

### **Editorial article**

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## How I Discovered That Treating the Root of All Problems Could Also Treat Cancer

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When I started my studies in traditional Chinese medicine in Brazil in 1997, I started first with studies in acupuncture and then went deeper into other techniques of Chinese medicine such as Chinese herbal therapy and Chinese diet therapy. [1] These teachings of Chinese medicine fascinated me because everything is integrated, and they also considered the influences of the external pathogenic factors (that includes Wind, Cold, Heat, Humidity, and Dryness) contrary to Western medicine, where you can see that everything is separated by specialties and nothing is integrated like in Chinese medicine [2, 3].

The need to disclose my clinical findings to the world began in 2006 when I treated a patient who had pain in his legs and had not improved his pain condition only taking anti-inflammatories for the last 6 months. He went to my clinic and I diagnosed him with Kidney *Yang* deficiency, as he told me he felt very Cold in the lower limbs, and by treating these energy imbalances using Chinese medicine tools, all the patient's problems improved at the same time [2].

I said that everything had improved at the same time because the patient had been treating glaucoma for the last 40 years using eye drops and had never lowered his intraocular pressure and for the first time in his life, his pressure dropped from 40 to 17 mmHg, even I was not aware of his glaucoma condition [2].

This patient had not told me that he had another health problem, but in this case, it was possible to treat everything at the same time because I had treated the energy imbalances (which are the cause of the formation of the majority of diseases) are invisible to the naked eye and Western medicine is usually unaware of the existence of energy, as doctors are currently treating according to what was implanted after Flexner report, in 1910 in all medical schools in the United States and Canada and they considered the energy part "unscientific" [4, 5].

The implantation of this new way of thinking in medicine caused

great development in the areas of research, but on the other hand, it brought a lack of knowledge of the part of the energy that makes up the human being, making changes in the level of energy completely unknown and left aside, causing a very late diagnosis of the pathologies, as only after generating alterations at the laboratory exams that Western medicine is able to make a diagnosis [4].

According to some studies in the energy field, the evolution from health to disease is divided into five phases and in the first three phases, there are symptoms presented by the patients but the laboratory exams are normal. Only in phases four and five, there are alterations in the laboratory exams and Western medicine is doing diagnoses only in these phases when there are alterations in laboratory exams [3, 5].

The first international congress I attended took place in Baltimore (2007) in the United States, where I presented the effect of acupuncture in the treatment of glaucoma. After this work, several other works were developed, all emphasizing the need to treat the "root" of the problems where energy imbalances are located and not just treating the symptoms. What I am talking about also refers to the treatment with acupuncture, because many times, the doctor only treats the manifestations that the patient is feeling, but many times, the doctor does not treat the energy imbalances that the patient is presenting, thus continuing to treat only the symptoms and not the cause of manifestation of the problems, which are energy imbalances in the root [3, 5].

Since then, several congresses related to acupuncture around the world have been held in different countries in the world, but in 2018, I decided to participate in Western medicine congresses, to share the teachings of Chinese medicine, focusing on energy imbalances, on the "root" of the tree, which was a figure that I created, in order to be able to demonstrate the different levels of energy of different medicines, Western medicine, which treats the "leaf" of the tree and Chinese medicine, which treats the "root" of the tree. In one of these conferences, which was held in Madrid in

December 2018, there was a presentation of a study where I talked about whether it was possible to treat community and hospital infections without using antibiotics. In this study, I demonstrated that it was possible to treat community and hospital infections without using antibiotics because infections are just a symptom of energy imbalances at the root of the tree that Western medicine is not taking into account. When the doctor begins to treat these energy imbalances at the root and not just the symptoms, all the patient's problems improve, even if the doctor does not know that the patient has such a symptom. This new theory was presented at the Acupuncture Research Conference held in 2015 at Harvard Medical School in Boston [6, 7].

But even so, there was still a disease that intrigued me and I still did not know if I really treated these imbalances, that are at the root of the tree, they would treat this disease, which is cancer [5].

It was in 2018 that I had the opportunity to treat a 70-year-old patient, dentist, and diabetic who had been diagnosed with thyroid cancer and was going to have surgery in 2 months. The patient was very anxious, as the possibility of dying overwhelmed her emotions. I did what I always do with my patients, trying to rebalance her energy, because she felt very hot and itchy in her body, these data tell me that she had *Yin* energy deficiency and internal Heat formation. I have used various methods to re-balance this energy using Chinese dietary therapy, where I use food energy to treat my patients' energy imbalances. In addition, I use auricular and systemic acupuncture in order to balance the *Yin*, *Yang*, *Qi*, and Blood energies of my patients, as the balance of these four energies is the secret of traditional Chinese medicine treatments [8].

I even measured the energy of her five internal massive organs (Liver, Heart, Spleen, Lungs, Kidney) and I saw that all of them were without energy. I treated her organs' lack of energy using highly diluted medicines according to the theory that I wrote (2020) when I started my homeopathy course in Brazil in 2015 which the title is *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, where I am treating the five elements of Five Elements Theory in Traditional Chinese Medicine, using homeopathic medicines instead of giving Chinese herbal medicines, used in China [9].

This patient underwent acupuncture sessions every day and at the end of two months of treatment, the tumor, which was 14.5 cm in length, became 4 cm and the other two had disappeared completely. Even so, the patient underwent surgery as agreed with the ENT doctor to perform this procedure after 2 months after the initial diagnosis. In the surgical center, a frozen biopsy of the thyroid was performed and the result surprised the surgeon, as malignant cancer diagnosed two months ago had become benign after the treatment performed only to rebalance the internal energy of *Yin*, *Yang*, *Qi*, and Blood and taking out the Heat through the use of apex ear bloodletting and replenishing them using highly diluted medications according to the theory mentioned above. Therefore, in the surgery, the thyroid did not need to be removed and the

patient also did not need to do iodotherapy or radiotherapy [5, 8].

In addition to this patient, many other cases of cancerous lesion regression have been reported by me. Another patient of about 40 years old had a cervical lesion detected in Papanicolaou test grade IV and the patient cured her lesion by doing the same treatment shown above (Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, and replenishing the energy of the internal organs using highly diluted medications according to the theory mentioned above), without using any chemotherapy or surgery within 30 days of treatment [10].

Another report on cancer treatment without using the usual methods is from a patient with breast cancer diagnosed one year and a half after having her first baby. The patient had already measured the internal energy of the five massive organs three years before having the breast cancer diagnosis and was detected that all the internal massive organs were at the lowest energy level. At that time, the patient did not use the medications prescribed to replenish the energy of these organs properly, which has the intention to improve her internal energy, that is her immune system [11].

With this diagnosis of breast cancer, the patient went back to my clinic to treat her energy deficiency state, rebalancing and replenishing all these organs' energy using the same techniques mentioned in the treatment of previous cases using diet change according to Chinese dietary counseling, acupuncture and auricular acupuncture with apex ear bloodletting, and replenishment of internal massive organs energy with highly diluted medications such as homeopathic according to the theory written by myself (2020) entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. This patient, who had a leaf breast tumor measuring about 8 centimeters in its largest diameter, began to reduce its consistency (which initially was stone-like) and gradually became softer and reduced by half without undergoing any treatment with chemotherapy or radiotherapy. The patient was in treatment with her gynecologist that also indicated start treatment with chemotherapy together with energy-based treatment thus, after one month of treatment, there was complete regression of the malignant breast tumor. Even though the breast tumor disappeared completely through palpation, the doctor scheduled the surgery. The result of the biopsy in the surgery confirmed that there was no more breast tumor with the treatment performed [9, 11, 12].

At this point, I question the extent to which medicine still doubts energy-based treatment, as there will always be doubts about whether the tumor has been eradicated or not. However, if we use the thoughts of Hippocrates (c. 460 bce - c. 375 bce), the father of medicine, he says that we should treat the patient and not the disease. If we treat the patient, we will be treating the energy imbalances that generate all diseases in the "root" and cancer should also be treated, since cancer comes from an energy deficiency and the formation of internal Fire, as shown in many studies in traditional Chinese medicine [5, 13].

If the patient is being treated for cancer, the recommendation I make to all doctors is that they treat the deficiencies and energy imbalances when undergoing treatment with chemotherapy or radiotherapy and/or surgery, as the treatment with the aim of eradicating cancer, according to Western medicine, is treating only the "leaf" of the tree (that it is only the symptom) but the real cause of formation of cancer is never treated, that are the energy deficiencies and formation of internal Heat. When the treatment is focused only on the "leaf" of the tree, it usually weakens the root energy, which I have shown to be weakened in all cancer patients, and the joint treatment (using Western and traditional Chinese medicine's reasoning) prevents the patient from having serious side effects from the chemotherapy drugs used, which can lead to a cure when associating both tools, as happened with the last patient with left breast cancer reported in this article [5, 1].

These findings are promising and can shed light at the end of the tunnel for patients who have this type of pathology, who can actually have a cure for this disease, in a gentler way, without having to go through so many adverse effects, if at least it is treated associating treatment with Chinese techniques to reduce side effects or even to cure cancer because according to traditional Chinese medicine, cancer comes from energy deficiency and internal Heat formation and only treating these energy alterations conditions, it was possible to cure the cancer formation without using the common methods of treatment such as surgery, chemotherapy or radiotherapy. Why not try this treatment at least together if conventional treatment alone has caused so many adverse effects and can often complicate the patient or even kill him? This affirmation is possible if we study the energy of all patients with cancer, prior to their treatment and all of them have in common, energy deficiency inside the five internal massive organs and the use of any kind of highly concentrated medication can reduce even more this vital energy, that is already very compromised, causing worsening of this energy condition, leading to complications or even death, as shown through Arndt Schultz Law, created in 1888 by two German researchers [5, 14, 15]

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