, India

*Corresponding Author

Dibakar Pal, M.Phil, Retired Executive Magistrate (Civil Servant) & PhD Student, Department of Business Management, University of Calcutta, India

Submitted: 09 Mar 2023; Accepted: 20 Mar 2023: Published: 29 Mar 2023

Citation: Pal, D. (2023). Of Enjoy. J Huma Soci Scie, 6(3), 102-104.

Abstract

A serious person cannot enjoy. A sincere person can enjoy. In mathematics necessary and sufficient is a concept of condition. Seriousness is necessary but not sufficient condition to enjoy. Sincerity is that very sufficient condition for enjoyment. Enjoyment is an outcome of emotion. Seriousness is a hindrance. Similarly, callousness does not allow someone to enjoy. Chance comes once. An intelligent person can avail the chance thereby enjoys it. Strike the iron when it is hot. A fool cannot strike in time for lacking in knowledge. He strikes when the iron is cold; he sits idle when the iron is hot. Thus, he loses both ways. As such the blunt has to bear the pains of failure lifelong. He cannot enjoy. He is derived from enjoyment. He is so cursed. This is his tragedy.

Keywords: Enjoy, Delight, Pleasure, Possesses, Benefit, Relief, Emotion, Holding Instinct

Introduction

Creative writing is based more on manifestation rather than on expression. It does not inform, rather it reveals. So, it bears no reference. The best creative writing is critical, and the best critical writing is creative. This article is an outcome of thinking about creative writing meant for a general readership. As such, I have adopted a free style methodology so that everyone can enjoy the pleasure of reading. As you might know, Francis Bacon (1561-1626), the immortal essayist, wrote many essays namely 'Of Love', 'Of Friendship', 'Of Ambition', 'Of Studies', and so on. The multiple-minded genius correctly pointed out that all the words of the dictionary can be used as themes for essays. But little has been done since his death to continue or finish his monumental task. Bacon's unique individual style of presentation ignited my imagination and encouraged me to write creative essays as a method of relieving a wide range of emotions through catharsis.

Article

Enjoy is to take delight or pleasure in an activity or occasion. For example: I enjoy watching good films.

It is to possess and benefit from something. For example: The security forces enjoy legal immunity from prosecution.

Enjoyment is an avenue to get relief from emotion. Emotion may be normal, abnormal, violent and vulgar.

Discharge of intellect is an example of normal emotion. Man enjoys when the audience appreciates his talent or sentiment.

A mad person enjoys through his abnormal behavior. Brain has no control over his thinking or movement. Brain does not control him, rather he controls his brain instead. Thus, mal-functioning of the brain is the root cause of madness. Rough behavior, tough attitude are quite abnormal. Disobey, disregard, decline, suppress, exaggeration, aggression, etc. manifest abnormality.

Revenge, beating, torturing and murder are the examples of violent emotions. The revenge taker enjoys sadistic pleasure. He enjoys wild justice. In contrast a Good Samaritan seldom takes revenge. He forgets. He forgives.

Vulgar jokes, gestures, postures, teasing, taunting, beckon, evil or sexual activity degrade a soul. The person gets relief from the vulgarity through enjoyment of sexual pleasure. In civic society these are not allowed. So, a stranger must be careful before speaking or moving.

Man enjoys festival and movie. Similarly, a romantic heart enjoys storm, cyclone, hurricane, and tsunami though these are destructive in nature. Nature is calm and violent as well. The poet enjoys both the appearances.

To hear a song is to enjoy. To sing is also to enjoy. Singing offers

J Huma Soci Scie, 2023 Volume 6 | Issue 3 | 102

enjoyment to both the singer and audience as well. To gaze at the natural beauty is to enjoy. A romantic heart leaves the home at the beckon of nature. A vagabond roams here and there and enjoys different places, men and their manners.

All does not know how to enjoy. It is a technique. Someone calls it an art more than a technique. Technique is guided by motion like motion picture. Art is guided by emotion. Both are based on two different bases diagonally opposite to each other. Where technique ends art begins. Art means pure art. Technique implies applied art.

Enjoyment may either be classical or commercial or cocktail of both in different proportions. From choice thereby enjoyment the state and status of the concerned person can be ascertained. A person may not opt the identical enjoyment all the time. Choice depends on various factors viz., taste, temperament, attitude, environment, culture, etc.

Mood changes. Enjoyment changes. Mood varies. Enjoyment varies. Time varies. Enjoyment varies.

To someone morning is for prayer. The sacred heart starts the day remembering All Mighty God.

Someone goes to the bar in the evening. In wine he gets all and everything and gets relief from the cares and anxieties of hectic schedule of life. Whisky whisks away from the hard reality. He wants to detach himself from the pains and agony of real life. He drinks life to the lees. It is his super enjoyment.

Someone goes to the library. Reading is his enjoyment. Book is the never failing friend of a reader. A voracious reader is the asset of a library. Both authors and readers are made for each other. A reader knows the author through his writing. The author dies. His writings remain alive. The readers enjoy his thinking even after his death. It was the dream of the author. Thus dream does not die even after death.

Someone goes to play ground. He enjoys physical exercise. Health is wealth. He knows it. He enjoys ADIDAS i.e., all day I dream about sports.

Someone goes on tour. Travelling widens spectrum of knowledge. It broadens outlook. Someone goes to the holy place at old age. An intelligent person contends that a pilgrim should visit the holy places when he is active. Old age is not suitable for travelling for its natural inability.

Someone likes to remain at home. He likes not adventure. To him it is a risky game. No risk, no gain means high risk high gain. The timid person wants to enjoy in highest degree without taking even lowest kind of risk which is next to impossible. Everybody knows it except this lazy fellow.

A serious person cannot enjoy. A sincere person can enjoy. In

mathematics necessary and sufficient is a concept of condition. Seriousness is necessary but not sufficient condition to enjoy. Sincerity is that very sufficient condition for enjoyment. Enjoyment is an outcome of emotion. Seriousness is a hindrance. Similarly, callousness does not allow someone to enjoy.

Chance comes once. An intelligent person can avail the chance thereby enjoys it. Strike the iron when it is hot. A fool cannot strike in time for lacking in knowledge. He strikes when the iron is cold; he sits idle when the iron is hot. Thus, he loses both ways. As such the blunt has to bear the pains of failure lifelong. He cannot enjoy. He is derived from enjoyment. He is so cursed. This is his tragedy.

Sun rise is a beautiful event. A late-riser cannot enjoy it. Only a time conscious person can enjoy this fascinating natural beauty.

Duty and enjoyment are complimentary to each other. Job satisfaction offers enjoyment. The satisfied person considers duty as holy engagement. He enjoys it. In contrast, the unsatisfied person considers duty as punishment. He discharges his duties under compulsion for the sake of his livelihood.

All day reading renders John dull. John does not enjoy study. He is not a person of education world. As such John cannot realize the inner meaning of his lessons. He reads mechanically without realizing the concept. Tediousness bores him. Basically, he is a dull-headed student.

Teasing is one-sided enjoyment of an evil soul. It is one kind of mental torture. It is called sadistic pleasure. If it crosses the limit then mishap is its outcome when it continues for long at a stretch.

Enjoyment bears diversified meaning. What is enjoyment to someone may not be so to someone else. Further there is universal type of enjoyment e.g., sun rise, sun set, beautiful flower, smile of baby, innocent face of children, etc. all these amuse all offering intense heavenly delight. These enjoyments are culture free and immortal as well.

Enjoyments are of various kinds. They can broadly be classified into two different categories viz., physical and psychological. Physical encompasses sex, kiss, kick, embracement, etc. Psychological is free from sex. It is platonic in nature. Divine is its essence.

Besides these there is holding instinct which is also an avenue to enjoy or greater means of enjoyment.

The rich holds house, car, huge properties, etc. They boast of these mundane things. These all are called holding instinct. They hold it whether they use them or do not or cannot use them it matters little. A rich person purchases property till he breathes his last. It is an addiction. He is interested more to hold not to enjoy. It seems holding instinct is a disease. Thus where enjoy ends holding instinct begins.

J Huma Soci Scie, 2023 Volume 6 | Issue 3 | 103

Enjoyments ventilate all types of emotions from violent to normal. It offers relief to the tensed nerves. It quenches the thirst of a thirsty soul. It mitigates the eagerness for coveted things.

The rich can purchase enjoyment but not peace or happiness. The poor cannot purchase enjoyment but they get peace and happiness at ease free of cost and enjoy accordingly. Thus, enjoyment is mundane. Peace and happiness are divine. Enjoyment is a commodity. Peace and happiness are gifts of God. Only a blessed soul is a gifted one and enjoys those divine blessings.

After fulfilling duty, enjoyment offers more pleasure. With tensed nerves one cannot enjoy. Here enjoyment differs though they are identical in nature.

To a successful person sugar is sweet. To frustrated person sugar tastes bitter. Thus mind is the sole controller of enjoyment.

There are two types of persons. To the first category the call of duty is greater than the call of beauty. People of such category always think future consequence of any present activity. They enjoy after discharging their assigned duties. The second type never thinks for future. Such type of person is always busy with present enjoyment only. They are common mass and large in number. They are interested only for instant. In contrast, the first type always thinks for constant. As such they are uncommon.

A studious student first reads plays next. He is serious. An inattentive student play first. Then if time permits and if his mood allows only then he reads. Thus, he reads if he likes. He reads not if he likes not. Thus, his mood and whims are gloriously so uncertain. But his uncertain behavior offers certain and permanent sufferings. A man does not realize the consequence of loss of time in early

period of life. A man realizes his wrongs when he reaches the autumn of life. But nothing can be done at that belated period of life except mourning.

A bad student is always ready to enjoy. Such type of student is callous. With the rise of the sun the callous student starts to enjoy. Then he does not find the serious partner. A serious student joins the callous partner after completion of his studies. The sun having set the serious student starts to return home since his study is waiting for him. The bad student still is engaged in playing.

The good student passes the examination. The bad student fails successfully. His successful failure of student life paves the way for series of failures till he breathes his last. Misfortune dogs him wherever he goes. With the passage of time the status difference between both increases abruptly. This is the outcome of untimely enjoyment.

Conclusion

Enjoyment has a time table. He who follows it becomes happy. He who disobeys it becomes unhappy. Student life is the most precious time of human life. It determines either success or failure. If a single moment of student life is wasted thereby misused then thousand moments of future hardly can compensate that acquired deficiency. Later on, frustration is the symptom of that acquired deficiency. A good student does not enjoy in student life. He confirms lifelong enjoyment. The bad student enjoys in student life. He confirms lifelong pain.

References

No reference, since the present article is an outcome of Creative Nonfiction Writing.

Copyright: ©2023 Dibakar Pal. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.