

Editorial article

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Is There a Need to Surgically Remove the Breast When the Clinical Treatment Is Radiologically Proven That There Has Been Complete Disappearance of The Breast Cancer?

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Introduction

The most common cancer in the United States is breast malignancy, where one in eight women is diagnosed with invasive breast cancer at some point in her life [1].

The diagnosis and treatment of breast cancer are in constant evolution, where attempts at early diagnosis and individualized treatment are indicated in order to increase survival [1].

This article will be written from the perspective of Hippocrates (460 BCE - 375 BCE), the father of medicine, who says that "we should use older medicines before current medical practice" [2, 3].

Therefore, I will use the teachings of traditional Chinese medicine that have existed for over five thousand years to explain this matter [3].

For this, I developed the figure of the tree to show the different points of view of Western medicine and traditional Chinese medicine regarding the diagnosis and also the treatment of different diseases, in this case, breast cancer [3].

In this tree, I explain that this tree has a trunk with several branches, and coming out of each branch, it has several leaves. In addition, the tree is also composed of the "root", which is below the earth and is often not visible to the naked eye. In this metaphor, I explain that each branch means each medical specialty and each leaf means each symptom or disease treated by each medical specialty. In this case, breast cancer is a disease treated by the specialty of gynecology and/or oncology and treated locally with chemotherapy to eradicate cancerous cells using surgery to remove the tumor and sometimes radiotherapy [1, 3].

However, all diseases in traditional Chinese medicine are treated not at the leaf level of the tree but at the "root" level of the tree (that there are present energy of *Yin* and *Yang* and Five Elements theory), with "root" imbalances being the cause of the formation of all diseases in all specialties, including the various types of

cancer, in this case, breast cancer [2-12].

In a study carried out by me in Brazil (2021), studying the energy of the five massive internal organs of 1000 patients, in the period from 2015 to 2020, I concluded that 90% of all my patients are completely without energy in the five massive internal organs of the Five Elements theory of traditional Chinese medicine. The five elements correspond to Wood, Fire, Earth, Metal, and Water and each element corresponds to one internal massive organ, which is the Liver, Heart, Spleen, Lungs, and Kidneys [13].

If I were to do this study today (2023), I could say that 100% of all my patients are without energy in the five massive internal organs, regardless of the diagnosis. The problem presented by the patient could be any emotional or physical diseases or symptoms regardless of age and they are having the same problem in the root, that it is the energy deficiency inside these internal massive organs [5-12].

And patients with any type of cancer are in the final stage of the evolution from health to disease, which is divided into 5 stages [4].

Therefore, if we treat the energy alterations that caused the disease that manifested itself at the "leaf" level, we can treat all diseases at the same time, since they all come from the same "root", but manifested in different diseases in different specialties. In traditional Chinese medicine, the same disease can come from different energy imbalances and the same energy imbalance can cause different diseases [14].

The importance of diagnosing cancer at the energy level, at the "root" of the tree, was published by me in an article written by me (2020), titled *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer*, and in another article written by me (2021) whose title is *How Can We Give Hope for Cancer Patients to Cure This Disease*? [4, 15].

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In these articles, I describe some cancer patients who had been diagnosed with cancer and who were treated by rebalancing the unbalanced energies that were present in the "root" of the tree, changing some aspects of the diet, performing acupuncture with apex ear bloodletting and restoring the energy of these organs using highly diluted medications such as homeopathies, according to the theory written by me (2020), whose title is *Constitutional Homeopathy of the Five elements Based on Traditional Chinese medicine* and crystal-based medications [4, 15, 16].

In the article that I wrote (2021) titled *Chakras' and energy deficiencies in the genesis of breast cancer*, I am showing that patients who were diagnosed with breast cancer, had already had a long time of energy deficiency in the five massive internal organs, and the treatment of energy deficiencies that caused the breast cancer most of the times were not carried out. In this article, I am emphasizing the need to treat both levels, at the "leaf" but also at the "root", which is the cause of cancer formation [3].

Western medicine does not visualize this energy part of the human, because, after the implementation of the Flexner report in 1910, they only considered it "scientific", only what medicine could prove with the naked eye so the part of the energy, which makes up all things in the universe, was left aside [3, 17].

Therefore, in the article I wrote (2023) titled *Which Could Be the Risk Factors for Developing Cancer After Receiving The COVID-19 Vaccine?* I described a 40-year-old patient who developed cancer of the right breast 7 days after taking the third dose of vaccine for the prevention of COVID-19 [18].

Before she started the chemotherapy treatment, she measured the energy of the five massive internal organs and we saw that all the internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney) were total without energy. The treatment was started with the alteration of eating habits with the abolition of dairy products, Coldwater, raw foods, and sweets (because these foods can induce the Spleen and pancreas energy deficiency causing the formation of Phlegm, one of the energy imbalances responsible for the formation of breast cancer in the energy level) in addition to the abolition of other foods that could generate more internal energy imbalance. In a second moment, acupuncture sessions were carried out and in the first acupuncture session, her breast tumor, which was about 10 centimeters in the beginning, decreased to 7 cm after the first acupuncture session and after the second acupuncture session, the tumor regressed another third, going to a chemotherapy session only with 1/3 of the initial value. The patient underwent chemotherapy sessions weekly and at the end of the treatment, always supported by acupuncture treatment, diet, and the use of homeopathic medicines according to the theory created by myself (2020) titled Constitutional Homeopathy theory of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications. In this theory, I am using Phosphorus to replenish the energy of the Liver, Sulphur to replenish the energy of the Heart, Calcarea Carbonica to replenish the energy of the Spleen, Silicea to replenish the energy of the Lungs and finally, Natrum muriaticum to replenish the energy of the Kidney [16, 18].

This patient had her routine exams with computed tomography at the end of her chemotherapy sessions, which revealed that there was no more tumor in her breast, but even so, surgery was indicated by her oncologist doctor to remove part of the right breast [18].

This was the point at which I was compelled to write this article because as the patient is treating the cause of cancer formation, at the "root" level of the tree, she had a very good response when she saw that, with only one session of acupuncture the patient was able to reduce the tumor by a third and reduced the tumor by another third in the second acupuncture session. I say that the improvement in immunity brought about by acupuncture can bring about a cure for this patient without often having to undergo the mutilating treatment that would be surgery. According to the oncologist, the surgery would be a unique way of certifying that the patient is cured of cancer, but at the same time, if we do not deal with the energy deficiencies that caused the formation of cancer, the patient would not be cured either, despite having the apparent diagnosis of complete remission of cancer. Therefore, in this article, I come to bring another look at cancer patients, where they must be treated for its local manifestation, which is cancer itself, but they must also treat the lack of energy that led to the formation of cancer, which are often not treated and which can also lead to the cure of the patient, as I describe in the article Energy Alterations in Patient with Malignant Thyroid Tumor and How Can We Treat It without Doing Surgery, Chemotherapy or Radiotherapy [19].

According to Hippocrates (460 BCE- 375 BCE) the father of medicine, "we need to treat the patient and not the disease the patient has". If we treat the patient at the root level, we can treat all kinds of diseases that the patient has, even if the doctor does not know that the patient has such symptoms. This theory was presented by myself at the Acupuncture Research Conference that was held in Boston at Harvard Medical School in 2015 [20, 21].

So, in this case, when the patient with breast cancer is treating the "root", (that is the energy deficiencies of the five internal massive organs), together with the usual treatment of breast cancer, we can try to treat her without the necessity of doing a mutilating surgery because the cause of cancer formation, according to traditional Chinese medicine is being treated [3].

What I want to emphasize in this article is that the patient needs to intake the medications to replenish the energy of the five internal massive organs for her whole life because we are living in a modern world that is always contaminated by the electromagnetic radiation of the modernization of telecommunication and the treatment of this condition is very important to prevent the formation of any kind of disease in the leaf level, as I am showing in the article written by myself (2021) titled *What Are the Markers That Predict the Development of Having Cancer in the Future Without Laboratory or Radiological Tests*? [22].

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