

New Ideas for Herbal MedicineElham Khalesi^{1,2*}¹Senior Engineer (Inventor), Tehran, Iran²<https://orcid.org/0000-0002-5766-045>***Corresponding Author**

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In this paper, I have proposed Herbal ideas for treatments. In this treatment from Iranian background for cureness of disease has applied.

Keywords: Blood Pressure Medication, Nerve Discomfort, Ricket, Hair Loss Treatment, Anemia Treatment.**1. Introduction**

In this paper, some ideas for treatment of illnesses has observed. In laboratory, the benefits of this Herbal. Treatment examined.

2. Herbal Medicine

Plant therapy is a method in which, after medical examinations and necessary diagnosis, plant elements are used to relieve the symptoms of the disease according to the active substances and their properties. Like modern medicine, this method fights the symptoms of the disease, and tries to eliminate them. In terms of this treatment, the active ingredient of plants including alkaloids and ... Symptoms can be relieved and the health of the patient is restored. In fact, herbal medicine is a form of medicine in which drugs of herbal origin are used instead of chemical synthetic drugs. Temperament and discussion of the dominance of the blend do not have a place in this method. The view of this method, like modern medicine, is a component view.

3. Classification of Herbal Pharmacy**3.1. Blood pressure medication:**

5 jujube daily to lower blood pressure.

To lower the blood pressure, soaked the fresh stem of the ivy in 100 g of alcohol 60 degrees, and stay 10 days and then smoothed 10 to 20 drops per day based on the patient's age. Take 5 grams abe,raii by water in boiling water 3 cups a day. Dissolve the milk. khesht in watermelon water.

4. Nerve discomfort

Abhel Handi tree decoction - Arag Zanian - Eshkeh decoction 10 to 20 gram Natzhak brew - Aklil K. Hay brew

5. Ricket

Brew (beans, barley, mung beans, wheat germ, parsley, tomato, onion, turmeric, peanut, corn cobs, (to which sesame oil and olive oil are added.

6. Hair Loss Treatment

Infused peanuts and walnuts with egg yolks and fresh milk is mixed and desired. Mixed infused (wheat germ - tomato - pea parsley - rosemary) mixed with olive oil and coconut oil and desired.

7. Treatment of Rickets

Mixed brewed (Bean - Barley - Mung Bean - Wheat germ - Parsley - Onion - Carrot - Orange - Turmeric - Peanut - Corn Cocktail) mixed with sesame oil mixed with vo-meal.

8. Healing of the Water of the Tissues of the Body

Infused (Wormwood, Rosemary, Aceberries and Baba Adam's root) prepared and mixed with alfalfa and spire syrup extract and desired.

9. Treating Heart Disease

Brewed (Budermann, Vervain, Ziziphui, Lily onion, Peacock flower, Clove - Salvia) is prepared and desired.

10. Anemia Treatment:

millet - bean - wheat germ - parsley - barley - mung beans - chickpeas - spinach - radish- basil - soy beans - roasted corn to be consumed.

Competing Interest

"The auther declare competing to interest of benefits of this proposal."

References

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