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### **Research Article**

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# Is It Possible to Treat Multi-Resistant Bacteria Nowadays Without Using Any Kind of Antibiotics?

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#### **Abstract**

Introduction: We are facing an enormous increase in the number of multi-resistant bacteria worldwide and there are not enough antibiotics to treat them. The purpose of this study is to show that patients with multi-resistant bacteria have in their background, energy deficiency within their five internal massive organs according to the the five-element theory of Traditional Chinese Medicine which subsequently leads to the formation of internal Fire, that is one of the energy imbalances necessary to have adherence of bacteria inside tissues. Treating these energy alterations through correcting wrong eating habits, rebalancing the internal energy using Chinese medicine's tools and replenishing the energy of these organs using highly diluted medications according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine to reduce the formation of internal Fire is the mode of treatment nowadays when facing patients with multi-resistant bacteria infections. The conclusion of this study is to show that we need to treat the patient, and not just the disease the patient has, in order to effectively treat patients with multi-resistant bacterial infections.

Keywords: Multiresistant Bacteria, Energy, Traditional Chinese Medicine, Diet, Homeopathy, Hippocrates.

#### 1. Introduction

The resistant of bacteria to all kinds of antibiotics is considered the major problem nowadays in infectious diseases and many kinds of new drugs produced by the pharmacy industry is not so fast to follow these resistances [1].

What I want to say in this article is that, if we still having the same reasoning used until today, considering "scientific" only what we could proof by laboratory or radiological level, probably we will not have any kind of solution for our problem in this world and patients will die without having any kind of new medication to treat them [2-3].

But if we analyze from the point of view of Hippocrates (460 a.c - 377 a.c), the father of medicine, he always said in his oaths that "it is more important to treat the patient and not the disease the patient has" [4].

It is sometimes difficult to us to understand the meaning of this oath and what he want to say in this phrase, but if we analyze through the tree metaphor, the figure used in all my articles, to show the different viewpoints of Western medicine (that has about 114 years after the implementation of Flexner report in 1910) and from traditional Chinese medicine, which existed for more than

5 thousands years, we can notice that all disease treated by each medical specialty according to Western medicine is at the "leaf" level of the tree [2, 4-5].

However, in traditional Chinese medicine, they understand that the cause of all disease formation is not in the "leaf" level of the tree, but on the "root" level of this tree, and this part is usually invisible by the naked eyes and not studied by Western medical faculties because since the implementation of Flexner report in 1910, they only consider "scientific" what they could proof by laboratory or radiological level [2, 5].

The first case that was the cornerstone of all this new kind of reasoning was in 2006, when I treated one patient and I will share his history to you to understand. He was a 70 years-old male patient with history of pain in both legs with no improvement of his condition only using anti-inflammatory medications. He went to my clinic to search for another type of treatment but instead of treating his symptoms (leg pain), I treated his energy imbalances presented in the "root" of the tree (Kidney *Yang* energy deficiency). He did ten acupuncture sessions twice a week and after ten sessions, he returned and said that he improved a lot his leg pain but also, he improved from another clinical condition that he did not tell me. He has been treating for glaucoma for the last 40

years, with no improvement of his intra-ocular pressure only using eye drops. For the first time of his life, his intra-ocular pressure reduced from 40 to 17 mmHg. In this case, it was proofed that when we treat the "root" of the tree, all patients' symptoms can improve at the same time, even the doctor does not know that the patient has such symptoms [6-7].

After this case, many other differentes cases were published regarding the treatment of diverse diseases treating the 'root' of energy imbalances and not just treating the symptoms (the leaves of the tree) [8-12].

In 2018, it was presented in the first time the study titled "Is it possible to treat community and hospital infections with the same method and without using any antibiotics?". In this presentation that was held in Madrid, at Infectious disease conference in December 2-3 2018, I proofed in this presentation that we can treat community and hospital infections with the same method (rebalancing the internal energy presented in the "root", and taking out the Heat retention) and without using any kind of antibiotics. In this presentation, I presented two cases of community infections (furunculosis and chronic sinusitis) and two cases of nosocomial infections (knee post-surgery nosocomial infections) infected with multi-resistant Pseudomonas aeruginosa. All cases were submitted to the treatment using antibiotics by infectious disease specialists without improvement of their clinical condition of infections. They only cured from their disease when treating the energy alterations presented in the "root" and taking out the Heat retention using some alterations in the dietary aspects according to Chinese dietary counseling, using auricular acupuncture with apex ear bloodletting and systemic acupuncture [3].

The progression from health to disease is usually divided into five phases and in the first three phases, the patient has symptoms but the laboratory exams are usually normal [13-14].

Only in the phase four and five, there are alterations in the laboratory exams (but there is the necessity to have about ten to twenty years of energy deficiencies to go to phase four and five). In the phase four, there are patients with diabetes, with high cholesterol, with high uric acid, high triglycerides, etc. and in the phase five, corresponds to all patients with cancer [10-13].

So, in the infectious disease branch, we have many kinds of infections such as community and hospital infections, dengue, leptospirosis, etc. that are considered the "leaf" level of the tree. If we study the "root" level of this tree, we can notice the all patients with this kind of infections has in common, energy deficiency inside the five internal massive organs of the five elements of the traditional Chinese medicine, that are responsible for the production of internal energy for our survival [15].

In the case of having this energy deficiency in all these organs, it is produced the formation of internal Fire, responsible for the symptoms in the "leaf" level of the tree, such as emotional

problems as you can see in anxiety, panic syndrome, schizophrenia, etc. In the case of physical symptoms, this formation of internal Fire can cause diabetes, menopause symptoms, cancer, etc, and in the case of infections, it is the cause of the formation of any kind of community and hospital infections, that we are treating using antibiotics [10, 12, 16-24].

But when we use any kind of highly concentrated medications in this new type of population that we are having nowadays, considered immunocompromised, caused by the chronic exposition to the electromagnetic radiation after the implementation of cell phones and computers, we can reduce even more this internal energy and cause more complications or even death of this patient, as demonstrated through Arndt-Schultz Law, created in 1888 by two German researchers [25-26].

For this reason, even the formation of multi- resistant bacteria caused by multiple uses of antibiotics in any kind of patient nowadays, due to any kind of reason, the energy of this patient will drop even more and can induce the formation of more internal Fire and cause worsening of the infectious symptoms, commonly interpreted as infections but the real cause are the energy alterations presented in the "root" of this tree, generating interna Fire, due to energy deficiency situation [27].

In this case, all measurements to reduce the internal Fire thought the correct dietary aspects to balance again the internal energy of *Yin, Yang, Qi* and Blood and taking out the internal Fire and to do clinical measurements to increase the internal energy using less highly concentrated medications of any kind such as anti-pyretic, antibiotics, anti-inflammatory medications, anxiolytics, sleep inducers, antihyperglycemic medications, anti-depressant medications, etc, and increase the use of highly diluted medications using medications created by Samuel Hahnemann (1755-1843) but through another theory created by myself (2020) titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications can replenish the energy of these organs and can reduce the formation of internal Fire, reducing the symptoms or curing the infections without using any kind of antibiotics [27-28].

Highly diluted medications such as homeopathies are the medications of choice to be used in this new type of population that we are having nowadays, because after the implementation of modernization of telecommunication, with the use of cell phones and computers, the electromagnetic radiation caused the reduction of the internal energy of our organs, responsible for all functions of our external sensorial organs such as eye and vison, nose and smell, tongue and communication, mouth and sense of taste, ear and hearing process. All organs has the function of production of internal energy to allow the proper flow of Blood inside the blood vessels as shown in the article written by myself (2022) titled *Energy Alterations in Patient with Deep Vein Thrombosis and what do we Need to in Addition to the Use of AntiCoagulant Medications?* and all clinical measurements that can reduce even

more this internal energy, such as the use of any kind of highly concentrated vaccines can also reduce even more this internal energy, and cause complications of Blood stagnation causing myocardial infarction, strokes or even death of these patients [26, 29-31].

These highly diluted medications work like acupuncture and are considered bioenergy, as reported in the book written by Clark Manning and Louis Vanrenen (1993) titled *Bioenergetic Medicines East and West: Acupuncture and Homeopathy: Study of Homoeopathy and Acupuncture [32]*.

So, what I want to say in this small article is that, to know which type of medication we need to use, we need to know which type of population that we are treating nowadays. And the population these days are very immunocompromised due to this energy alterations inside the five internal massive organs and all symptoms presented by each patient are only reflections of energy alterations presented in the "root" of this tree, invisible by the naked eye [25, 33].

The prevention of infections in these patients needs to include the treatment replenishing the energy of these five internal massive organs (Liver, Heart, Spleen, Lungs and Kidney) using highly diluted medications according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine, to reduce the formation of internal Fire, responsible for the adherence of bactéria in the tissue as demonstrated in the article written by myself (2020) titled Energies Alterations and Chakras Energies Deficiencies as the Main Cause of Recurrent Urinary Tract Infection Resistant to Antibiotics Treatments, and in the second article (2021) titled What have behind in all kinds of infections that we need to know? [16, 20].

So, as said by Hippocrates (460 a.c - 377 a.c) in one of his oaths, he said that "it is more important to know which type of patient has the disease than to know which type of disease the patient has" is reflecting nowadays in the treatment of our patient. The focus until today was the treatment of disease (the multi-resistant bacteria) but we were not studying which type of patient was having that disease. From the study I did in my clinic in Brazil from 2015 to 2020, I concluded by 90% of my patients were in the lowest level of energy in all these five internal massive organs but if I measure my patients today (2024), 100% of them were in this lowest level of energy, meaning that all patients are considered immunocompromised and not immune competent [25, 34-35].

The conclusion of this study is that we can treat mutiresistant bacteria without using any kind of antibiotics if we treat the patient and not just the disease the patient has. The importance to have a wholistic view of our patient integrating the knowledge of ancient medical traditions to the knowledge we have nowadays with Western medicine's reasoning is important to understand how can we treat patients with multiresistant bacteria without using any kind of antibiotics.

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